

LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Club	Nome	Club						Pts.	Resultado			
1	00878	NPONTEA 02	NPONTEA	50	28.62 ¹	100	54.87 ¹	150	1:22.12 ¹	200	1:49.79 ¹	30,0	1:49.79
					28.62 ¹		26.25 ¹		27.25 ¹		1:49.7 ¹		
2	00398	CFVLUGO 01	CFVLUGO	50	26.80 ¹	100	55.65 ¹	150	1:23.17 ¹	200	1:52.03 ¹	24,0	1:52.03
					26.80 ¹		28.85 ¹		27.52 ¹		1:52.0 ¹		
3	00878	NPONTEA 01	NPONTEA	50	26.88 ¹	100	55.37 ¹	150	1:24.70 ¹	200	1:53.62 ¹	20,0	1:53.62
					26.88 ¹		28.49 ¹		29.33 ¹		1:53.6 ¹		
4	00674	CNFERRO 01	CNFERRO	50	28.85 ¹	100	57.38 ¹	150	1:25.83 ¹	200	1:53.71 ¹	18,0	1:53.71
					28.85 ¹		28.53 ¹		28.45 ¹		1:53.7 ¹		
5	01156	POR-MIÑA 01	POR-MIÑA	50	28.37 ¹	100	57.03 ¹	150	1:26.05 ¹	200	1:54.27 ¹	16,0	1:54.27
					28.37 ¹		28.66 ¹		29.02 ¹		1:54.2 ¹		
6	00186	NCORUÑA 01	NCORUÑA	50	28.74 ¹	100	57.90 ¹	150	1:27.39 ¹	200	1:56.72 ¹	14,0	1:56.72
					28.74 ¹		29.16 ¹		29.49 ¹		29.33 ¹		
7	00101	POURENSE 01	POURENSE	50	28.24 ¹	100	58.20 ¹	150	1:28.60 ¹	200	1:58.04 ¹	12,0	1:58.04
					28.24 ¹		29.96 ¹		30.40 ¹		29.44 ¹		
8	00674	CNFERRO 02	CNFERRO	50	30.03 ¹	100	59.62 ¹	150	1:28.72 ¹	200	1:58.90 ¹	10,0	1:58.90
					30.03 ¹		29.59 ¹		29.10 ¹		1:58.9 ¹		
9	01156	POR-MIÑA 02	POR-MIÑA	50	29.65 ¹	100	59.31 ¹	150	1:29.25 ¹	200	1:59.71 ¹	8,0	1:59.71
					29.65 ¹		29.66 ¹		29.94 ¹		30.46 ¹		
10	00398	CFVLUGO 02	CFVLUGO	50	30.82 ¹	100	1:00.72 ¹	150	1:29.83 ¹	200	2:00.59 ¹	6,0	2:00.59
					30.82 ¹		29.90 ¹		29.11 ¹		30.76 ¹		
11	00186	NCORUÑA 02	NCORUÑA	50	31.57 ¹	100	1:02.09 ¹	150	1:33.07 ¹	200	2:07.34 ¹	4,0	2:07.34
					31.57 ¹		30.52 ¹		30.98 ¹		2:07.3 ¹		
12	00101	POURENSE 02	POURENSE	50	31.25 ¹	100	1:03.51 ¹	150	1:36.34 ¹	200	2:07.80 ¹	2,0	2:07.80
					31.25 ¹		32.26 ¹		32.83 ¹		31.46 ¹		

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DL: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

MSL SW.RESULTADOS_PRUEBA.1-4X Información correcta a 10:14:51 28/03/2023



RK	Club	Nome	Club		Pts.	Resultado
1	00101	POURENSE 01	POURENSE	50 24.12 100 48.31 150 1:12.20 200 1:36.89 24.12 24.19 23.89 1:36.8	30,0	1:36.89
1	00398	CFVLUGO 01	CFVLUGO	50 24.47 100 48.85 150 1:13.11 200 1:36.89 24.47 24.38 24.26 1:36.8	24,0	1:36.89
3	00674	CNFERRO 01	CNFERRO	50 25.07 100 49.55 150 1:13.55 200 1:38.32 25.07 24.48 24.00 1:38.3	20,0	1:38.32
4	01156	POR-MIÑA 01	POR-MIÑA	50 24.59 100 48.17 150 1:12.86 200 1:38.37 24.59 23.58 24.69 1:38.3	18,0	1:38.37
5	00878	NPONTEA 01	NPONTEA	50 25.13 100 50.09 150 1:14.62 200 1:39.71 25.13 24.96 24.53 1:39.7	16,0	1:39.71
6	00674	CNFERRO 02	CNFERRO	50 25.69 100 50.23 150 1:15.42 200 1:40.23 25.69 24.54 25.19 1:40.2	14,0	1:40.23
7	00101	POURENSE 02	POURENSE	50 25.48 100 49.66 150 1:14.69 200 1:40.73 25.48 24.18 25.03 1:40.7	12,0	1:40.73
8	00398	CFVLUGO 02	CFVLUGO	50 25.52 100 49.69 150 1:16.04 200 1:41.67 25.52 24.17 26.35 25.63	10,0	1:41.67
9	00186	NCORUÑA 01	NCORUÑA	50 24.86 100 50.61 150 1:15.96 200 1:41.75 24.86 25.75 25.35 1:41.7	8,0	1:41.75
10	01156	POR-MIÑA 02	POR-MIÑA	50 25.60 100 50.68 150 1:16.50 200 1:42.97 25.60 25.08 25.82 1:42.9	6,0	1:42.97
11	00878	NPONTEA 02	NPONTEA	50 26.26 100 52.80 150 1:18.21 200 1:43.29 26.26 26.54 25.41 1:43.2	4,0	1:43.29
	00186	NCORUÑA 02	NCORUÑA		0,0	BAJ

