

1.- 200 m Libre Mixta (TIM)

2025-12-20 17:00

Serie 1 de 10

2	1288425	MARIN CASTRO, Montserrat	71	MULLEREF	4:30.00 25M	4:30.00
3	1287817	ZAVTUR GAVRILOV, Gala	76	LICEO	3:50.21 25M	3:50.21
4	1253184	ABELLEIRA CORRAL, Gema	80	MULLEREF	3:59.79 25E	3:59.60

Serie 2 de 10

2	1170586	OREIRO PAZOS, M. Gloria	60	ARTEIXO	3:40.96 25M	3:40.96
3	1199640	BURGO, Carlos Diego	74	SCASINO	3:30.30 25M	3:30.30
4	1199642	GARNACHO GAYARRE, Nuria	69	SCASINO	3:36.94 25M	3:36.94
5	1287818	GARCIA ALONSO, Paula	74	LICEO	3:50.21 25M	3:50.21

Serie 3 de 10

1	1274570	CEDRON VILAR, Raul	69	MULLEREF	3:30.00 25M	3:30.00
2	1107557	MELLA BARBEITO, Javier	83	ARTEIXO	3:20.46 25E	3:20.27
3	1287805	BELGRANO, Elena	74	FLUVLUGO	3:19.30 25M	3:19.30
4	1287820	BOTNARI ZAVTUR, Lorenzo	01	LICEO	3:19.70 25M	3:19.70
5	1250479	ROMERO PENA, Juan Ramon	63	HERCULES	3:24.86 25M	3:24.86
6	1273323	LOPEZ BARREIRO, Cristina	79	MULLEREF	3:30.00 25M	3:30.00

Serie 4 de 10

1	1037939	CASTRO MAESTRE, Isaura	69	FLUVLUGO	3:17.74 50M	3:15.24
2	1254829	FARIAS FORNEIRO, Patricio Cruz	77	FLUVLUGO	3:12.14 25M	3:12.14
3	1264733	GOMEZ PAREDES, Maria	76	FLUVLUGO	3:10.23 25M	3:10.23
4	1036315	LOPEZ CORTABITARTE, Belen	87	SCASINO	3:10.81 25E	3:10.62
5	1205838	LOPEZ GARCIA, Sandra	81	NTNARON	3:15.00 25M	3:15.00
6	1053394	SANJORGE PEDREIRA, Carmelo	62	ARTEIXO	3:17.17 25E	3:16.98

Serie 5 de 10

1	1213618	FRAGA PERISCAL, Irene	98	ADFOGAR	3:10.00 25M	3:10.00
2	1078802	CEGARRA GARCIA, Eugenio	64	RSDH	3:03.40 25M	3:03.40
3	1078925	SALGADO CASTELO, Marta	94	MULLEREF	3:04.79 50E	3:02.10
4	1199641	COUCEIRO SANCHEZ, Gonzalo	66	SCASINO	3:06.12 50E	3:02.43
5	1180236	DE LA VEGA GANDARAS, Felipe	73	HERCULES	3:07.42 25E	3:07.23
6	1180192	SAAVEDRA GONZALEZ, Raul	73	LICEO	3:10.12 25M	3:10.12

Serie 6 de 10

1	1282520	BLANCO MAGALLAN, Alejandro	74	ADFOGAR	2:56.36 25M	2:56.36
2	1079491	GOMEZ MARTIN, Ruben	78	FLUVLUGO	2:43.70 25M	2:43.70
3	1203741	QUEREDA RODRIGUEZ, Almudena	85	LICEO	2:41.14 25M	2:41.14
4	1145052	FIERRO FERNANDEZ, Julio	82	SCASINO	2:42.29 25E	2:42.10
5	1037158	RAÑALES GRAÑA, Naila	01	NFERROL	2:47.20 25M	2:47.20
6	1180238	GARCIA SEOANE, Cristina Maria	75	LICEO	2:59.75 25M	2:59.75

Serie 7 de 10

1	1226234	COTELO SENANDE, Alberto	88	ADFOGAR	2:41.09 50M	2:37.59
2	1147010	SANJURJO POVEDA, Pablo	74	NFERROL	2:36.42 25M	2:36.42
3	1078692	GONZALEZ FRANCO, David	95	NFERROL	2:35.47 25M	2:35.47
4	1036745	BARCIA SIXTO, Francisco Jose	85	NTNARON	2:36.07 25M	2:36.07
5	1078902	AZANZA MORENO, Cristina	76	MULLEREF	2:36.68 25M	2:36.68
6	1023057	PEREZ VAZQUEZ, Telmo	88	NTNARON	2:40.00 25M	2:40.00

