

Prueba 1
25/11/2022

Fem., 50m Libre

Absoluto Femenino
Resultados Final

RG	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RC	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO
Final A				
1.		GARCIA SILVA, Antia	25.78	19,00
2.		FEIJOO GOMEZ, Eva	26.30	16,00
3.		LEMOS FERNANDEZ, Iria	26.50	14,00
4.		ALVAREZ PAZOS, Maria	27.93	13,00
5.		OUVIÑA PICOS, Nadiuska	27.97	12,00
6.		LOPEZ SANMARTIN, Nerea	28.06	11,00
Final B				
7.		CONS GESTIDO, Henar Diana	27.91	10,00
8.		SUAREZ KITAHORI, Nana S.	28.04	9,00
9.		RODRIGUEZ RODRIGUEZ, Nina	28.26	8,00
10.		BORGE JUSTE, Ines	28.51	7,00
11.		ALCALDE MAHIA, Ariadna	28.58	6,00
12.		CONS GESTIDO, Victoria Anna	29.45	5,00

Prueba 1
25/11/2022 - 10:00

Fem., 50m Libre

Absoluto Femenino
Resultados Prelim

RG	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RC	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación		AN		Tiempo	ABSO	
1.	GARCIA SILVA, Antia	98	C. N. GALAICO	26.08	-	A
2.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	26.58	-	A
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	26.74	-	A
4.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	27.66	-	A
5.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	27.92	-	A MMG
6.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	27.98	-	A
7.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	28.03	-	B
8.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR	28.09	-	B
9.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	28.19	-	B
10.	CONS GESTIDO, Henar Diana	02	RCN VIGO	28.22	-	B
11.	ALCALDE MAHIA, Ariadna	04	C. N. CORUÑA	28.26	-	B
12.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	28.29	-	B
13.	MARTÍNEZ JUSTO, Penélope	93	C. N. ARTEIXO	28.34	4,00	
14.	BALADO PENA, Celtia	07	C. MARINA FERROL	28.57	3,00	
15.	RODRIGUEZ HUERTAS, Iria	99	C. FLUVIAL LUGO	28.59	2,00	
16.	SOILAN FERNANDEZ, Raquel	01	C. FLUVIAL LUGO	28.75	1,00	
17.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	29.02	-	
18.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	29.10	-	
19.	MARTINEZ OTERO, Eva	08	C. N. MOS	29.19	-	
20.	ANEIROS DOPICO, Laura	00	C. MARINA FERROL	29.36	-	
21.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	29.42	-	
22.	BUCETA LAGO, Ana	03	C. N. PONTEAREAS	29.44	-	
23.	CANO ROSALES, Laura	04	C. N. GALAICO	29.63	-	
24.	ESTEVEZ CRESPO, Aldara	04	PABELLON OURENSE	29.84	-	
	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	29.84	-	
26.	SANCHEZ VAZQUEZ, Carmen	99	C. N. PORTAMIÑA	30.18	-	
27.	HERRERO DOMINGUEZ, Eva	00	C. N. FERROL	30.26	-	
28.	SANTIAGO DE LA CASA, Laura	99	C. N. ARZUA	30.28	-	
Baja enf.	FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	-	-	
Baja enf.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	-	-	

Prueba 2
25/11/2022

Masc., 50m Libre

Absoluto Masculino
Resultados Final

RG	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO		
Final A						
1.		GARCIA MORENO, Jorge	00	C. N. PANAS	23.48	19,00
2.		ARES BARRAL, Anton	00	C. N. PANAS	23.56	16,00
3.		PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	23.97	14,00
4.		SUAREZ MATO, Yoel	04	A. D. FOGAR	24.03	13,00
5.		LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	24.05	12,00
6.		CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	24.29	11,00
Final B						
7.		MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	24.14	10,00
8.		ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	24.37	9,00
9.		SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	24.39	8,00
10.		GALAN VICENTE, Pablo	02	A. D. FOGAR	24.50	-
11.		BALSA VIGO, Javier	05	C. N. CORUÑA	24.62	7,00
12.		PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	25.02	6,00

Prueba 2
25/11/2022 - 10:06

Masc., 50m Libre

Absoluto Masculino
Resultados Prelim

RG	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	22.20	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación		AN		Tiempo	ABSO	
1.	ARES BARRAL, Anton	00	C. N. PANAS	23.53	-	A
2.	GARCIA MORENO, Jorge	00	C. N. PANAS	23.75	-	A
3.	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	23.85	-	A
4.	SUAREZ MATO, Yoel	04	A. D. FOGAR	24.05	-	A
5.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	24.09	-	A
6.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	24.41	-	A
7.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	24.43	-	B
8.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	24.51	-	B
9.	MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	24.58	-	B
10.	BALSA VIGO, Javier	05	C. N. CORUÑA	24.64	-	B
11.	GALAN VICENTE, Pablo	02	A. D. FOGAR	24.71	-	B
12.	PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	24.76	-	B
13.	UCHA NIETO, Jacobo	97	C. N. GALAICO	24.79	5,00	
14.	RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	24.98	4,00	
15.	BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	24.99	3,00	
16.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	25.01	2,00	
17.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	25.04	1,00	
18.	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	25.05	-	
19.	JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	25.09	-	
20.	BRAVO CONDE, Cristian	00	C. N. PANAS	25.20	-	
21.	RODRIGUEZ QUINTAS, Igor	04	PABELLON OURENSE	25.21	-	
22.	SANCHO FERNANDEZ, David	03	A. D. FOGAR	25.23	-	
23.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	25.35	-	
24.	MOURO PERISCAL, Ricardo	05	A. D. FOGAR	25.37	-	
25.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	25.38	-	
26.	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	25.45	-	
27.	LOSADA JIMENEZ, Alvaro	99	C. N. FERROL	25.57	-	
28.	SIMON COTELO, Manuel	01	C. N. PANAS	25.60	-	
29.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	25.62	-	
30.	CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	25.84	-	
31.	MEIJIDE GIADAS, Diego	00	CIDADE SANTIAGO	26.28	-	

Prueba 3
25/11/2022

Fem., 400m Libre

Absoluto Femenino
Resultados Final

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
RC	4:10.82	, GOMEZ CORTES, BEATRIZ	GALAICO	28/12/2019