DLI: Desc. Llegada Irregular
RT: Retirado
NP: Non presentado

DVI: Desc. Viraxe Irregular
DSA: Desc. Saída Anticipada
DES: Descualificado

DSI: Desc. Saída Irregular
DNI: Desc. Nado Irregular

BAJ: Baixa

MMG: M.M. Terr. (Para Edades)
RG: Record Fed. Territorial

SW.RESULTADOS_PRUEBA.2-4X Información correcta a 21:38:47 28/03/2023

LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25
J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado														
1	001061551	CARBALLO GONZALEZ SOFIA	2006	NPONTEA		15,0	9:07.06														
	50	31.12	100	1:04.60	150	1:39.16	200	2:13.88	250	2:48.36	300	3:22.62	350	3:57.19	400	4:31.91	450	5:06.67	500	5:41.90	
		31.12		33.48		34.56		34.72		34.48		34.26		34.57		34.72		34.76		35.23	
	550	6:16.98	600	6:52.36	650	7:27.36	700	8:01.60	750	8:36.26	800	9:07.06									
		35.08		35.38		35.00		34.24		34.66		9:07.0									
2	001075381	VILLARNOVO PAZOS LUCIA	2008	CNFERRO		12,0	9:11.62														
	50	31.28	100	1:04.93	150	1:39.21	200	2:13.41	250	2:47.95	300	3:22.46	350	3:57.13	400	4:31.93	450	5:06.68	500	5:41.69	
		31.28		33.65		34.28		34.20		34.54		34.51		34.67		34.80		34.75		35.01	
	550	6:16.62	600	6:51.68	650	7:27.12	700	8:02.58	750	8:38.14	800	9:11.62									
		34.93		35.06		35.44		35.46		35.56		33.48									
3	001108651	ORTIZ DE GUINEA BASTON ALBA	1997	NPONTEA		10,0	9:16.77														
	50	31.01	100	1:04.75	150	1:38.91	200	2:13.15	250	2:47.83	300	3:22.64	350	3:57.70	400	4:32.89	450	5:08.08	500	5:43.59	
		31.01		33.74		34.16		34.24		34.68		34.81		35.06		35.19		35.19		35.51	
	550	6:19.22	600	6:55.17	650	7:30.68	700	8:06.45	750	8:41.89	800	9:16.77									
		35.63		35.95		35.51		35.77		35.44		9:16.7									
4	001140814	PARDO CHAS EVA	2004	CNFERRO		9,0	9:25.21														
	50	31.35	100	1:05.39	150	1:40.14	200	2:18.42	250	2:50.85	300	3:26.52	350	4:01.42	400	4:37.64	450	5:13.64	500	5:49.14	
		31.35		34.04		34.75		38.28		32.43		3:00.6		34.90		36.22		36.00		35.50	
	550	6:25.02	600	7:01.27	650	7:37.67	700	8:13.96	750	8:49.99	800	9:25.21									
		35.88		36.25		36.40		36.29		36.03		9:25.2									
5	001087081	CAMBA PRADA ALEXIA	2005	POURENSE		8,0	9:32.72														
	50	31.18	100	1:05.15	150	1:39.96	200	2:15.14	250	2:50.51	300	3:26.43	350	4:02.50	400	4:38.79	450	5:13.87	500	5:52.71	
		31.18		33.97		34.81		35.18		35.37		35.92		36.07		36.29		35.08		38.84	
	550	6:29.09	600	7:07.09	650	7:43.99	700	8:21.07	750	8:57.56	800	9:32.72									
		36.38		38.00		36.90		37.08		36.49		35.16									
6	001146991	CANALDA RAMOS LAURA	2009	NCORUÑA		7,0	9:33.29														
	50	33.35	100	1:08.60	150	1:44.54	200	2:20.78	250	2:57.19	300	3:33.32	350	4:09.45	400	4:45.58	450	5:21.77	500	5:57.94	
		33.35		35.25		35.94		36.24		36.41		36.13		36.13		36.13		36.19		36.17	
	550	6:34.39	600	7:10.92	650	7:47.23	700	8:23.19	750	8:59.18	800	9:33.29									
		36.45		36.53		36.31		35.96		35.99		9:33.2									
7	001079106	VAZQUEZ LIZ MIREIA	2004	POR-MIÑA		6,0	9:48.87														
	50	31.93	100	1:06.72	150	1:42.78	200	2:19.90	250	2:57.18	300	3:34.43	350	4:11.89	400	4:49.26	450	5:27.22	500	6:04.62	
		31.93		34.79		36.06		37.12		37.28		37.25		37.46		37.37		37.96		37.40	
	550	6:42.08	600	7:19.57	650	7:57.24	700	8:34.97	750	9:12.32	800	9:48.87									
		37.46		37.49		37.67		37.73		37.35		9:48.8									
8	001075935	BUSTO LOPEZ ANA	2004	CFVLUGO		5,0	9:54.14														
	50	31.87	100	1:06.87	150	1:42.77	200	2:19.18	250	2:56.06	300	3:33.04	350	4:10.34	400	4:47.61	450	5:25.29	500	6:03.21	
		31.87		35.00		35.90		36.41		36.88		36.98		37.30		37.27		37.68		37.92	
	550	6:41.44	600	7:19.98	650	7:58.62	700	8:37.62	750	9:15.91	800	9:54.14									
		38.23		38.54		38.64		39.00		38.29		38.23									
9	001095446	ALCALDE MAHIA ARIADNA	2004	NCORUÑA		4,0	10:11.38														
	50	31.59	100	1:05.99	150	1:41.29	200	2:17.97	250	3:12.56	300	3:50.60	350	4:28.14	400	5:05.10	450	5:42.88	500	6:20.52	
		31.59		34.40		35.30		36.68		54.59		38.04		37.54		36.96		37.78		37.64	
	550	6:58.58	600	7:37.67	650	8:15.95	700	8:54.31	750	9:33.12	800	10:11.38									
		38.06		39.09		38.28		38.36		38.81		38.26									

 RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial


LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

Datos técnicos: Piscina de 25 m., Crono Manual

J. GÓMEZ NOYA

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado														
10	001144566	FERNÁNDEZ GRATEROL SOFÍA ANTÍA	2007	POURENSE		3,0	10:13.64														
	50	33.66	100	11.01	150	1:49.25	200	2:27.86	250	3:07.12	300	3:45.68	350	4:24.73	400	5:04.00	450	5:42.62	500	6:21.87	
		33.66		0.00		1:38.2		38.61		39.26		38.56		39.05		39.27		38.62		39.25	
	550	7:00.87	600	7:40.11	650	8:19.44	700	8:58.63	750	9:37.51	800	10:13.64									
		39.00		39.24		39.33		39.19		38.88		36.13									
11	001079167	LOPEZ MONTALVO SARA	2007	POR-MIÑA		2,0	10:24.84														
	50	34.66	100	1:12.41	150	1:50.98	200	2:29.51	250	3:08.13	300	3:47.23	350	4:26.34	400	5:06.16	450	5:45.91	500	6:26.06	
		34.66		37.75		38.57		38.53		38.62		39.10		39.11		39.82		39.75		40.15	
	550	7:06.26	600	7:46.26	650	8:26.76	700	9:06.91	750		800	10:24.84									
		40.20		40.00		40.50		40.15				10:24									
12	001146954	LADRA CAMPO MARTINA	2008	CFVLUGO		1,0	10:32.59														
	50	33.59	100	1:11.52	150	1:49.88	200	2:28.73	250	3:07.86	300	3:46.71	350	4:26.52	400	5:07.33	450	5:48.62	500	6:29.75	
		33.59		37.93		38.36		38.85		39.13		38.85		39.81		40.81		41.29		41.13	
	550	7:10.79	600	7:51.72	650	8:32.77	700	9:13.35	750	9:53.51	800	10:32.59									
		41.04		40.93		41.05		40.58		40.16		10:32									

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Chegada Irregular BAJ: Baixa RG: Record Fed. Territorial

MSI SW.RESULTADOS_PRUEBA.3-80 Información correcta a 9:49:35 28/03/2023 2 / 2



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.					Pts.	Resultado
1	001079153	GOMEZ TOJO ANDER	2005	CFVLUG	50	26.64	55.14	1:23.89	1:52.78	15,0	1:52.78
						26.64	28.50	28.75	1:52.7		
2	001086359	MOURE DOVAL JOSE	1999	POUREN	50	26.34	54.71	1:23.84	1:53.09	12,0	1:53.09
						26.34	28.37	29.13	1:53.0		
3	001075938	RODRIGUEZ SANCOSMED PABLO	2003	POR-MIÑ	50	27.20	55.77	1:24.68	1:53.43	10,0	1:53.43
						27.20	28.57	28.91	28.75		
4	001075757	PARDO PERNAS MARTIN	2002	CFVLUG	50	26.55	54.68	1:23.62	1:53.96	9,0	1:53.96
						26.55	28.13	28.94	1:53.9		
5	001140876	NAVARRO LOSADA SERGI	2007	CNFERR	50	26.18	55.39	1:25.08	1:54.53	8,0	1:54.53
						26.18	29.21	29.69	1:54.5		
6	001075374	RAMOS PEREZ NICOLAS ANTON	2006	CNFERR	50	27.12	57.04	1:28.53	1:57.71	7,0	1:57.71
						27.12	29.92	31.49	1:57.7		
7	001144702	CARBALLO ENRIQUE	2007	POUREN	50	27.08	57.01	1:27.61	1:57.93	6,0	1:57.93
						27.08	29.93	30.60	1:57.9		
8	001078856	FRAGA SAL ALEXANDRE	2006	POR-MIÑ	50	27.62	57.79	1:28.33	1:59.71	5,0	1:59.71
						27.62	30.17	30.54	1:59.7		
9	001037190	COSTA FERNANDEZ LUCAS	1998	NPONTE	50	27.67	58.34	1:30.29	2:01.13	4,0	2:01.13
						27.67	30.67	31.95	2:01.1		
10	001202934	BALSA VIGO JAVIER	2005	NCORUÑ	50	27.68	58.61	1:30.68	2:01.53	3,0	2:01.53
						27.68	30.93	32.07	2:01.5		
11	001084854	GONZALEZ ESTEVEZ YOEL	2007	NPONTE	50	28.93	1:00.49	1:32.27	2:03.58	2,0	2:03.58
						28.93	31.56	31.78	2:03.5		
12	001039755	RIVAS MACEIRAS ISAAC	1999	NCORUÑ	50	25.93	1:01.08	1:35.49	2:11.48	1,0	2:11.48
						25.93	35.15	34.41	35.99		

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

MSI SW.RESULTADOS_PRUEBA.4-20 Información correcta a 10:05:54 28/03/2023



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	001076335	LEMOS FERNANDEZ IRIA	2006	NPONTE	50' 28.85'	15,0	28.85
2	001030686	CERNADAS GONZALEZ ANA	2004	CFVLUG	50' 29.05'	12,0	29.05
3	001076330	FARO MARTINEZ CARLA	2003	NPONTE	50' 30.22'	10,0	30.22
4	001095446	ALCALDE MAHIA ARIADNA	2004	NCORUÑ	50' 30.77'	9,0	30.77
5	001099697	CHANS FANEGO PAULA	2003	CNFERR	50' 30.87'	8,0	30.87
6	001144062	HERNÁNDEZ FIGUEROA ANGE MARIE	2009	CNFERR	50' 31.27'	7,0	31.27
7	001037951	SOILAN FERNANDEZ RAQUEL	2001	CFVLUG	50' 31.71'	6,0	31.71
8	001079134	LOPEZ-FREIRE FRANCIA CARMEN	2007	POR-MIÑ	50' 31.81'	5,0	31.81
9	001101904	MARTINEZ ZABALA SUNAI	2007	POUREN	50' 33.27'	4,0	33.27
10	001038096	FREIJE TORNEIRO AROA	1998	POR-MIÑ	50' 33.28'	3,0	33.28
11	001141278	ALVAREZ GARCIA MENCIA	2010	POUREN	50' 34.00'	2,0	34.00
12	001101223	ROMERO LOURES LUCIA	2004	NCORUÑ	50' 34.59'	1,0	34.59