Serie 8 de 10

1	1097263	LAMEIRO SEOANE, Javier	87	HERCULES	2:35.33 25E	2:35.14
2	1141095	LOPEZ BERMUDEZ, Gabriel	84	RSDH	2:34.44 25E	2:34.25
3	1205935	GUIRADO CARABEL, Oscar	76	CULLERED	2:30.72 25M	2:30.72
4	1144257	FERNANDEZ GONZALEZ, Elena	01	HERCULES	2:32.33 25E	2:32.14
5	1249163	BELLO PORTO, David	90	NCORUÑA	2:35.02 25E	2:34.83
6	1281943	MARX, Sven Oliver	77	CULLERED	2:35.34 25M	2:35.34

Serie 9 de 10

1	1075496	BARBEITO DOMINGUEZ, Marta	84	SCASINO	2:27.59 25M	2:27.59
2	1085112	RIVAS FEAL, Antonio	66	SCASINO	2:26.44 25E	2:26.25
3	1178769	RODRIGUEZ GONZALEZ, Antonio Joaquin	91	NFERROL	2:24.44 25M	2:24.44
4	1244353	TATO FUENTES, Victor	79	ADFOGAR	2:24.81 25M	2:24.81
5	1105220	GARCIA RIÑON, Jaime	64	NCORUÑA	2:26.94 25E	2:26.75
6	1075388	MENDEZ LORENZO, Bruno	04	NFERROL	2:30.64 25M	2:30.64

Serie 10 de 10

1	1266332	LEIRO FERNANDEZ, Adrian	84	ARTEIXO	2:23.73 25M	2:23.73
2	1182358	CANOSA RODRIGUEZ, Juan Jose	80	NTNARON	2:19.76 25E	2:19.57
3	1115676	GONZALEZ IGLESIAS, Alberto	97	CULLERED	2:21.47 50E	2:17.78
4	1075221	HERMIDA RODRIGUEZ, Blanca	81	NFERROL	2:19.30 25E	2:19.11
5	1014291	GOMEZ CARDESIN, Alvaro	85	NCORUÑA	2:20.23 25M	2:20.23
6	1264722	BALDOMAR OBELLEIRA, Ruben	74	NCORUÑA	2:24.44 25E	2:24.25

2.- 50 m Braza Feminino (TIM)

2025-12-20 17:00

Serie 1 de 5

2	1264776	FERNANDEZ COPA, Maria Susana	67	MULLEREF	1:20.00 25M	1:20.00
3	1288425	MARIN CASTRO, Montserrat	71	MULLEREF	1:10.00 25M	1:10.00
4	1273331	PEREZ CASTRO, Maria Ruth	75	MULLEREF	1:15.00 25M	1:15.00

Serie 2 de 5

1	1036387	VAZQUEZ PARCERO, Marta	80	CULLERED	1:09.85 25E	1:09.56
2	1201604	BARBADILLO ECHEVARRIA, Sofia	99	MARINAFE	1:03.27 25M	1:03.27
3	1253190	GARCIA NAVAS, Carolina	79	MULLEREF	1:00.00 25M	1:00.00
4	1212510	NOVOA VAZQUEZ, Eva	00	MARINAFE	1:01.46 25M	1:01.46
5	1037151	GOMEZ DOVAL, Maria Angela	56	FLUVLUGO	1:06.95 25M	1:06.95
6	1287797	SALGADO IGLESIAS, Maria Angeles	72	MULLEREF	1:10.00 25M	1:10.00

Serie 3 de 5

1	1287773	VAZQUEZ LOPEZ, Uxia	76	RSDH	59.21 25M	59.21
2	1145099	LOPEZ MAHIA, Purificacion	63	HERCULES	55.62 25M	55.62
3	1287810	NOVO MARTINEZ, Rocio	84	NFERROL	53.00 25M	53.00
4	1256963	ARIAS CHAO, Sara	91	SCASINO	53.89 25M	53.89
5	1075488	BERNAL BAÑA, Paloma	69	RSDH	56.00 25M	56.00
6	1212511	NOVOA VAZQUEZ, Laura	00	MARINAFE	59.94 25M	59.94