Clasificación			AN			Tempo	ABSO		
Final A									
1.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		4:23.33	19,00		
	50m:	30.07 30.07	150m:	1:34.82 32.46	250m:	2:41.86 33.64	350m:	3:50.05 34.27	
	100m:	1:02.36 32.29	200m:	2:08.22 33.40	300m:	3:15.78 33.92	400m:	4:23.33 33.28	
2.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		4:24.54	16,00		
	50m:	30.51 30.51	150m:	1:36.36 33.21	250m:	2:43.51 33.75	350m:	3:51.52 34.10	
	100m:	1:03.15 32.64	200m:	2:09.76 33.40	300m:	3:17.42 33.91	400m:	4:24.54 33.02	
3.	ORTIZ DE GUINEA BASTON, Alba		97	C. N. PONTEAREAS		4:29.54	14,00		
	50m:	30.33 30.33	150m:	1:36.75 33.72	250m:	2:45.48 34.63	350m:	3:55.22 34.95	
	100m:	1:03.03 32.70	200m:	2:10.85 34.10	300m:	3:20.27 34.79	400m:	4:29.54 34.32	
4.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		4:30.71	13,00		
	50m:	30.65 30.65	150m:	1:37.65 34.03	250m:	2:47.33 35.24	350m:	3:57.37 34.84	
	100m:	1:03.62 32.97	200m:	2:12.09 34.44	300m:	3:22.53 35.20	400m:	4:30.71 33.34	
5.	PARDO CHAS, Eva		04	C. N. FERROL		4:33.17	12,00		
	50m:	30.86 30.86	150m:	1:38.30 33.99	250m:	2:47.40 34.71	350m:	3:58.34 35.59	
	100m:	1:04.31 33.45	200m:	2:12.69 34.39	300m:	3:22.75 35.35	400m:	4:33.17 34.83	
6.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS		4:33.29	11,00		
	50m:	31.22 31.22	150m:	1:39.85 34.65	250m:	2:49.22 34.57	350m:	3:59.36 34.96	
	100m:	1:05.20 33.98	200m:	2:14.65 34.80	300m:	3:24.40 35.18	400m:	4:33.29 33.93	
Final B									
7.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		4:35.91	10,00		
	50m:	31.66 31.66	150m:	1:40.54 34.75	250m:	2:50.56 35.30	350m:	4:01.52 35.41	
	100m:	1:05.79 34.13	200m:	2:15.26 34.72	300m:	3:26.11 35.55	400m:	4:35.91 34.39	
8.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		4:37.56	9,00		
	50m:	31.02 31.02	150m:	1:39.11 34.44	250m:	2:50.66 36.33	350m:	4:03.15 36.19	
	100m:	1:04.67 33.65	200m:	2:14.33 35.22	300m:	3:26.96 36.30	400m:	4:37.56 34.41	
9.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		4:38.06	8,00		
	50m:	32.05 32.05	150m:	1:42.00 35.45	250m:	2:53.32 35.56	350m:	4:04.23 35.25	
	100m:	1:06.55 34.50	200m:	2:17.76 35.76	300m:	3:28.98 35.66	400m:	4:38.06 33.83	
10.	PEREZ GARCIA-PICHER, Ana		98	C. N. GALAICO		4:38.21	7,00		
	50m:	33.38 33.38	150m:	1:43.28 34.94	250m:	2:53.65 34.99	350m:	4:03.89 35.08	
	100m:	1:08.34 34.96	200m:	2:18.66 35.38	300m:	3:28.81 35.16	400m:	4:38.21 34.32	
11.	SEOANE BAHILLO, Sara		00	RCN VIGO		4:46.97	6,00		
	50m:	31.99 31.99	150m:	1:42.47 35.60	250m:	2:56.38 37.04	350m:	4:11.56 37.62	
	100m:	1:06.87 34.88	200m:	2:19.34 36.87	300m:	3:33.94 37.56	400m:	4:46.97 35.41	
12.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		4:48.18	5,00		
	50m:	33.34 33.34	150m:	1:45.08 36.05	250m:	2:58.02 36.41	350m:	4:11.78 37.07	
	100m:	1:09.03 35.69	200m:	2:21.61 36.53	300m:	3:34.71 36.69	400m:	4:48.18 36.40	

Prueba 3
25/11/2022 - 10:15

Fem., 400m Libre

Absoluto Femenino
Resultados Prelim

RG	4:04.11	, GOMEZ CORTES, BEATRIZ	GALAICO	24/11/2012
RC	4:10.82	, GOMEZ CORTES, BEATRIZ	GALAICO	28/12/2019

Clasificación			AN				Tiempo	ABSO		
1.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA			4:27.81	-	A	
	50m:	29.56 29.56	150m:	1:35.54	33.57	250m:	2:44.90	34.97	350m:	3:54.49 34.92
	100m:	1:01.97 32.41	200m:	2:09.93	34.39	300m:	3:19.57	34.67	400m:	4:27.81 33.32
2.	ORTIZ DE GUINEA BASTON, Alba		97	C. N. PONTEAREAS			4:28.66	-	A	
	50m:	30.43 30.43	150m:	1:37.07	33.71	250m:	2:45.09	33.96	350m:	3:54.39 34.70
	100m:	1:03.36 32.93	200m:	2:11.13	34.06	300m:	3:19.69	34.60	400m:	4:28.66 34.27
3.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA			4:28.79	-	A	
	50m:	29.80 29.80	150m:	1:35.90	33.59	250m:	2:44.47	34.42	350m:	3:54.70 35.11
	100m:	1:02.31 32.51	200m:	2:10.05	34.15	300m:	3:19.59	35.12	400m:	4:28.79 34.09
4.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL			4:33.06	-	A	
	50m:	31.00 31.00	150m:	1:38.92	34.39	250m:	2:48.48	34.93	350m:	3:59.05 35.28
	100m:	1:04.53 33.53	200m:	2:13.55	34.63	300m:	3:23.77	35.29	400m:	4:33.06 34.01
5.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS			4:33.29	-	A	
	50m:	31.63 31.63	150m:	1:40.28	34.79	250m:	2:49.82	34.81	350m:	3:59.25 34.74
	100m:	1:05.49 33.86	200m:	2:15.01	34.73	300m:	3:24.51	34.69	400m:	4:33.29 34.04
6.	PARDO CHAS, Eva		04	C. N. FERROL			4:34.79	-	A	
	50m:	30.83 30.83	150m:	1:38.65	34.20	250m:	2:48.64	34.96	350m:	4:00.00 35.89
	100m:	1:04.45 33.62	200m:	2:13.68	35.03	300m:	3:24.11	35.47	400m:	4:34.79 34.79
7.	BARROS DA SILVA, Sofia		09	C. N. GALAICO			4:35.43	-	B	
	50m:	31.32 31.32	150m:	1:38.87	34.18	250m:	2:48.92	35.02	350m:	4:00.29 35.82
	100m:	1:04.69 33.37	200m:	2:13.90	35.03	300m:	3:24.47	35.55	400m:	4:35.43 35.14
8.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO			4:36.60	-	B	
	50m:	31.24 31.24	150m:	1:39.95	34.68	250m:	2:50.23	34.97	350m:	4:01.01 35.51
	100m:	1:05.27 34.03	200m:	2:15.26	35.31	300m:	3:25.50	35.27	400m:	4:36.60 35.59
9.	CAMBA PRADA, Alexia		05	PABELLON OURENSE			4:38.12	-	B	
	50m:	30.28 30.28	150m:	1:38.46	34.90	250m:	2:50.12	36.21	350m:	4:02.70 36.39
	100m:	1:03.56 33.28	200m:	2:13.91	35.45	300m:	3:26.31	36.19	400m:	4:38.12 35.42
10.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO			4:43.75	-	B	
	50m:	32.47 32.47	150m:	1:43.05	35.46	250m:	2:55.22	35.96	350m:	4:08.08 36.38
	100m:	1:07.59 35.12	200m:	2:19.26	36.21	300m:	3:31.70	36.48	400m:	4:43.75 35.67
11.	SEOANE BAHILLO, Sara		00	RCN VIGO			4:43.87	-	B	
	50m:	32.38 32.38	150m:	1:43.40	36.04	250m:	2:55.58	36.22	350m:	4:09.16 36.59
	100m:	1:07.36 34.98	200m:	2:19.36	35.96	300m:	3:32.57	36.99	400m:	4:43.87 34.71
12.	PEREZ GARCIA-PICHER, Ana		98	C. N. GALAICO			4:43.98	-	B	
	50m:	33.04 33.04	150m:	1:43.40	35.52	250m:	2:54.62	35.68	350m:	4:07.62 36.58
	100m:	1:07.88 34.84	200m:	2:18.94	35.54	300m:	3:31.04	36.42	400m:	4:43.98 36.36
13.	RODRIGUEZ HUERTAS, Iria		99	C. FLUVIAL LUGO			4:44.62	4,00		
	50m:	32.10 32.10	150m:	1:43.05	35.48	250m:	2:55.34	36.14	350m:	4:08.69 36.78
	100m:	1:07.57 35.47	200m:	2:19.20	36.15	300m:	3:31.91	36.57	400m:	4:44.62 35.93
14.	VAZQUEZ LIZ, Mireia		08	C. N. PORTAMIÑA			4:46.29	-		
	50m:	31.99 31.99	150m:	1:42.83	36.08	250m:	2:56.16	36.75	350m:	4:10.41 37.11
	100m:	1:06.75 34.76	200m:	2:19.41	36.58	300m:	3:33.30	37.14	400m:	4:46.29 35.88
15.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO			4:48.34	-		
	50m:	32.83 32.83	150m:	1:44.30	36.21	250m:	2:57.79	37.03	350m:	4:48.53 1:13.32
	100m:	1:08.09 35.26	200m:	2:20.76	36.46	300m:	3:35.21	37.42	400m:	4:48.34