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 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

MSL SW.RESULTADOS_PRUEBA.5-50 Información correcta a 10:06:46 28/03/2023



J AEL JOYERIA FERROL



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	001079205	TEIJEIRO PRADO XOEL	2006	CFVLUG	50' 26.24'	15,0	26.24
1	001107868	MARTINEZ SUAREZ DIEGO	1999	CFVLUG	50' 26.24'	12,0	26.24
3	001140795	LOSADA JIMÉNEZ SERGIO	2004	CNFERR	50' 26.34'	10,0	26.34
4	001079023	SANCHEZ VAZQUEZ ANTONIO	2004	POR-MIÑ	50' 26.38'	9,0	26.38
5	001057304	TABEIRA OLASCOAGA TADEO	2007	CNFERR	50' 26.57'	8,0	26.57
6	001087107	ESTEVEZ CRESPO HUGO	2006	POUREN	50' 27.25'	7,0	27.25
7	001202934	BALSA VIGO JAVIER	2005	NCORUÑ	50' 27.51'	6,0	27.51
8	001079378	ACEVEDO MENDEZ GABRIEL	2006	NPONTE	50' 27.64'	5,0	27.64
9	001140852	RODRIGUEZ DOMINGUEZ F.J.	2004	NPONTE	50' 28.10'	4,0	28.10
10	001087096	LOPEZ FERNANDEZ MARTIN	2002	POUREN	50' 29.12'	3,0	29.12
11	001079028	TIMIRAOS FERNANDEZ MARCOS	2005	POR-MIÑ	50' 29.42'	2,0	29.42
	001093458	MUIÑO ALONSO ANTON	1994	NCORUÑ		0,0	DSA

DLI: Desc. Chegada Irregular RT: Retirado DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DES: Descualificado MMG: M.M. Terr. (Para Edades)
 NP: Non presentado DS: Desc. Saída Irregular DNI: Desc. Nado Irregular BAJ: Baixa RG: Record Fed. Territorial

MSL SW.RESULTADOS_PRUEBA.6-50 Información correcta a 21:40:32 28/03/2023



JAEL JOYERIA FERROL



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.		Pts.	Resultado
1	001147224	SANTAS VAZQUEZ LAURA	2009	POR-MIÑ	50	38.59 ¹ ₁₀₀ 1:21.28 ¹ ₁₅₀ 2:04.76 ¹ ₂₀₀ 2:46.65 ¹	15,0	2:46.65
						38.59 ¹ 42.69 ¹ 43.48 ¹ 2:46.6 ¹		
2	001144881	LEIVAS ROCA CANDELA	2005	CNFERR	50	37.87 ¹ ₁₀₀ 1:19.67 ¹ ₁₅₀ 2:02.18 ¹ ₂₀₀ 2:47.03 ¹	12,0	2:47.03
						37.87 ¹ 41.80 ¹ 42.51 ¹ 2:47.0 ¹		
3	001093459	FRANCO CAL ALBA	1991	CFV LUG	50	38.11 ¹ ₁₀₀ 1:20.28 ¹ ₁₅₀ 2:03.43 ¹ ₂₀₀ 2:48.14 ¹	10,0	2:48.14
						38.11 ¹ 42.17 ¹ 43.15 ¹ 2:48.1 ¹		
4	001076335	LE MOS FERNANDEZ IRIA	2006	NPONTE	50	36.43 ¹ ₁₀₀ 1:19.72 ¹ ₁₅₀ 2:04.90 ¹ ₂₀₀ 2:48.46 ¹	9,0	2:48.46
						36.43 ¹ 43.29 ¹ 45.18 ¹ 2:48.4 ¹		
5	001075936	NOGUERAS PORTO SARA	2008	CFV LUG	50	39.30 ¹ ₁₀₀ 1:22.43 ¹ ₁₅₀ 2:06.55 ¹ ₂₀₀ 2:51.50 ¹	8,0	2:51.50
						39.30 ¹ 43.13 ¹ 44.12 ¹ 44.95 ¹		
6	001143180	ESTEVEZ MONTES NAROA	2008	NPONTE	50	39.35 ¹ ₁₀₀ 1:23.36 ¹ ₁₅₀ 2:07.71 ¹ ₂₀₀ 2:52.96 ¹	7,0	2:52.96
						39.35 ¹ 44.01 ¹ 44.35 ¹ 2:52.9 ¹		
7	001079132	CERDEIRA TEIJEIRA CLARA	2008	POR-MIÑ	50	38.56 ¹ ₁₀₀ 1:23.85 ¹ ₁₅₀ 2:11.29 ¹ ₂₀₀ 2:58.55 ¹	6,0	2:58.55
						38.56 ¹ 45.29 ¹ 47.44 ¹ 2:58.5 ¹		
8	001144233	GIL POZO EMMA	2009	POUREN	50	40.62 ¹ ₁₀₀ 1:26.24 ¹ ₁₅₀ 2:13.95 ¹ ₂₀₀ 3:01.39 ¹	5,0	3:01.39
						40.62 ¹ 45.62 ¹ 47.71 ¹ 3:01.3 ¹		
9	001075425	REY CONESA CAROLINA	2004	CNFERR	50	42.38 ¹ ₁₀₀ 1:29.41 ¹ ₁₅₀ 2:17.98 ¹ ₂₀₀ 3:07.03 ¹	4,0	3:07.03
						42.38 ¹ 47.03 ¹ 48.57 ¹ 3:07.0 ¹		
10	001087068	CIVEIRA CORRAL NEREA	2004	POUREN	50	41.93 ¹ ₁₀₀ 1:29.02 ¹ ₁₅₀ 2:18.87 ¹ ₂₀₀ 3:09.81 ¹	3,0	3:09.81
						41.93 ¹ 47.09 ¹ 49.85 ¹ 3:09.8 ¹		
11	001111740	YERA REGUEIRA TERESA	2007	NCORUÑ	50	48.40 ¹ ₁₀₀ 1:43.24 ¹ ₁₅₀ 2:38.31 ¹ ₂₀₀ 3:33.67 ¹	2,0	3:33.67
						48.40 ¹ 54.84 ¹ 55.07 ¹ 55.36 ¹		
	001110141	VAZQUEZ SANCHEZ SARA	2004	NCORUÑ			0,0	DNI