Serie 4 de 5

1	1093456	RAMIREZ INSUA, Julia	83	RSDH	52.46 25M	52.46
2	1039438	RODRIGUEZ REY, Maria Jose	73	ADFOGAR	50.34 25M	50.34
3	1075225	SOUTO DERUNGS, Cristina	85	NFERROL	49.20 25M	49.20
4	1075503	DE LA MONTAÑA ALCANTARA, Gloria	73	RSDH	49.76 25E	49.47
5	1075200	JIMENEZ PEREZ, Victoria	69	NFERROL	50.94 25M	50.94
6	1287809	CRUZ ANEIROS, Ana Maria	83	NFERROL	53.00 25M	53.00

Serie 5 de 5

1	1078736	LOPEZ LOSADA, Sara	01	NTNARON	48.00 25M	48.00
2	1142917	LOPEZ SANMARTIN, Tania	91	NFERROL	45.75 25M	45.75
3	1146780	DURAN VEIRAS, Raquel	84	ARTEIXO	41.77 25E	41.48
4	1141212	RIVAS TENREIRO, Arantza	89	NTNARON	41.61 25M	41.61
5	1197600	SANDERSON KEOUGH, Helen Jane	70	CULLERED	46.58 25E	46.29
6	1037939	CASTRO MAESTRE, Isaura	69	FLUVLUGO	48.71 25M	48.71

3.- 50 m Braza Masculino (TIM)

2025-12-20 17:00

Serie 1 de 4

2	1202676	MARTINEZ ARADES, Brais	95	MARINAFE	59:00.00 25M	59:00.00
3	1228047	PEREZ GARCIA, Manuel	67	CULLERED	51.41 25E	51.12
4	1106828	TRILLO CARLIN, Jose Fdo.	68	ADFOGAR	52.76 25M	52.76

Serie 2 de 4

1	1048954	BORDALLO CORTINA, Fernando	54	HERCULES	46.14 25M	46.14
2	1141356	GENDE DIAZ, Juan F.	70	ADFOGAR	44.23 25M	44.23
3	1036745	BARCIA SIXTO, Francisco Jose	85	NTNARON	40.55 25M	40.55
4	1078676	BARJA RIVAS, Marcos	99	NTNARON	41.30 25M	41.30
5	1143662	BALSA MOSQUERA, Pablo	78	NTNARON	45.45 25M	45.45
6	1107557	MELLA BARBEITO, Javier	83	ARTEIXO	49.63 25E	49.34

Serie 3 de 4

1	1201621	ALONSO ORTIZ, Mariano	76	FLUVLUGO	38.64 25E	38.35
2	1197597	HERNAEZ OUBIÑA, David	73	CULLERED	37.20 50E	36.21
3	1143515	BLANCO PEREZ, Jesus	86	NTNARON	35.76 25M	35.76
4	1185622	DIAZ RODRIGUEZ, Andres	89	NTNARON	36.26 25E	35.97
5	1143661	TOURIÑO GONZALEZ, Víctor M.	68	LICEO	36.75 25E	36.46
6	1287820	BOTNARI ZAVTUR, Lorenzo	01	LICEO	39.45 25M	39.45

Serie 4 de 4

1	1287819	LOPEZ QUINTEIRO, Francisco Javier	86	LICEO	35.12 25M	35.12
2	1141093	VILLAMOR FERRO, Ruben	00	ARTEIXO	34.36 25E	34.07
3	1110674	BORRAZAS RUMBO, Manuel	93	NCORUÑA	31.76 50E	30.77
4	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	31.54 25E	31.25
5	1041444	FERNANDEZ VARELA, Pablo J.	84	ADFOGAR	34.69 25M	34.69
6	1218108	IGLESIAS LAPIDO, Miguel	85	FLUVLUGO	35.88 25E	35.59

4.- 100 m Bolboreta Feminino (TIM)

2025-12-20 17:00

Serie 1 de 2

2	1264778	VAZQUEZ LOPEZ, Eva	77	MULLEREF	2:25.67 25M	2:25.67
3	1203741	QUEREDA RODRIGUEZ, Almudena	85	LICEO	1:49.22 50E	1:48.33
4	1257939	PUENTE MARIN, Cristina	95	FLUVLUGO	2:01.30 25M	2:01.30