Prueba 3, Fem., 400m Libre, Prelim, Absoluto Femenino

Clasificación	AN				Tempo	ABSO
16. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO			4:50.13	3,00
50m: 33.39 33.39	150m: 1:45.91	36.46	250m: 2:59.44	36.88	350m: 4:13.98	37.25
100m: 1:09.45 36.06	200m: 2:22.56	36.65	300m: 3:36.73	37.29	400m: 4:50.13	36.15
17. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS			4:55.26	-
50m: 32.75 32.75	150m: 1:44.34	36.60	250m: 3:00.28	38.40	350m: 4:17.98	38.60
100m: 1:07.74 34.99	200m: 2:21.88	37.54	300m: 3:39.38	39.10	400m: 4:55.26	37.28
18. FERNANDEZ AGUION, Sara	07	C. N. CORUÑA			4:55.72	-
50m: 34.10 34.10	150m: 1:49.63	38.22	250m: 3:04.63	37.34	350m: 4:19.22	37.15
100m: 1:11.41 37.31	200m: 2:27.29	37.66	300m: 3:42.07	37.44	400m: 4:55.72	36.50
19. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO			5:09.09	-
50m: 34.20 34.20	150m: 1:50.60	38.92	250m: 3:09.95	39.84	350m: 4:29.97	39.82
100m: 1:11.68 37.48	200m: 2:30.11	39.51	300m: 3:50.15	40.20	400m: 5:09.09	39.12
20. SANTIAGO DE LA CASA, Laura	99	C. N. ARZUA			5:12.07	-
50m: 34.28 34.28	150m: 1:49.94	38.56	250m: 3:09.97	40.46	350m: 4:31.95	40.69
100m: 1:11.38 37.10	200m: 2:29.51	39.57	300m: 3:51.26	41.29	400m: 5:12.07	40.12
Baja enf. CARRON MUIÑA, Carla	05	C. N. PONTEAREAS			-	-

Prueba 4
25/11/2022

Masc., 400m Libre

Absoluto Masculino
Resultados Final

RG	3:50.73	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/12/2010
RC	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008

Clasificación

AN

Tiempo

ABSO

Final A

1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	4:00.63	19,00					
	50m: 27.13 27.13	150m: 1:26.86	29.93	250m: 2:28.20	30.96	350m: 3:30.59	30.90			
	100m: 56.93 29.80	200m: 1:57.24	30.38	300m: 2:59.69	31.49	400m: 4:00.63	30.04			
2.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:03.66	16,00					
	50m: 27.42 27.42	150m: 1:27.34	30.15	250m: 2:28.51	30.69	350m: 3:31.86	31.89			
	100m: 57.19 29.77	200m: 1:57.82	30.48	300m: 2:59.97	31.46	400m: 4:03.66	31.80			
3.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	4:06.45	14,00					
	50m: 28.35 28.35	150m: 1:29.79	31.05	250m: 2:32.90	31.91	350m: 3:35.57	31.12			
	100m: 58.74 30.39	200m: 2:00.99	31.20	300m: 3:04.45	31.55	400m: 4:06.45	30.88			
4.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	4:08.36	13,00					
	50m: 28.10 28.10	150m: 1:30.18	31.34	250m: 2:33.30	31.60	350m: 3:37.13	31.84			
	100m: 58.84 30.74	200m: 2:01.70	31.52	300m: 3:05.29	31.99	400m: 4:08.36	31.23			
5.	MANEIROS PAZ, Mario	06	C. N. FERROL	4:09.44	12,00					
	50m: 28.02 28.02	150m: 1:29.57	31.62	250m: 2:33.20	32.05	350m: 3:38.05	32.59			
	100m: 57.95 29.93	200m: 2:01.15	31.58	300m: 3:05.46	32.26	400m: 4:09.44	31.39			
6.	FERNANDEZ NIETO, Cristian	92	C. N. GALAICO	4:13.99	11,00					
	50m: 28.87 28.87	150m: 1:32.17	31.81	250m: 2:37.04	32.31	350m: 3:42.42	32.68			
	100m: 1:00.36 31.49	200m: 2:04.73	32.56	300m: 3:09.74	32.70	400m: 4:13.99	31.57			

Final B

7.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	4:13.94	10,00					
	50m: 27.79 27.79	150m: 1:31.56	32.25	250m: 2:37.26	32.51	350m: 3:43.13	32.53			
	100m: 59.31 31.52	200m: 2:04.75	33.19	300m: 3:10.60	33.34	400m: 4:13.94	30.81			
8.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	4:14.40	9,00					
	50m: 28.26 28.26	150m: 1:32.25	32.66	250m: 2:37.27	32.41	350m: 3:43.00	33.00			
	100m: 59.59 31.33	200m: 2:04.86	32.61	300m: 3:10.00	32.73	400m: 4:14.40	31.40			
9.	MASSÓ ROIG, Martín	07	VIGO RIAS BAIXAS	4:14.65	8,00					
	50m: 29.19 29.19	150m: 1:32.81	32.31	250m: 2:38.17	32.68	350m: 3:43.43	32.75			
	100m: 1:00.50 31.31	200m: 2:05.49	32.68	300m: 3:10.68	32.51	400m: 4:14.65	31.22			
10.	QUIROGA RAMOS, Noel	00	PABELLON OURENSE	4:14.70	7,00					
	50m: 29.40 29.40	150m: 1:33.35	32.30	250m: 2:38.37	32.45	350m: 3:43.44	32.62			
	100m: 1:01.05 31.65	200m: 2:05.92	32.57	300m: 3:10.82	32.45	400m: 4:14.70	31.26			
11.	POMBO LOPEZ, Sergio	91	C. FLUVIAL LUGO	4:17.77	6,00					
	50m: 29.42 29.42	150m: 1:33.53	32.25	250m: 2:39.24	32.82	350m: 3:45.28	32.99			
	100m: 1:01.28 31.86	200m: 2:06.42	32.89	300m: 3:12.29	33.05	400m: 4:17.77	32.49			
12.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	4:18.43	5,00					
	50m: 29.11 29.11	150m: 1:33.57	32.49	250m: 2:39.61	33.19	350m: 3:46.16	33.32			
	100m: 1:01.08 31.97	200m: 2:06.42	32.85	300m: 3:12.84	33.23	400m: 4:18.43	32.27			

Prueba 4
25/11/2022 - 10:37

Masc., 400m Libre

Absoluto Masculino
Resultados Prelim

RG	3:50.73	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	02/12/2010
RC	3:50.95	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	27/12/2008