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

MSI SW.RESULTADOS_PRUEBA.7-20 Información correcta a 10:08:25 28/03/2023 1 / 1



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.						Pts.	Resultado		
1	001087163	ALVAREZ ALVAREZ HECTOR	2000	POUREN	50	32.57	100	1:09.42	150	1:46.05	200	2:23.03	15,0	2:23.03
						32.57		36.85		36.63		2:23.0		
2	001143429	FARO MARTINEZ YOEL	2007	NPONTE	50	32.06	100	1:08.14	150	1:45.57	200	2:23.56	12,0	2:23.56
						32.06		36.08		37.43		2:23.5		
3	001079105	VAZQUEZ LIZ ALEJANDRO	2003	POR-MIÑ	50	33.08	100	1:10.04	150	1:48.03	200	2:26.50	10,0	2:26.50
						33.08		36.96		37.99		2:26.5		
4	001087107	ESTEVEZ CRESPO HUGO	2006	POUREN	50	35.99	100	1:16.07	150	1:55.07	200	2:32.91	9,0	2:32.91
						35.99		40.08		39.00		2:32.9		
5	001039297	DOPICO REY ANTON	1997	CNFERR	50	34.86	100	1:13.59	150	1:52.59	200	2:33.68	8,0	2:33.68
						34.86		38.73		39.00		2:33.6		
6	001079070	MORENO TEJEIRO HUGO	2005	CFVLUG	50	36.13	100	1:15.66	150	1:55.06	200	2:34.06	7,0	2:34.06
						36.13		39.53		39.40		2:34.0		
7	001146918	GOMEZ PUMARIÑO SAMUEL	2008	POR-MIÑ	50	34.59	100	1:13.79	150	1:54.68	200	2:37.17	6,0	2:37.17
						34.59		39.20		40.89		2:37.1		
8	001142991	PEREZ PAZ DARIO	2005	NPONTE	50	35.30	100	1:15.30	150	1:56.37	200	2:37.58	5,0	2:37.58
						35.30		40.00		41.07		2:37.5		
9	001040458	POMBO LOPEZ SERGIO	1991	CFVLUG	50	36.93	100	1:16.64	150	1:57.51	200	2:38.53	4,0	2:38.53
						36.93		39.71		40.87		41.02		
10	001095445	LAGO CASTILLO DIEGO	2007	NCORUÑ	50	36.57	100	1:17.87	150	2:00.34	200	2:43.78	3,0	2:43.78
						36.57		41.30		42.47		2:43.7		
11	001146785	ALCALDE MAHIA JUN BIN	2008	NCORUÑ	50	42.94	100	1:31.40	150	2:20.30	200	3:09.35	2,0	3:09.35
						42.94		48.46		48.90		49.05		
	001075356	SEIJO BERMUDEZ DANIEL	2004	CNFERR									0,0	DNI

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DL: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

MSL SW.RESULTADOS_PRUEBA.8-20 Información correcta a 10:09:04 28/03/2023 1 / 1



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	001030686	CERNADAS GONZALEZ ANA	2004	CFVLUG	50' 29.06'	15,0	29.06
2	001087081	CAMBA PRADA ALEXIA	2005	POUREN	50' 31.23'	12,0	31.23
3	001143299	EIJO GIL NAIARA	2006	NPONTE	50' 31.55'	10,0	31.55
4	001141262	LOPEZ-FREIRE FRANCIA CELIA	2010	POR-MIÑ	50' 31.84'	9,0	31.84
4	001108844	BORGE JUSTE INES	2006	NPONTE	50' 31.84'	8,0	31.84
6	001144722	REQUEJO FERNANDEZ IRENE	2010	POUREN	50' 32.79'	7,0	32.79
6	001075935	BUSTO LOPEZ ANA	2004	CFVLUG	50' 32.79'	6,0	32.79
8	001099697	CHANS FANEGO PAULA	2003	CNFERR	50' 32.84'	5,0	32.84
9	001054495	SEGOVIA CARBALLO PAULA	2000	CNFERR	50' 34.15'	4,0	34.15
10	001141255	ROIS PRADO MARTA	2008	POR-MIÑ	50' 34.36'	3,0	34.36
11	001099709	BARCIA RAMA LUCIA	2004	NCORUÑ	50' 34.91'	2,0	34.91
12	001146724	VILLAR ARCEO IRIA	2008	NCORUÑ	50' 35.50'	1,0	35.50