Serie 2 de 2

1	1266318	GORDILLO VAN GILS, Silvia	96	NTNARON	1:39.81 25M	1:39.81
2	1078902	AZANZA MORENO, Cristina	76	MULLEREF	1:24.00 25M	1:24.00
3	1140796	DIAZ DOPICO, Sabela	02	NFERROL	1:11.76 25E	1:11.57
4	1054495	SEGOVIA CARBALLO, Paula	00	NTNARON	1:13.74 25E	1:13.55
5	1197600	SANDERSON KEOUGH, Helen Jane	70	CULLERED	1:33.93 25E	1:33.74
6	1180238	GARCIA SEOANE, Cristina Maria	75	LICEO	1:47.95 25M	1:47.95

5.- 100 m Bolboreta Masculino (TIM)

2025-12-20 17:00

Serie 1 de 1

2	1205935	GUIRADO CARABEL, Oscar	76	CULLERED	1:12.37 25M	1:12.37
3	1110674	BORRAZAS RUMBO, Manuel	93	NCORUÑA	1:07.70 25M	1:07.70
4	1180192	SAAVEDRA GONZALEZ, Raul	73	LICEO	1:11.61 25E	1:11.42
5	1014291	GOMEZ CARDESIN, Alvaro	85	NCORUÑA	1:16.28 25M	1:16.28

6.- 100 m Costas Feminino (TIM)

2025-12-20 17:00

Serie 1 de 2

1	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	56	MULLEREF	2:54.47 25M	2:54.47
2	1170586	OREIRO PAZOS, M. Gloria	60	ARTEIXO	2:00.14 25M	2:00.14
3	1145099	LOPEZ MAHIA, Purificacion	63	HERCULES	1:59.99 50E	1:57.70
4	1075200	JIMENEZ PEREZ, Victoria	69	NFERROL	1:57.73 25M	1:57.73
5	1253184	ABELLEIRA CORRAL, Gema	80	MULLEREF	2:10.00 25M	2:10.00

Serie 2 de 2

1	1205838	LOPEZ GARCIA, Sandra	81	NTNARON	1:55.55 25M	1:55.55
2	1266318	GORDILLO VAN GILS, Silvia	96	NTNARON	1:39.53 25E	1:39.34
3	1142917	LOPEZ SANMARTIN, Tania	91	NFERROL	1:30.59 25E	1:30.40
4	1264733	GOMEZ PAREDES, Maria	76	FLUVLUGO	1:37.11 25M	1:37.11
5	1036315	LOPEZ CORTABITARTE, Belen	87	SCASINO	1:43.83 25E	1:43.64
6	1197606	CARBALLO BALOIRA, Susana Maria	75	HERCULES	1:56.59 25E	1:56.40

7.- 100 m Costas Masculino (TIM)

2025-12-20 17:00

Serie 1 de 3

2	1180236	DE LA VEGA GANDARAS, Felipe	73	HERCULES	1:42.91 25M	1:42.91
3	1287819	LOPEZ QUINTEIRO, Francisco Javier	86	LICEO	1:35.20 25M	1:35.20
4	1053394	SANJORGE PEDREIRA, Carmelo	62	ARTEIXO	1:45.05 50E	1:41.96
5	1282485	PLAZA RAMIREZ, Raul	71	ADFOGAR	1:45.00 25M	1:45.00

Serie 2 de 3

1	1075185	YAÑEZ WONENBURGER, Juan Carlos	59	HERCULES	1:29.11 25E	1:28.92
2	1079491	GOMEZ MARTIN, Ruben	78	FLUVLUGO	1:28.17 25E	1:27.98
3	1281943	MARX, Sven Oliver	77	CULLERED	1:25.22 25M	1:25.22
4	1258336	MUÑIZ CAL, Rafael	74	NCORUÑA	1:26.32 25M	1:26.32
5	1144297	LAMAS SOTO, Cesar	75	CULLERED	1:28.63 25E	1:28.44
6	1274415	FERNANDEZ RAMOS, Carlos	75	MARINAFE	1:31.27 25M	1:31.27