Clasificación			AN				Tempo	ABSO		
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO			3:59.36	-	A	
	50m:	27.40 27.40	150m:	1:26.32	29.79	250m:	2:26.85	30.39	350m:	3:28.89 31.14
	100m:	56.53 29.13	200m:	1:56.46	30.14	300m:	2:57.75	30.90	400m:	3:59.36 30.47
2.	CIVEIRA CORRAL, Raul		02	PABELLON OURENSE			4:08.72	-	A	
	50m:	27.84 27.84	150m:	1:27.73	30.28	250m:	2:31.28	32.02	350m:	4:08.72 57.53
	100m:	57.45 29.61	200m:	1:59.26	31.53	300m:	3:11.19	39.91	400m:	4:08.72
3.	PARDO PERNAS, Martin		02	C. FLUVIAL LUGO			4:09.31	-	A	
	50m:	28.70 28.70	150m:	1:30.63	31.14	250m:	2:32.90	31.18	350m:	3:37.06 32.49
	100m:	59.49 30.79	200m:	2:01.72	31.09	300m:	3:04.57	31.67	400m:	4:09.31 32.25
4.	SANLÉS DIESTE, Hugo		04	S. DEP. BOIRO			4:10.94	-	A	
	50m:	28.74 28.74	150m:	1:30.94	31.06	250m:	2:34.17	31.79	350m:	3:38.44 32.28
	100m:	59.88 31.14	200m:	2:02.38	31.44	300m:	3:06.16	31.99	400m:	4:10.94 32.50
5.	MANEIROS PAZ, Mario		06	C. N. FERROL			4:14.67	-	A	
	50m:	28.24 28.24	150m:	1:30.93	31.86	250m:	2:35.96	32.73	350m:	3:41.94 33.09
	100m:	59.07 30.83	200m:	2:03.23	32.30	300m:	3:08.85	32.89	400m:	4:14.67 32.73
6.	FERNANDEZ NIETO, Cristian		92	C. N. GALAICO			4:15.00	-	A	
	50m:	30.06 30.06	150m:	1:34.13	32.07	250m:	2:38.73	32.14	350m:	3:43.42 32.30
	100m:	1:02.06 32.00	200m:	2:06.59	32.46	300m:	3:11.12	32.39	400m:	4:15.00 31.58
7.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA			4:15.30	-	B	
	50m:	28.38 28.38	150m:	1:32.23	32.46	250m:	2:37.84	32.45	350m:	3:43.89 32.92
	100m:	59.77 31.39	200m:	2:05.39	33.16	300m:	3:10.97	33.13	400m:	4:15.30 31.41
8.	MASSÓ ROIG, Martín		07	VIGO RIAS BAIXAS			4:16.68	-	B	
	50m:	29.70 29.70	150m:	1:34.89	32.98	250m:	2:39.39	32.48	350m:	3:44.85 32.52
	100m:	1:01.91 32.21	200m:	2:06.91	32.02	300m:	3:12.33	32.94	400m:	4:16.68 31.83
9.	FRAGA SAL, Alexandre		06	C. N. PORTAMIÑA			4:17.48	-	B	
	50m:	28.51 28.51	150m:	1:32.67	32.65	250m:	2:39.36	32.99	350m:	3:46.07 33.09
	100m:	1:00.02 31.51	200m:	2:06.37	33.70	300m:	3:12.98	33.62	400m:	4:17.48 31.41
10.	QUIROGA RAMOS, Noel		00	PABELLON OURENSE			4:17.55	-	B	
	50m:	28.48 28.48	150m:	1:31.91	31.99	250m:	2:37.41	32.89	350m:	3:44.22 33.64
	100m:	59.92 31.44	200m:	2:04.52	32.61	300m:	3:10.58	33.17	400m:	4:17.55 33.33
11.	ALONSO VIDAL, Teo		07	VIGO RIAS BAIXAS			4:18.06	-	B	
	50m:	30.29 30.29	150m:	1:35.58	32.44	250m:	2:40.72	32.61	350m:	3:46.71 32.91
	100m:	1:03.14 32.85	200m:	2:08.11	32.53	300m:	3:13.80	33.08	400m:	4:18.06 31.35
12.	POMBO LOPEZ, Sergio		91	C. FLUVIAL LUGO			4:18.22	-	B	
	50m:	30.38 30.38	150m:	1:35.22	32.37	250m:	2:40.79	32.63	350m:	3:46.67 32.99
	100m:	1:02.85 32.47	200m:	2:08.16	32.94	300m:	3:13.68	32.89	400m:	4:18.22 31.55
13.	MARTINEZ MARTINEZ, Marcos		03	C. N. PONTEAREAS			4:18.33	4,00		
	50m:	28.61 28.61	150m:	1:32.53	32.25	250m:	2:38.30	32.71	350m:	3:45.06 33.51
	100m:	1:00.28 31.67	200m:	2:05.59	33.06	300m:	3:11.55	33.25	400m:	4:18.33 33.27
14.	PEDRE SALIDO, Julio		03	C. N. FERROL			4:18.67	3,00		
	50m:	28.84 28.84	150m:	1:32.24	32.29	250m:	2:38.06	32.76	350m:	3:43.82 32.40
	100m:	59.95 31.11	200m:	2:05.30	33.06	300m:	3:11.42	33.36	400m:	4:18.67 34.85
15.	INFESTAS CARAZO, Samuel		03	RCN VIGO			4:20.65	2,00		
	50m:	28.80 28.80	150m:	1:31.32	32.02	250m:	2:38.14	33.55	350m:	3:46.82 33.92
	100m:	59.30 30.50	200m:	2:04.59	33.27	300m:	3:12.90	34.76	400m:	4:20.65 33.83

Prueba 4, Masc., 400m Libre, Prelim, Absoluto Masculino

Clasificación	AN				Tempo	ABSO					
16. LEVCHENKO, Nikita	08				C. N. ARZUA	4:21.09	1,00				
50m:	28.94	28.94	150m:	1:34.46	33.11	250m:	2:41.58	33.53	350m:	3:49.01	33.84
100m:	1:01.35	32.41	200m:	2:08.05	33.59	300m:	3:15.17	33.59	400m:	4:21.09	32.08
17. TIMIRAOS FERNANDEZ, Marcos	05				C. N. PORTAMIÑA	4:21.15	-				
50m:	28.94	28.94	150m:	1:33.91	32.70	250m:	2:41.37	33.70	350m:	3:48.87	33.74
100m:	1:01.21	32.27	200m:	2:07.67	33.76	300m:	3:15.13	33.76	400m:	4:21.15	32.28
18. GOMEZ LIMIA, Pablo	06				C. N. CORUÑA	4:21.94	-				
50m:	28.78	28.78	150m:	1:33.87	32.64	250m:	2:41.10	33.28	350m:	3:48.46	34.04
100m:	1:01.23	32.45	200m:	2:07.82	33.95	300m:	3:14.42	33.32	400m:	4:21.94	33.48
19. GARCÍA AFONSO, Alexis	07				C. N. FERROL	4:22.42	-				
50m:	29.41	29.41	150m:	1:34.30	32.62	250m:	2:41.12	33.73	350m:	3:49.22	34.26
100m:	1:01.68	32.27	200m:	2:07.39	33.09	300m:	3:14.96	33.84	400m:	4:22.42	33.20
20. PEREZ PAZ, Dario	05				C. N. PONTEAREAS	4:22.99	-				
50m:	29.63	29.63	150m:	1:35.54	33.35	250m:	2:42.76	33.76	350m:	3:50.36	33.63
100m:	1:02.19	32.56	200m:	2:09.00	33.46	300m:	3:16.73	33.97	400m:	4:22.99	32.63
21. PEREZ GARCIA, Iker	07				C. N. GALAICO	4:23.11	-				
50m:	29.32	29.32	150m:	1:35.33	33.57	250m:	2:42.64	33.63	350m:	3:50.63	33.66
100m:	1:01.76	32.44	200m:	2:09.01	33.68	300m:	3:16.97	34.33	400m:	4:23.11	32.48
22. BARROS DA SILVA, Pedro	07				C. N. GALAICO	4:25.93	-				
50m:	30.31	30.31	150m:	1:36.77	33.94	250m:	2:44.65	34.15	350m:	3:52.59	33.86
100m:	1:02.83	32.52	200m:	2:10.50	33.73	300m:	3:18.73	34.08	400m:	4:25.93	33.34
23. CUBEIRO ROSENDE, Xoel	07				C. N. LICEO	4:27.97	-				
50m:	29.28	29.28	150m:	1:36.95	34.19	250m:	2:45.38	34.44	350m:	3:54.01	34.33
100m:	1:02.76	33.48	200m:	2:10.94	33.99	300m:	3:19.68	34.30	400m:	4:27.97	33.96
24. SOBRINO BUJIA, Mateo	06				C. N. Culleredo	4:29.00	-				
50m:	28.08	28.08	150m:	1:33.67	33.56	250m:	2:42.16	34.71	350m:	3:54.16	36.17
100m:	1:00.11	32.03	200m:	2:07.45	33.78	300m:	3:17.99	35.83	400m:	4:29.00	34.84
25. MENDEZ GARCIA, Xoan	06				C. N. PORTAMIÑA	4:29.55	-				
50m:	29.53	29.53	150m:	1:36.24	34.06	250m:	2:45.40	34.55	350m:	3:55.74	35.22
100m:	1:02.18	32.65	200m:	2:10.85	34.61	300m:	3:20.52	35.12	400m:	4:29.55	33.81
26. ALVAREZ REPARAZ, Alejandro	04				C. N. GALAICO	4:41.99	-				
50m:	30.44	30.44	150m:	1:39.11	35.15	250m:	2:51.47	36.44	350m:	4:05.84	37.26
100m:	1:03.96	33.52	200m:	2:15.03	35.92	300m:	3:28.58	37.11	400m:	4:41.99	36.15