DLI: Desc. Llegada Irregular

RT: Retirado
NP: Non presentado

DVI: Desc. Viraxe Irregular
DSI: Desc. Saída Irregular

DSA: Desc. Saída Anticipada
DNI: Desc. Nado Irregular

DES: Descualificado
BAJ: Baixa

MMG: M.M. Terr. (Para Edades)
RG: Record Fed. Territorial



SW.RESULTADOS_PRUEBA.9-50 Información correcta a 21:41:28 28/03/2023

1 / 1

JAEL JOYERIA FERROL



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	001140876	NAVARRO LOSADA SERGI	2007	CNFERR	50' 27.13'	15,0	27.13
2	001037175	ALVAREZ FERNANDEZ BORJA	1996	CFVLUG	50' 27.25'	12,0	27.25
3	001075938	RODRIGUEZ SANCOSMED PABLO	2003	POR-MIÑ	50' 27.34'	10,0	27.34
4	001079153	GOMEZ TOJO ANDER	2005	CFVLUG	50' 27.85'	9,0	27.85
5	001144702	CARBALLO ENRIQUE	2007	POUREN	50' 27.86'	8,0	27.86
5	001038566	CIVEIRA CORRAL SAMUEL	2002	POUREN	50' 27.86'	7,0	27.86
7	001140806	LÓPEZ ANIDO NELSON ANDRÉS	2000	CNFERR	50' 28.32'	6,0	28.32
8	001141252	DIAZ- BECERRA LOPEZ ANTON	2005	POR-MIÑ	50' 28.39'	5,0	28.39
9	001084854	GONZALEZ ESTEVEZ YOEL	2007	NPONTE	50' 28.83'	4,0	28.83
10	001076322	VILA PEREIRA BRAIS	2003	NPONTE	50' 29.14'	3,0	29.14
11	001110128	CAMINO PARDO RODRIGO	2000	NCORUÑ	50' 29.74'	2,0	29.74
12	001143193	GOMEZ LIMIA PABLO	2006	NCORUÑ	50' 30.75'	1,0	30.75

DLI: Desc. Llegada Irregular RT: Retirado DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DES: Descualificado MMG: M.M. Terr. (Para Edades)
 NP: Non presentado DS: Desc. Saída Irregular DNI: Desc. Nado Irregular BAJ: Baixa RG: Record Fed. Territorial

MSI SW.RESULTADOS_PRUEBA.10-5 Información correcta a 21:42:15 28/03/2023



JAEL JOYERIA FERROL



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25

J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado
1	001140913	CARRON MUIÑA CARLA	2005	NPONTEA		15,0	5:07.96
		50 29.60 100 1:05.78 150 1:48.76 200 2:29.57 250 3:12.34 300 3:55.57 350 4:31.75 400 5:07.96					
		29.60 36.18 42.98 40.81 42.77 43.23 36.18 5:07.9					
2	001075381	VILLARNOVO PAZOS LUCIA	2008	CNFERRO		12,0	5:11.86
		50 33.62 100 1:12.94 150 1:53.11 200 2:32.45 250 3:16.95 300 4:03.07 350 4:38.82 400 5:11.86					
		33.62 39.32 40.17 39.34 44.50 46.12 35.75 5:11.8					
3	001143180	ESTEVEZ MONTES NAROA	2008	NPONTEA		10,0	5:17.38
		50 34.66 100 1:14.37 150 1:55.71 200 2:35.81 250 3:19.56 300 4:04.72 350 4:41.42 400 5:17.38					
		34.66 39.71 41.34 40.10 43.75 45.16 36.70 5:17.3					
4	001146991	CANALDA RAMOS LAURA	2009	NCORUÑA		9,0	5:29.26
		50 35.06 100 1:15.91 150 1:57.31 200 2:37.94 250 3:27.41 300 4:17.31 350 4:54.16 400 5:29.26					
		35.06 40.85 41.40 40.63 49.47 49.90 36.85 35.10					
5	001093459	FRANCO CAL ALBA	1991	CFVLUGO		8,0	5:29.68
		50 34.79 100 1:14.38 150 2:00.01 200 2:43.47 250 3:28.06 300 4:12.56 350 4:31.68 400 5:29.68					
		34.79 39.59 45.63 43.46 44.59 44.50 19.12 5:29.6					
6	001079134	LOPEZ-FREIRE FRANCIA CARMEN	2007	POR-MIÑA		7,0	5:39.21
		50 35.16 100 1:21.24 150 2:09.58 200 2:46.83 250 3:34.09 300 4:23.25 350 5:01.90 400 5:39.21					
		35.16 46.08 48.34 37.25 47.26 49.16 38.65 5:39.2					
7	001144062	HERNÁNDEZ FIGUEROA ANGE MARIE	2009	CNFERRO		6,0	5:41.52
		50 34.41 100 1:14.36 150 2:00.62 200 2:46.09 250 3:35.68 300 4:25.93 350 5:06.26 400 5:41.52					
		34.41 39.95 46.26 45.47 49.59 50.25 40.33 5:41.5					
8	001141276	BABARRO LOPEZ MARIA	2008	POURENSE		5,0	5:41.85
		50 39.88 100 1:22.27 150 2:04.67 200 2:46.87 250 3:37.34 300 4:29.03 350 5:06.61 400 5:41.85					
		39.88 42.39 42.40 42.20 50.47 51.69 37.58 35.24					
9	001141278	ALVAREZ GARCIA MENCIA	2010	POURENSE		4,0	5:47.49
		50 36.74 100 1:21.92 150 2:07.81 200 2:53.35 250 3:39.27 300 4:28.52 350 5:08.70 400 5:47.49					
		36.74 45.18 45.89 45.54 45.92 49.25 40.18 5:47.4					
	001147214	LOPEZ FERNANDEZ AITANA	2009	POR-MIÑA		0,0	RT
	001187883	ARRUÑADA VAZQUEZ CARMEN	2010	NCORUÑA		0,0	BAJ
	001143408	CUGINI LENCE EMMA	2008	CFVLUGO		0,0	DNI