Serie 3 de 3

1	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	NCORUÑA	1:23.70 25E	1:23.51
2	1244353	TATO FUENTES, Victor	79	ADFOGAR	1:14.40 25M	1:14.40
3	1075385	DIZ NIEVES, David	04	NFERROL	1:11.76 25E	1:11.57
4	1185622	DIAZ RODRIGUEZ, Andres	89	NTNARON	1:13.16 25E	1:12.97
5	1232926	TAPIA PORTO, Enrique	65	NCORUÑA	1:20.16 25M	1:20.16
6	1078611	MARTIN MONTERO, Manuel Jose	77	ARTEIXO	1:24.91 25E	1:24.72

8.- 50 m Libre Feminino (TIM)

2025-12-20 17:00

Serie 1 de 4

2	1201604	BARBADILLO ECHEVARRIA, Sofia	99	MARINAFE	56.39 25M	56.39
3	1212510	NOVOA VAZQUEZ, Eva	00	MARINAFE	53.97 25M	53.97
4	1287796	MAURIZ ABUIN, Maria Del Mar	69	MULLEREF	55.00 25M	55.00
5	1264776	FERNANDEZ COPA, Maria Susana	67	MULLEREF	1:01.06 25E	1:00.77

Serie 2 de 4

1	1273331	PEREZ CASTRO, Maria Ruth	75	MULLEREF	53.09 25M	53.09
2	1256963	ARIAS CHAO, Sara	91	SCASINO	45.07 25M	45.07
3	1287810	NOVO MARTINEZ, Rocio	84	NFERROL	43.53 25M	43.53
4	1287773	VAZQUEZ LOPEZ, Uxia	76	RSDH	44.48 25M	44.48
5	1212511	NOVOA VAZQUEZ, Laura	00	MARINAFE	49.56 25M	49.56
6	1036387	VAZQUEZ PARCERO, Marta	80	CULLERED	53.73 25M	53.73

Serie 3 de 4

1	1287809	CRUZ ANEIROS, Ana Maria	83	NFERROL	41.12 25M	41.12
2	1213618	FRAGA PERISCAL, Irene	98	ADFOGAR	39.50 25M	39.50
3	1039438	RODRIGUEZ REY, Maria Jose	73	ADFOGAR	38.70 50E	38.01
4	1264754	RODRIGUEZ PANTIN, Marta Maria	66	HERCULES	39.20 25E	38.91
5	1253190	GARCIA NAVAS, Carolina	79	MULLEREF	40.23 25M	40.23
6	1199642	GARNACHO GAYARRE, Nuria	69	SCASINO	42.10 50E	41.41

Serie 4 de 4

1	1037158	RAÑALES GRAÑA, Naila	01	NFERROL	33.70 25M	33.70
2	1144257	FERNANDEZ GONZALEZ, Elena	01	HERCULES	32.25 50E	31.56
3	1075496	BARBEITO DOMINGUEZ, Marta	84	SCASINO	30.16 25E	29.87
4	1141212	RIVAS TENREIRO, Arantza	89	NTNARON	31.42 25M	31.42
5	1078736	LOPEZ LOSADA, Sara	01	NTNARON	32.06 25M	32.06
6	1075225	SOUTO DERUNGS, Cristina	85	NFERROL	35.16 25M	35.16

9.- 50 m Libre Masculino (TIM)

2025-12-20 17:00

Serie 1 de 6

2	1202676	MARTINEZ ARADES, Brais	95	MARINAFE	1:18.39 25M	1:18.39
3	1075764	NOVOA GONZALEZ, Edmundo	52	HERCULES	40.28 25E	39.99
4	1106828	TRILLO CARLIN, Jose Fdo.	68	ADFOGAR	48.29 25E	48.00

Serie 2 de 6

2	1228047	PEREZ GARCIA, Manuel	67	CULLERED	37.86 25E	37.57
3	1254829	FARIAS FORNEIRO, Patricio Cruz	77	FLUVLUGO	34.10 25E	33.81
4	1078802	CEGARRA GARCIA, Eugenio	64	RSDH	34.82 25E	34.53
5	1250479	ROMERO PENA, Juan Ramon	63	HERCULES	38.96 25M	38.96

Serie 3 de 6

1	1199641	COUCEIRO SANCHEZ, Gonzalo	66	SCASINO	34.16 50E	33.27
2	1282520	BLANCO MAGALLAN, Alejandro	74	ADFOGAR	32.64 25M	32.64
3	1141356	GENDE DIAZ, Juan F.	70	ADFOGAR	32.69 50E	31.80
4	1048954	BORDALLO CORTINA, Fernando	54	HERCULES	32.89 25E	32.60
5	1199640	BURGO, Carlos Diego	74	SCASINO	34.15 50E	33.26
6	1282485	PLAZA RAMIREZ, Raul	71	ADFOGAR	33.32 25M	33.32