Prueba 5
25/11/2022

Fem., 50m Braza

Absoluto Femenino
Resultados Final

RG	31.58	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	19/04/2009
RC	32.33	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación	AN		Tiempo	ABSO	
Final A					
1.	07	C. N. PORTAMIÑA	33.50	19,00	
2.	06	A. D. FOGAR	34.07	16,00	
3.	02	RCN VIGO	34.89	14,00	
4.	91	C. FLUVIAL LUGO	34.94	13,00	
5.	06	C. N. ARZUA	34.96	12,00	
6.	04	C. N. CORUÑA	35.48	11,00	
Final B					
7.	10	C. N. MONFORTE	35.08	10,00	MMG
8.	08	C. N. MOS	35.57	9,00	
9.	05	C. N. GALAICO	36.08	8,00	
10.	05	PABELLON OURENSE	36.13	7,00	
11.	04	A. DEP. NT. NARON	36.27	6,00	
12.	05	C. N. FERROL	36.76	5,00	

Prueba 5
25/11/2022 - 11:03

Fem., 50m Braza

Absoluto Femenino
Resultados Prelim

RG	31.58	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	19/04/2009
RC	32.33	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación	AN		Tiempo	ABSO		
1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	33.76	-	A
2.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	34.10	-	A
3.	FRANCO CAL, Alba	91	C. FLUVIAL LUGO	34.84	-	A
4.	RUA COSTOYA, Andrea	06	C. N. ARZUA	35.18	-	A
5.	CONS GESTIDO, Henar Diana	02	RCN VIGO	35.26	-	A
6.	VAZQUEZ SANCHEZ, Sara	04	C. N. CORUÑA	35.37	-	A
7.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	35.44	-	B MMG
8.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	35.57	-	B
9.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	35.84	-	B
10.	CAMPOS TATO, Uxia	05	PABELLON OURENSE	36.10	-	B
11.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	36.34	-	B
12.	LEIVAS ROCA, Candela	05	C. N. FERROL	36.55	-	B
13.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	36.65	4,00	
14.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	36.72	3,00	
15.	FREIRE PERNAS, Irene	07	C. N. CEDEIRA	36.77	2,00	
16.	MARTÍNEZ JUSTO, Penélope	93	C. N. ARTEIXO	36.80	1,00	
17.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	36.91	-	
18.	GONZALEZ COVELO, Uxia	06	C. N. PONTEAREAS	37.25	-	
19.	HERNAEZ GONZALEZ, Paula	08	C. N. Culleredo	37.65	-	
20.	CANO ROSALES, Laura	04	C. N. GALAICO	37.67	-	
21.	NOGUERAS PORTO, Sara	08	C. FLUVIAL LUGO	37.87	-	
22.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	37.96	-	
23.	HERRERO DOMINGUEZ, Eva	00	C. N. FERROL	38.29	-	
24.	CASTRO DIAZ, Iria	03	C. N. PORTAMIÑA	39.15	-	
Baja enf.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL		-	

Prueba 6
25/11/2022

Masc., 50m Braza

Absoluto Masculino
Resultados Final

RG	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación AN Tiempo ABSO

Final A

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	28.91	19,00
2.	VERDES COLLAZO, Manuel	00	A. D. FOGAR	29.34	16,00
3.	SUAREZ MATO, Yoel	04	A. D. FOGAR	29.38	14,00
4.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	29.50	13,00
5.	LOPEZ FRANCO, Martin	01	C. N. RIVEIRA	29.74	12,00
6.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	29.79	11,00

MMG

Final B

7.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	31.04	10,00
8.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	31.17	9,00
9.	DOPICO REY, Anton	97	C. N. FERROL	31.42	8,00
10.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	31.86	7,00
11.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	31.93	6,00
12.	VILA PEREIRA, Brais	03	C. N. PONTEAREAS	32.63	5,00

Prueba 6
25/11/2022 - 11:10

Masc., 50m Braza

Absoluto Masculino
Resultados Prelim

RG	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	28.04	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO
1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	28.90 - A
2.	SUAREZ MATO, Yoel	04	A. D. FOGAR	29.24 - A
3.	VERDES COLLAZO, Manuel	00	A. D. FOGAR	29.59 - A
4.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	29.76 - A
5.	LOPEZ FRANCO, Martin	01	C. N. RIVEIRA	29.85 - A
6.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	29.98 - A
7.	DOPICO REY, Anton	97	C. N. FERROL	30.97 - B
8.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	31.39 - B
9.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	31.87 - B
10.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	31.90 - B
11.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	31.92 - B
	VILA PEREIRA, Brais	03	C. N. PONTEAREAS	31.92 - B
13.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	31.93 4,00
14.	MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	31.95 3,00
15.	FERREIRO SALES, Leo	07	Sporting C. Casino	32.11 2,00
16.	GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE	32.32 1,00
17.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	32.57 -
18.	SANMARTIN HERNANDEZ, Bruno	05	C. N. FERROL	32.78 -
19.	ARES DIAZ, Francisco	89	C. FLUVIAL LUGO	33.10 -
20.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	33.24 -
21.	DIAZ GARCIA, Aaron	00	C. N. PANAS	33.38 -
DSQ	BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	-
	<i>Salida anticipada</i>			
Baja enf.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	-
Baja enf.	GONZALEZ GARCIA, David	00	PABELLON OURENSE	-
Baja enf.	REY RODRIGUEZ, Jose Ramon	94	C. N. ARZUA	-

Prueba 7
25/11/2022

Fem., 200m Estilos

Absoluto Femenino
Resultados Final

RG	2:10.93	, GOMEZ CORTES, BEATRIZ	GALAICO	01/12/2013
RC	2:12.89	, GOMEZ CORTES, BEATRIZ	GALAICO	19/12/2014

Clasificación	AN		Tiempo		ABSO	
Final A						
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:22.36	19,00	
	50m: 32.15 32.15	100m: 1:09.96	37.81 150m: 1:48.53	38.57	200m: 2:22.36	33.83
2.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:24.40	16,00	
	50m: 30.53 30.53	100m: 1:08.16	37.63 150m: 1:50.45	42.29	200m: 2:24.40	33.95
3.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:27.72	14,00	
	50m: 31.37 31.37	100m: 1:09.62	38.25 150m: 1:51.79	42.17	200m: 2:27.72	35.93
4.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:30.03	13,00	
	50m: 32.44 32.44	100m: 1:11.80	39.36 150m: 1:55.89	44.09	200m: 2:30.03	34.14
5.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:30.59	12,00	
	50m: 32.58 32.58	100m: 1:09.86	37.28 150m: 1:56.13	46.27	200m: 2:30.59	34.46
6.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:35.94	11,00	
	50m: 32.53 32.53	100m: 1:10.72	38.19 150m: 1:59.56	48.84	200m: 2:35.94	36.38
Final B						
7.	LOPEZ FRANCO, Maria	07	C. N. RIVEIRA	2:32.19	10,00	
	50m: 32.66 32.66	100m: 1:11.07	38.41 150m: 1:54.47	43.40	200m: 2:32.19	37.72
8.	CAMPOS TATO, Uxia	05	PABELLON OURENSE	2:34.70	9,00	
	50m: 33.50 33.50	100m: 1:15.80	42.30 150m: 1:59.95	44.15	200m: 2:34.70	34.75
9.	HERNANDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	2:35.87	8,00	
	50m: 32.55 32.55	100m: 1:13.92	41.37 150m: 1:59.32	45.40	200m: 2:35.87	36.55
10.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:38.73	-	
	50m: 33.71 33.71	100m: 1:14.79	41.08 150m: 2:03.01	48.22	200m: 2:38.73	35.72
11.	GONZALEZ COVELO, Uxia	06	C. N. PONTEAREAS	2:39.01	-	
	50m: 33.22 33.22	100m: 1:14.06	40.84 150m: 2:01.78	47.72	200m: 2:39.01	37.23
Baja enf.	SEOANE BAHILLO, Sara	00	RCN VIGO		7,00	