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25
J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Licenza	Nome	Ano	Club	T.R.	Pts.	Resultado									
1	001037175	ALVAREZ FERNANDEZ BORJA	1996	CFVLUGO		15,0	4:35.21									
	50	28.28	100	1:02.56	150	1:37.20	200	2:10.93	250	2:51.33	300	3:31.21	350	4:03.54	400	4:35.21
		28.28		34.28		34.64		33.73		40.40		39.88		32.33		4:35.21
2	001075757	PARDO PERNAS MARTIN	2002	CFVLUGO		12,0	4:39.77									
	50	28.34	100	1:01.20	150	1:37.32	200	2:11.99	250	2:52.82	300	3:33.87	350	4:07.73	400	4:39.77
		28.34		32.86		36.12		34.67		40.83		41.05		33.86		4:39.77
3	001140899	MANEIROS PAZ MARIO	2006	CNFERRO		10,0	4:41.69									
	50	29.87	100	1:04.66	150	1:40.22	200	2:14.60	250	2:55.97	300	3:37.79	350	4:10.44	400	4:41.69
		29.87		34.79		35.56		34.38		41.37		41.82		32.65		4:41.69
4	001087074	QUIROGA RAMOS YAGO	2005	POURENSE		9,0	4:44.13									
	50	28.91	100	1:03.15	150	1:40.56	200	2:16.49	250	2:58.50	300	3:46.67	350	4:13.95	400	4:44.13
		28.91		34.24		37.41		35.93		42.01		48.17		27.28		4:44.13
5	001039567	CIVEIRA CORRAL RAUL	2002	POURENSE		8,0	4:44.56									
	50	29.68	100	1:04.06	150	1:42.28	200	2:18.93	250	3:01.04	300	3:43.86	350	4:15.75	400	4:44.56
		29.68		34.38		38.22		36.65		42.11		42.82		31.89		4:44.56
6	001143429	FARO MARTINEZ YOEL	2007	NPONTEA		7,0	4:47.34									
	50	29.78	100	1:05.02	150	1:44.35	200	2:23.53	250	3:01.77	300	3:41.77	350	4:14.99	400	4:47.34
		29.78		35.24		39.33		39.18		38.24		40.00		33.22		4:47.34
7	001075356	SEIJO BERMUDEZ DANIEL	2004	CNFERRO		6,0	4:48.73									
	50	30.00	100	1:04.10	150	1:41.89	200	2:18.83	250	2:59.67	300	3:41.64	350	4:16.16	400	4:48.73
		30.00		34.10		37.79		36.94		40.84		41.97		34.52		4:48.73
8	001141073	PEREZ FERNANDEZ BRAIS	2007	POR-MIÑA		5,0	4:49.98									
	50	30.23	100	1:04.97	150	1:42.81	200	2:19.99	250	3:01.91	300	3:44.45	350	4:17.74	400	4:49.98
		30.23		34.74		37.84		37.18		41.92		42.54		33.29		4:49.98
9	001079105	VAZQUEZ LIZ ALEJANDRO	2003	POR-MIÑA		4,0	4:56.02									
	50	30.53	100	1:07.67	150	1:46.29	200	2:24.02	250	3:05.23	300	3:46.85	350	4:21.54	400	4:56.02
		30.53		37.14		38.62		37.73		41.21		41.62		34.69		4:56.02
10	001142991	PEREZ PAZ DARIO	2005	NPONTEA		3,0	5:00.04									
	50	31.94	100	1:09.68	150	1:49.04	200	2:27.03	250	3:09.48	300	3:52.06	350	4:26.81	400	5:00.04
		31.94		37.74		39.36		37.99		42.45		42.58		34.75		5:00.04
11	001143193	GOMEZ LIMIA PABLO	2006	NCORUÑA		2,0	5:05.82									
	50	32.04	100	1:09.91	150	1:48.77	200	2:26.97	250	3:13.93	300	4:00.31	350	4:33.70	400	5:05.82
		32.04		37.87		38.86		38.20		46.96		46.38		33.39		5:05.82
12	001095445	LAGO CASTILLO DIEGO	2007	NCORUÑA		1,0	5:23.68									
	50	34.81	100	1:16.93	150	2:00.68	200	2:43.88	250	3:26.56	300	4:11.40	350	4:49.01	400	5:23.68
		34.81		42.12		43.75		43.20		42.68		44.84		4:07.8		5:23.68

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial



LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25
J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Club	Nome	Club	Pts.	Resultado
1	00878	NPONTEA 02	NPONTEA	30,0	4:32.00
	50	32.90 1:08.11 1:43.50 2:25.18 2:56.61 3:33.47 4:00.68 4:32.00			
		32.90 35.21 35.39 41.68 31.43 36.86 27.21 4:32.0			
2	00398	CFVLUGO 01	CFVLUGO	24,0	4:34.77
	50	30.66 1:02.56 1:40.49 2:23.38 2:55.86 3:31.46 4:01.71 4:34.77			
		30.66 31.90 37.93 42.89 32.48 35.60 30.25 4:34.7			
3	00186	NCORUÑA 01	NCORUÑA	19,0	4:38.69
	50	33.43 1:09.45 1:46.61 2:29.36 3:00.55 3:36.07 4:05.97 4:38.69			
		33.43 36.02 37.16 42.75 31.19 35.52 29.90 4:38.6			
3	00878	NPONTEA 01	NPONTEA	19,0	4:38.69
	50	33.12 1:09.32 1:45.22 2:25.34 2:56.93 3:34.47 4:04.42 4:38.69			
		33.12 36.20 35.90 40.12 31.59 37.54 29.95 4:38.6			
5	00674	CNFERRO 01	CNFERRO	16,0	4:39.18
	50	32.52 1:06.78 1:44.76 2:26.53 2:58.62 3:38.06 4:06.85 4:39.18			
		32.52 34.26 37.98 41.77 32.09 39.44 28.79 4:39.1			
6	01156	POR-MIÑA 01	POR-MIÑA	14,0	4:41.50
	50	33.87 1:09.65 1:46.50 2:29.42 3:01.38 3:37.89 4:07.51 4:41.50			
		33.87 35.78 36.85 42.92 31.96 36.51 29.62 4:41.5			
7	01156	POR-MIÑA 02	POR-MIÑA	12,0	4:48.84
	50	33.63 1:09.06 1:45.90 2:28.97 3:02.45 3:42.54 4:14.35 4:48.84			
		33.63 35.43 36.84 43.07 33.48 40.09 31.81 4:48.8			
8	00674	CNFERRO 02	CNFERRO	10,0	4:50.94
	50	36.59 1:14.94 1:52.47 2:36.84 3:08.97 3:46.94 4:16.94 4:50.94			
		36.59 38.35 37.53 44.37 32.13 37.97 30.00 4:50.9			
9	00101	POURENSE 02	POURENSE	8,0	4:51.31
	50	31.92 1:06.26 1:45.38 2:30.95 3:04.94 3:44.94 4:16.68 4:51.31			
		31.92 34.34 39.12 45.57 33.99 40.00 31.74 4:51.3			
10	00101	POURENSE 01	POURENSE	6,0	5:01.17
	50	34.77 1:11.68 1:50.85 2:35.91 3:10.91 3:52.91 4:25.27 5:01.17			
		34.77 36.91 39.17 45.06 35.00 42.00 32.36 5:01.1			
11	00398	CFVLUGO 02	CFVLUGO	4,0	5:12.35
	50	39.58 1:19.62 2:02.69 2:50.76 3:23.75 4:04.72 4:36.24 5:12.35			
		39.58 40.04 43.07 48.07 32.99 40.97 31.52 5:12.3			
12	00186	NCORUÑA 02	NCORUÑA	2,0	5:23.54
	50	36.62 1:16.46 2:04.62 2:58.51 3:33.03 4:15.48 4:47.67 5:23.54			
		36.62 39.84 48.16 53.89 34.52 42.45 32.19 5:23.5			