Serie 4 de 6

1	1197597	HERNAEZ OUBIÑA, David	73	CULLERED	31.23 25M	31.23
2	1097263	LAMEIRO SEOANE, Javier	87	HERCULES	30.32 25E	30.03
3	1143662	BALSA MOSQUERA, Pablo	78	NTNARON	29.41 25M	29.41
4	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	NCORUÑA	29.46 25M	29.46
5	1078692	GONZALEZ FRANCO, David	95	NFERROL	30.24 25M	30.24
6	1144297	LAMAS SOTO, Cesar	75	CULLERED	31.60 25E	31.31

Serie 5 de 6

1	1274415	FERNANDEZ RAMOS, Carlos	75	MARINAFE	29.07 25M	29.07
2	1226234	COTELO SENANDE, Alberto	88	ADFOGAR	29.80 50E	28.91
3	1266332	LEIRO FERNANDEZ, Adrian	84	ARTEIXO	28.40 25M	28.40
4	1141095	LOPEZ BERMUDEZ, Gabriel	84	RSDH	29.64 50E	28.75
5	1075388	MENDEZ LORENZO, Bruno	04	NFERROL	28.93 25M	28.93
6	1232926	TAPIA PORTO, Enrique	65	NCORUÑA	30.02 50E	29.13

Serie 6 de 6

1	1141093	VILLAMOR FERRO, Ruben	00	ARTEIXO	28.23 25E	27.94
2	1143515	BLANCO PEREZ, Jesus	86	NTNARON	27.83 25E	27.54
3	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	25.21 25E	24.92
4	1041444	FERNANDEZ VARELA, Pablo J.	84	ADFOGAR	26.66 25M	26.66
5	1178769	RODRIGUEZ GONZALEZ, Antonio Joaquin	91	NFERROL	27.81 25M	27.81
6	1182358	CANOSA RODRIGUEZ, Juan Jose	80	NTNARON	28.89 50E	28.00

10.- 200 m Braza Mixta (TIM)

2025-12-20 17:00

Serie 1 de 6

2	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	56	MULLEREF	6:02.13 25M	6:02.13
3	1287796	MAURIZ ABUIN, Maria Del Mar	69	MULLEREF	5:30.00 25M	5:30.00
4	1264778	VAZQUEZ LOPEZ, Eva	77	MULLEREF	5:30.00 25M	5:30.00

Serie 2 de 6

1	1037151	GOMEZ DOVAL, Maria Angela	56	FLUVLUGO	5:10.85 25E	5:10.66
2	1287818	GARCIA ALONSO, Paula	74	LICEO	4:30.85 25M	4:30.85
3	1273323	LOPEZ BARREIRO, Cristina	79	MULLEREF	4:30.00 25M	4:30.00
4	1287817	ZAVTUR GAVRILOV, Gala	76	LICEO	4:30.85 25M	4:30.85
5	1274570	CEDRON VILAR, Raul	69	MULLEREF	5:00.00 25M	5:00.00

Serie 3 de 6

1	1197606	CARBALLO BALOIRA, Susana Maria	75	HERCULES	4:23.52 25M	4:23.52
2	1040100	CALVO RODRIGUEZ, Maria	87	NTNARON	4:15.00 25M	4:15.00
3	1287805	BELGRANO, Elena	74	FLUVLUGO	4:05.20 25M	4:05.20
4	1257939	PUENTE MARIN, Cristina	95	FLUVLUGO	4:08.13 25E	4:07.94
5	1075503	DE LA MONTAÑA ALCANTARA, Gloria	73	RSDH	4:22.23 25M	4:22.23
6	1078925	SALGADO CASTELO, Marta	94	MULLEREF	4:30.00 25M	4:30.00

Serie 4 de 6

1	1147010	SANJURJO POVEDA, Pablo	74	NFERROL	3:30.00 25M	3:30.00
2	1078676	BARJA RIVAS, Marcos	99	NTNARON	3:19.00 25M	3:19.00
3	1258336	MUÑIZ CAL, Rafael	74	NCORUÑA	3:15.18 25M	3:15.18
4	1201621	ALONSO ORTIZ, Mariano	76	FLUVLUGO	3:16.30 25E	3:16.11
5	1140796	DIAZ DOPICO, Sabela	02	NFERROL	3:21.38 25M	3:21.38
6	1269779	GARCIA COLMENARES, Ricardo Andres	91	NTNARON	3:30.27 25M	3:30.27