Prueba 7
25/11/2022 - 11:17

Fem., 200m Estilos

Absoluto Femenino
Resultados Prelim

RG	2:10.93	, GOMEZ CORTES, BEATRIZ	GALAICO	01/12/2013
RC	2:12.89	, GOMEZ CORTES, BEATRIZ	GALAICO	19/12/2014

Clasificación	AN			Tempo	ABSO	
1. RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:24.85	-	A	
50m: 30.74 30.74	100m: 1:08.87	38.13	150m: 1:50.51	41.64	200m: 2:24.85	34.34
2. MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:26.68	-	A	
50m: 33.04 33.04	100m: 1:12.12	39.08	150m: 1:51.88	39.76	200m: 2:26.68	34.80
3. FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:27.16	-	A	
50m: 31.34 31.34	100m: 1:09.48	38.14	150m: 1:51.66	42.18	200m: 2:27.16	35.50
4. FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:30.28	-	A	
50m: 32.58 32.58	100m: 1:11.74	39.16	150m: 1:55.63	43.89	200m: 2:30.28	34.65
5. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:30.95	-	A	
50m: 32.63 32.63	100m: 1:11.03	38.40	150m: 1:56.51	45.48	200m: 2:30.95	34.44
6. SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:31.17	-	A	
50m: 31.95 31.95	100m: 1:08.41	36.46	150m: 1:56.00	47.59	200m: 2:31.17	35.17
7. LOPEZ FRANCO, Maria	07	C. N. RIVEIRA	2:32.99	-	B	
50m: 32.98 32.98	100m: 1:11.89	38.91	150m: 1:55.05	43.16	200m: 2:32.99	37.94
8. CAMPOS TATO, Uxia	05	PABELLON OURENSE	2:37.28	-	B	
50m: 33.76 33.76	100m: 1:15.29	41.53	150m: 2:00.43	45.14	200m: 2:37.28	36.85
9. GONZALEZ COVELO, Uxia	06	C. N. PONTEAREAS	2:37.53	-	B	
50m: 33.19 33.19	100m: 1:13.40	40.21	150m: 2:00.23	46.83	200m: 2:37.53	37.30
10. DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:38.69	-	B	
50m: 33.70 33.70	100m: 1:13.87	40.17	150m: 2:01.81	47.94	200m: 2:38.69	36.88
11. HERNANDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	2:40.65	-	B	
50m: 33.44 33.44	100m: 1:17.17	43.73	150m: 2:03.14	45.97	200m: 2:40.65	37.51
12. SEOANE BAHILLO, Sara	00	RCN VIGO	2:44.18	-	B	
50m: 34.18 34.18	100m: 1:16.85	42.67	150m: 2:06.14	49.29	200m: 2:44.18	38.04

Prueba 8
25/11/2022

Masc., 200m Estilos

Absoluto Masculino
Resultados Final

RG	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019
RC	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019

Clasificación	AN	Tempo	ABSO
Final A			
1. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS 2:06.04	19,00
50m: 27.80 27.80	100m: 1:00.92	33.12 150m: 1:37.60	36.68 200m: 2:06.04 28.44
2. MOURE DOVAL, Jose	99	PABELLON OURENSE 2:07.01	16,00
50m: 27.41 27.41	100m: 59.80	32.39 150m: 1:37.83	38.03 200m: 2:07.01 29.18
3. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA 2:07.27	14,00
50m: 28.28 28.28	100m: 1:02.09	33.81 150m: 1:38.29	36.20 200m: 2:07.27 28.98
4. ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO 2:07.84	13,00
50m: 27.74 27.74	100m: 1:00.76	33.02 150m: 1:38.66	37.90 200m: 2:07.84 29.18
5. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA 2:14.76	12,00
50m: 29.05 29.05	100m: 1:04.15	35.10 150m: 1:43.18	39.03 200m: 2:14.76 31.58
DSQ SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	11,00
<i>Llegada irregular</i>			
Final B			
7. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS 2:14.64	10,00
50m: 28.94 28.94	100m: 1:04.47	35.53 150m: 1:42.77	38.30 200m: 2:14.64 31.87
8. CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE 2:14.83	9,00
50m: 29.35 29.35	100m: 1:04.07	34.72 150m: 1:44.44	40.37 200m: 2:14.83 30.39
9. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS 2:14.98	8,00
50m: 29.93 29.93	100m: 1:05.28	35.35 150m: 1:43.84	38.56 200m: 2:14.98 31.14
10. CONDE VARELA, David	05	C. N. MONFORTE 2:16.27	7,00
50m: 30.23 30.23	100m: 1:06.68	36.45 150m: 1:45.27	38.59 200m: 2:16.27 31.00
11. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO 2:17.36	6,00
50m: 29.76 29.76	100m: 1:06.80	37.04 150m: 1:45.09	38.29 200m: 2:17.36 32.27
12. LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE 2:20.09	-
50m: 30.22 30.22	100m: 1:05.21	34.99 150m: 1:47.48	42.27 200m: 2:20.09 32.61

Prueba 8
25/11/2022 - 11:24

Masc., 200m Estilos

Absoluto Masculino
Resultados Prelim

RG	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019
RC	2:00.52	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	28/12/2019

Clasificación		AN		Tiempo	ABSO	
1.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:07.11	-	A
	50m: 27.55 27.55	100m: 1:00.55	33.00 150m: 1:37.38	36.83	200m: 2:07.11	29.73
2.	MOURE DOVAL, Jose	99	PABELLON OURENSE	2:08.68	-	A
	50m: 27.05 27.05	100m: 59.67	32.62 150m: 1:38.41	38.74	200m: 2:08.68	30.27
3.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:08.84	-	A
	50m: 27.80 27.80	100m: 1:01.54	33.74 150m: 1:37.31	35.77	200m: 2:08.84	31.53
4.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:12.36	-	A
	50m: 27.26 27.26	100m: 1:01.16	33.90 150m: 1:40.35	39.19	200m: 2:12.36	32.01
5.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:13.40	-	A
	50m: 29.63 29.63	100m: 1:04.30	34.67 150m: 1:42.65	38.35	200m: 2:13.40	30.75
6.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:13.60	-	A
	50m: 28.66 28.66	100m: 1:03.54	34.88 150m: 1:42.30	38.76	200m: 2:13.60	31.30
7.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	2:15.43	-	B
	50m: 27.95 27.95	100m: 1:02.17	34.22 150m: 1:43.05	40.88	200m: 2:15.43	32.38
8.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:15.58	-	B
	50m: 28.90 28.90	100m: 1:04.98	36.08 150m: 1:43.01	38.03	200m: 2:15.58	32.57
9.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:16.83	-	B
	50m: 30.16 30.16	100m: 1:06.95	36.79 150m: 1:45.21	38.26	200m: 2:16.83	31.62
10.	CONDE VARELA, David	05	C. N. MONFORTE	2:17.39	-	B
	50m: 29.88 29.88	100m: 1:06.68	36.80 150m: 1:45.66	38.98	200m: 2:17.39	31.73
11.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:17.52	-	B
	50m: 29.61 29.61	100m: 1:06.63	37.02 150m: 1:45.59	38.96	200m: 2:17.52	31.93
12.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	2:18.37	-	B
	50m: 29.68 29.68	100m: 1:05.19	35.51 150m: 1:46.30	41.11	200m: 2:18.37	32.07
13.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:18.60	5,00	
	50m: 29.90 29.90	100m: 1:05.34	35.44 150m: 1:46.95	41.61	200m: 2:18.60	31.65
14.	TIMIRAOS FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	2:19.74	-	
	50m: 30.36 30.36	100m: 1:06.32	35.96 150m: 1:46.74	40.42	200m: 2:19.74	33.00
DSQ	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE		-	
	<i>Viraje irregular</i>					
Baja enf.	HERNANDEZ NIÑO, Juan David	99	C. N. GALAICO		-	
Baja enf.	MERZLYAKOV KOSTOMAROV, Mikhail	07	PABELLON OURENSE		-	