RT: Retirado

 NP: Non presentado
 DV: Desc. Viraxe Irregular

 DSI: Desc. Saída Irregular
 DSA: Desc. Saída Anticipada

 DNI: Desc. Nado Irregular
 DLI: Desc. Chegada Irregular

 DES: Descualificado
 BAJ: Baixa

 MMG: M.M. Terr. (Para Edades)
 RG: Record Fed. Territorial


SW.RESULTADOS_PRUEBA.13-4

Información correcta a 10:12:57 28/03/2023

1 / 1

JAEL JOYERIA FERROL


LIGA GAL. CLUBES PRE XOR 3 DIV. HONRA, 2023-03-25
J. GÓMEZ NOYA

Datos técnicos: Piscina de 25 m., Crono Manual

25/03/2023

RK	Club	Nome	Club	Pts.	Resultado				
1	00101	POURENSE 02	POURENSE	30,0	3:53.99				
	50	28.81	100 58.96	150 1:25.56	200 2:03.31	250 2:29.71	300 3:01.74	350 3:27.07	400 3:53.99
		28.81	30.15	26.60	37.75	26.40	32.03	25.33	3:53.9
2	00674	CNFERRO 01	CNFERRO	24,0	3:56.49				
	50	28.00	100 57.59	150 1:28.89	200 2:05.16	250 2:31.66	300 3:02.82	350 3:28.43	400 3:56.49
		28.00	29.59	31.30	36.27	26.50	31.16	25.61	3:56.4
3	00398	CFVLUGO 01	CFVLUGO	20,0	3:56.71				
	50	28.60	100 59.54	150 1:30.32	200 2:06.56	250 2:33.33	300 3:04.73	350 3:29.64	400 3:56.71
		28.60	30.94	30.78	36.24	26.77	31.40	24.91	27.07
4	01156	POR-MIÑA 01	POR-MIÑA	18,0	3:58.81				
	50	29.28	100 1:00.75	150 1:32.37	200 2:08.93	250 2:36.14	300 3:07.69	350 3:31.83	400 3:58.81
		29.28	31.47	31.62	36.56	27.21	31.55	24.14	3:58.8
5	00878	NPONTEA 01	NPONTEA	16,0	4:02.66				
	50	29.54	100 1:00.38	150 1:31.70	200 2:07.31	250 2:35.21	300 3:08.40	350 3:34.14	400 4:02.66
		29.54	30.84	31.32	35.61	27.90	33.19	25.74	4:02.6
6	00674	CNFERRO 02	CNFERRO	14,0	4:05.31				
	50	29.07	100 1:00.07	150 1:32.02	200 2:09.88	250 2:37.84	300 3:09.33	350 3:36.21	400 4:05.31
		29.07	31.00	31.95	37.86	27.96	31.49	26.88	4:05.3
7	00101	POURENSE 01	POURENSE	12,0	4:10.28				
	50	29.16	100 59.76	150 1:32.66	200 2:10.14	250 2:30.49	300 3:14.11	350 3:46.69	400 4:10.28
		29.16	30.60	32.90	37.48	20.35	43.62	32.58	4:10.2
8	00398	CFVLUGO 02	CFVLUGO	10,0	4:11.78				
	50	30.64	100 1:02.96	150 1:36.56	200 2:14.78	250 2:43.68	300 3:15.78	350 3:42.56	400 4:11.78
		30.64	32.32	33.60	38.22	28.90	32.10	26.78	29.22
9	00878	NPONTEA 02	NPONTEA	8,0	4:14.17				
	50	30.74	100 1:04.37	150 1:36.70	200 2:14.98	250 2:43.95	300 3:17.76	350 3:43.32	400 4:14.17
		30.74	33.63	32.33	38.28	28.97	33.81	25.56	4:14.1
10	01156	POR-MIÑA 02	POR-MIÑA	6,0	4:15.18				
	50	31.17	100 1:04.15	150 1:37.67	200 2:16.28	250 2:46.31	300 3:20.59	350 3:46.68	400 4:15.18
		31.17	32.98	33.52	38.61	30.03	34.28	26.09	4:15.1
11	00186	NCORUÑA 01	NCORUÑA	4,0	4:19.81				
	50	31.57	100 1:05.61	150 1:40.25	200 2:20.57	250 2:48.78	300 3:25.55	350 3:51.03	400 4:19.81
		31.57	34.04	34.64	40.32	28.21	36.77	25.48	4:19.8
	00186	NCORUÑA 02	NCORUÑA	0,0	BAJ				

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SW.RESULTADOS_PRUEBA.14-4 Información correcta a 10:14:04 28/03/2023

1 / 1


J AEL JOYERIA FERROL


ABSO

Rank.	Club	Pts.
1	C. FLUVIAL LUGO	303,0
2	C. N. PONTEAREAS	300,0
3	C. N. FERROL	283,0
4	C. N. PABELLÓN OURENSE	249,0
5	C. N. PORTAMIÑA LUGO	220,0
6	C. N. CORUÑA	108,0