Serie 5 de 6

1	1146780	DURAN VEIRAS, Raquel	84	ARTEIXO	3:12.19 25M	3:12.19
2	1143661	TOURIÑO GONZALEZ, Victor M.	68	LICEO	3:10.51 25M	3:10.51
3	1145052	FIERRO FERNANDEZ, Julio	82	SCASINO	3:09.61 25E	3:09.42
4	1054495	SEGOVIA CARBALLO, Paula	00	NTNARON	3:10.00 25M	3:10.00
5	1023057	PEREZ VAZQUEZ, Telmo	88	NTNARON	3:12.00 25M	3:12.00
6	1078611	MARTIN MONTERO, Manuel Jose	77	ARTEIXO	3:15.00 25M	3:15.00

Serie 6 de 6

1	1240711	MIRAS LOPEZ, Raul	87	NCORUÑA	3:05.12 25M	3:05.12
2	1075221	HERMIDA RODRIGUEZ, Blanca	81	NFERROL	3:02.12 25E	3:01.93
3	1115676	GONZALEZ IGLESIAS, Alberto	97	CULLERED	2:49.23 25E	2:49.04
4	1085112	RIVAS FEAL, Antonio	66	SCASINO	2:59.22 25E	2:59.03
5	1218108	IGLESIAS LAPIDO, Miguel	85	FLUVLUGO	3:02.35 25M	3:02.35
6	1075385	DIZ NIEVES, David	04	NFERROL	3:05.76 25M	3:05.76

11.- 4x50 m Libre Masculino (TIM)

2025-12-20 17:00

Serie 1 de 2

1	01269	LICEO 04 ABSO	0	LICEO	2:34.29 25M	2:34.29
2	00617	ADFOGAR 05 ABSO	0	ADFOGAR	2:00.64 25M	2:00.64
3	01572	HERCULES 06 ABSO	0	HERCULES	1:56.93 25E	1:56.74
4	00186	NCORUÑA 05 ABSO	0	NCORUÑA	1:58.93 25M	1:58.93
5	01133	ARTEIXO 04 ABSO	0	ARTEIXO	2:03.55 25M	2:03.55

Serie 2 de 2

1	01433	CULLERED 04 ABSO	0	CULLERED	1:47.34 25M	1:47.34
2	00639	NTNARON 03 ABSO	0	NTNARON	1:42.62 25M	1:42.62
3	00398	FLUVLUGO 04 ABSO	0	FLUVLUGO	1:34.92 25E	1:34.73
4	00287	SCASINO 05 ABSO	0	SCASINO	1:41.22 25M	1:41.22
5	00639	NTNARON 04 ABSO	0	NTNARON	1:44.60 25M	1:44.60
6	00186	NCORUÑA 04 ABSO	0	NCORUÑA	1:55.21 25M	1:55.21

12.- 4x50 m Libre Feminino (TIM)

2025-12-20 17:00

Serie 1 de 2

2	01824	MULLEREF 05 ABSO	0	MULLEREF	3:21.26 25M	3:21.26
3	00284	RSDH 05 ABSO	0	RSDH	3:10.00 25M	3:10.00
4	01824	MULLEREF 04 ABSO	0	MULLEREF	3:12.15 25M	3:12.15
5	01824	MULLEREF 06 ABSO	0	MULLEREF	3:31.15 25E	3:30.96

Serie 2 de 2

1	00674	NFERROL 04 ABSO	0	NFERROL	2:17.77 25E	2:17.58
2	00639	NTNARON 02 ABSO	0	NTNARON	1:55.80 25E	1:55.61
3	00398	FLUVLUGO 05 ABSO	0	FLUVLUGO	1:51.29 25E	1:51.10
4	00287	SCASINO 04 ABSO	0	SCASINO	1:53.61 25M	1:53.61
5	00674	NFERROL 03 ABSO	0	NFERROL	2:12.34 25E	2:12.15
6	01572	HERCULES 04 ABSO	0	HERCULES	2:29.83 25M	2:29.83