Prueba 9
25/11/2022

Fem., 100m Mariposa

Absoluto Femenino
Resultados Final

RG	1:00.85	, GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013
RC	1:00.85	, GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013

Clasificación			AN			Tiempo	ABSO
Final A							
1.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO		1:02.06	19,00
	50m:	28.87 28.87	100m:	1:02.06	33.19		
2.	SOLER LOMBA, Rosalía		00	RCN VIGO		1:03.87	16,00
	50m:	30.06 30.06	100m:	1:03.87	33.81		
3.	RODRÍGUEZ ALONSO, Julia		05	RCN VIGO		1:04.60	14,00
	50m:	30.58 30.58	100m:	1:04.60	34.02		
4.	LEMONS FERNANDEZ, Iria		06	C. N. PONTEAREAS		1:04.61	13,00
	50m:	30.24 30.24	100m:	1:04.61	34.37		
5.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		1:05.03	12,00
	50m:	30.61 30.61	100m:	1:05.03	34.42		
6.	FRANCO CAL, Alba		91	C. FLUVIAL LUGO		1:05.39	11,00
	50m:	30.33 30.33	100m:	1:05.39	35.06		
Final B							
7.	FEIJOO GOMEZ, Eva		04	PABELLON OURENSE		1:04.86	10,00
	50m:	30.55 30.55	100m:	1:04.86	34.31		
8.	ALCALDE MAHIA, Ariadna		04	C. N. CORUÑA		1:06.41	9,00
	50m:	30.88 30.88	100m:	1:06.41	35.53		
9.	CARBALLO GONZALEZ, Sofia		06	C. N. PONTEAREAS		1:08.13	8,00
	50m:	31.71 31.71	100m:	1:08.13	36.42		
10.	CHANS FANEGO, Paula		03	C. N. FERROL		1:08.22	7,00
	50m:	31.72 31.72	100m:	1:08.22	36.50		
11.	RODRIGUEZ RODRIGUEZ, Nina		02	VIGO RIAS BAIXAS		1:08.92	6,00
	50m:	31.54 31.54	100m:	1:08.92	37.38		
12.	IBÁÑEZ JIMENO, Andrea		06	C. N. RIVEIRA		1:09.17	5,00
	50m:	32.04 32.04	100m:	1:09.17	37.13		

Prueba 9
25/11/2022 - 11:34

Fem., 100m Mariposa

Absoluto Femenino
Resultados Prelim

RG	1:00.85	GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013
RC	1:00.85	GOMEZ CORTES, BEATRIZ	GALAICO	27/12/2013

Clasificación		AN		Tiempo	ABSO	
1.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:03.48	-	A
	50m: 30.16 30.16	100m: 1:03.48	33.32			
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	1:03.63	-	A
	50m: 29.35 29.35	100m: 1:03.63	34.28			
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:04.49	-	A
	50m: 30.26 30.26	100m: 1:04.49	34.23			
4.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	1:04.52	-	A
	50m: 30.43 30.43	100m: 1:04.52	34.09			
5.	FRANCO CAL, Alba	91	C. FLUVIAL LUGO	1:05.15	-	A
	50m: 30.40 30.40	100m: 1:05.15	34.75			
6.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:05.62	-	A
	50m: 30.88 30.88	100m: 1:05.62	34.74			
7.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	1:05.66	-	B
	50m: 30.78 30.78	100m: 1:05.66	34.88			
8.	ALCALDE MAHIA, Ariadna	04	C. N. CORUÑA	1:06.40	-	B
	50m: 30.97 30.97	100m: 1:06.40	35.43			
9.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:08.08	-	B
	50m: 31.37 31.37	100m: 1:08.08	36.71			
10.	CHANS FANEGO, Paula	03	C. N. FERROL	1:08.52	-	B
	50m: 31.97 31.97	100m: 1:08.52	36.55			
11.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	1:08.61	-	B
	50m: 32.02 32.02	100m: 1:08.61	36.59			
12.	IBAÑEZ JIMENO, Andrea	06	C. N. RIVEIRA	1:09.85	-	B
	50m: 31.92 31.92	100m: 1:09.85	37.93			
13.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:09.91	4,00	
	50m: 32.53 32.53	100m: 1:09.91	37.38			
14.	GARCIA ROZAS, Noelia	05	CIDADE SANTIAGO	1:11.40	3,00	
	50m: 32.76 32.76	100m: 1:11.40	38.64			
15.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	1:11.76	2,00	
	50m: 34.38 34.38	100m: 1:11.76	37.38			
16.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	1:11.91	1,00	
	50m: 33.58 33.58	100m: 1:11.91	38.33			
17.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:12.18	-	
	50m: 33.49 33.49	100m: 1:12.18	38.69			
18.	MARTINEZ ZABALA, Sunai	07	PABELLON OURENSE	1:12.61	-	
	50m: 34.54 34.54	100m: 1:12.61	38.07			
19.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	1:12.76	-	
	50m: 33.92 33.92	100m: 1:12.76	38.84			
	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:12.76	-	
	50m: 32.44 32.44	100m: 1:12.76	40.32			
21.	GONZALEZ COVELO, Iria	04	C. N. PONTEAREAS	1:13.52	-	
	50m: 33.16 33.16	100m: 1:13.52	40.36			

Prueba 9, Fem., 100m Mariposa, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo	ABSO
22. PEDREIRA GALEGO, Xiana 50m: 33.80 33.80 100m: 1:13.53	06	A. D. FOGAR 39.73	1:13.53	-
23. VAZQUEZ SANCHEZ, Sara 50m: 33.55 33.55 100m: 1:13.74	04	C. N. CORUÑA 40.19	1:13.74	-
24. DIAZ DOPICO, Sabela 50m: 33.44 33.44 100m: 1:13.92	02	C. N. FERROL 40.48	1:13.92	-
25. SUAREZ DOSIL, Claudia 50m: 34.06 34.06 100m: 1:14.53	07	C. N. ARTEIXO 40.47	1:14.53	-
26. DOSIL REY, Lucia 50m: 34.38 34.38 100m: 1:15.54	03	CIDADE SANTIAGO 41.16	1:15.54	-
DSQ BALADO PENA, Celtia <i>Viraje irregular</i>	07	C. MARINA FERROL		-
Baja enf. PEREIRA FERY, Marta	01	C. MARINA FERROL		-
Baja enf. CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL		-
Baja enf. GARCIA SILVA, Antia	98	C. N. GALAICO		-

Prueba 10
25/11/2022

Masc., 100m Mariposa

Absoluto Masculino
Resultados Final

RG	52.37	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2015
RC	52.37	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2015

Clasificación			AN			Tiempo	ABSO
Final A							
1.	VAZQUEZ LOPEZ, Martin		03	C. N. PORTAMIÑA	54.66	19,00	
	50m: 25.06 25.06	100m: 54.66		29.60			
2.	GARCIA GARAY, Marcos		01	C. N. PANAS	56.77	16,00	
	50m: 26.64 26.64	100m: 56.77		30.13			
3.	LOSADA JIMÉNEZ, Sergio		04	C. N. FERROL	57.22	14,00	
	50m: 26.75 26.75	100m: 57.22		30.47			
4.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	57.72	13,00	
	50m: 26.32 26.32	100m: 57.72		31.40			
5.	SANCHEZ VAZQUEZ, Antonio		04	C. N. PORTAMIÑA	58.88	12,00	
	50m: 27.27 27.27	100m: 58.88		31.61			
6.	REY PITA, Simon		04	A. D. FOGAR	59.87	11,00	
	50m: 27.85 27.85	100m: 59.87		32.02			
Final B							
7.	TABEIRA OLASCOAGA, Tadeo		07	C. N. FERROL	59.45	10,00	
	50m: 28.12 28.12	100m: 59.45		31.33			
8.	PEREZ TIERRA, Ismael		02	RCN VIGO	59.66	9,00	
	50m: 27.57 27.57	100m: 59.66		32.09			
9.	DEL RIO REGUEIRA, Marcos		93	C. N. ARTEIXO	1:00.19	8,00	
	50m: 28.06 28.06	100m: 1:00.19		32.13			
10.	RODRIGUEZ DOMINGUEZ, Fco. Javier		04	C. N. PONTEAREAS	1:00.43	7,00	
	50m: 28.21 28.21	100m: 1:00.43		32.22			
11.	LOBELLE GONZALEZ, Ivan		89	C. FLUVIAL LUGO	1:00.86	6,00	
	50m: 27.74 27.74	100m: 1:00.86		33.12			
12.	ACEVEDO MENDEZ, Gabriel		06	C. N. PONTEAREAS	1:01.66	5,00	
	50m: 28.67 28.67	100m: 1:01.66		32.99			

Prueba 10
25/11/2022 - 11:45

Masc., 100m Mariposa

Absoluto Masculino
Resultados Prelim

RG	52.37	GARCIA SOTO, MARCOS	CNFERRO	28/12/2015
RC	52.37	GARCIA SOTO, MARCOS	CNFERRO	28/12/2015

Clasificación		AN		Tiempo	ABSO	
1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	57.20	-	A
	50m: 26.65 26.65	100m: 57.20	30.55			
2.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	57.55	-	A
	50m: 26.10 26.10	100m: 57.55	31.45			
3.	GARCIA GARAY, Marcos	01	C. N. PANAS	58.29	-	A
	50m: 27.49 27.49	100m: 58.29	30.80			
4.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	58.68	-	A
	50m: 27.49 27.49	100m: 58.68	31.19			
5.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	59.55	-	A
	50m: 27.87 27.87	100m: 59.55	31.68			
6.	REY PITA, Simon	04	A. D. FOGAR	59.57	-	A
	50m: 27.89 27.89	100m: 59.57	31.68			
7.	PEREZ TIERRA, Ismael	02	RCN VIGO	59.96	-	B
	50m: 27.68 27.68	100m: 59.96	32.28			
8.	TABEIRA OLASCOAGA, Tadeo	07	C. N. FERROL	59.97	-	B
	50m: 27.87 27.87	100m: 59.97	32.10			
	RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	59.97	-	B
	50m: 28.29 28.29	100m: 59.97	31.68			
10.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	1:00.53	-	B
	50m: 27.88 27.88	100m: 1:00.53	32.65			
11.	LOBELLE GONZALEZ, Ivan	89	C. FLUVIAL LUGO	1:00.75	-	B
	50m: 27.43 27.43	100m: 1:00.75	33.32			
12.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	1:00.80	-	B
	50m: 28.19 28.19	100m: 1:00.80	32.61			
13.	BRAVO CONDE, Cristian	00	C. N. PANAS	1:00.82	4,00	
	50m: 28.27 28.27	100m: 1:00.82	32.55			
14.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	1:00.96	3,00	
	50m: 28.65 28.65	100m: 1:00.96	32.31			
15.	DIAZ COUCE, Ruben	06	C. N. FERROL	1:01.21	-	
	50m: 28.35 28.35	100m: 1:01.21	32.86			
16.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	1:01.85	2,00	
	50m: 28.74 28.74	100m: 1:01.85	33.11			
17.	ARENAS FRANCO, Jose Antonio	04	PABELLON OURENSE	1:01.91	1,00	
	50m: 28.58 28.58	100m: 1:01.91	33.33			
18.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:02.00	-	
	50m: 29.09 29.09	100m: 1:02.00	32.91			
19.	UCHA NIETO, Jacobo	97	C. N. GALAICO	1:02.32	-	
	50m: 28.90 28.90	100m: 1:02.32	33.42			
20.	ABELENDA PEREZ, Miguel Angel	04	A. D. FOGAR	1:02.55	-	
	50m: 29.03 29.03	100m: 1:02.55	33.52			
21.	SOBRINO BUJIA, Mateo	06	C. N. Culleredo	1:02.58	-	
	50m: 28.94 28.94	100m: 1:02.58	33.64			

Prueba 10, Masc., 100m Mariposa, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO
22.	REY DE BARROS, Bruno	01	C. N. GALAICO	1:03.62	-
	50m: 29.74 29.74	100m: 1:03.62	33.88		
23.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	1:03.92	-
	50m: 29.39 29.39	100m: 1:03.92	34.53		
24.	REY SANCHEZ - TEMBLEQUE, Juan	07	C. DEL MAR	1:04.10	-
	50m: 29.88 29.88	100m: 1:04.10	34.22		
25.	POMBO LOPEZ, Sergio	91	C. FLUVIAL LUGO	1:04.91	-
	50m: 30.42 30.42	100m: 1:04.91	34.49		
DSQ	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO		-
	<i>Viraje irregular</i>				
DSQ	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO		-
	<i>Viraje irregular</i>				

Prueba 11
25/11/2022

Fem., 200m Espalda

Absoluto Femenino
Resultados Final

RG	2:11.35	CERNADAS GONZALEZ, Ana	00398	FRIGSA P25 - Elec.	25/11/2022
RC	2:11.35	CERNADAS GONZALEZ, Ana	00398	FRIGSA P25 - Elec.	25/11/2022

Clasificación			AN			Tiempo	ABSO		
Final A									
1.	CERNADAS GONZALEZ, Ana		04	C. FLUVIAL LUGO		2:10.70	26,00	RG	
	50m:	30.98 30.98	100m:	1:03.13	32.15 150m:	1:36.84	33.71	200m:	2:10.70 33.86
2.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		2:15.56	16,00		
	50m:	31.77 31.77	100m:	1:05.77	34.00 150m:	1:40.88	35.11	200m:	2:15.56 34.68
3.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		2:23.00	14,00		
	50m:	34.18 34.18	100m:	1:10.19	36.01 150m:	1:46.52	36.33	200m:	2:23.00 36.48
4.	BORRAZAS RODRIGUEZ, Noa		08	Sporting C. Casino		2:23.60	13,00		
	50m:	34.03 34.03	100m:	1:10.45	36.42 150m:	1:47.38	36.93	200m:	2:23.60 36.22
5.	SÁNCHEZ BELLO, Eva		07	C. N. ARTEIXO		2:25.67	12,00		
	50m:	34.67 34.67	100m:	1:11.44	36.77 150m:	1:48.82	37.38	200m:	2:25.67 36.85
6.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		2:28.90	11,00		
	50m:	33.83 33.83	100m:	1:11.47	37.64 150m:	1:50.59	39.12	200m:	2:28.90 38.31
Final B									
7.	EIJO GIL, Naiara		06	C. N. PONTEAREAS		2:25.10	10,00		
	50m:	33.67 33.67	100m:	1:10.25	36.58 150m:	1:47.43	37.18	200m:	2:25.10 37.67
8.	PEREZ GARCIA-PICHER, Ana		98	C. N. GALAICO		2:26.47	9,00		
	50m:	35.20 35.20	100m:	1:12.13	36.93 150m:	1:49.11	36.98	200m:	2:26.47 37.36
9.	BORGE JUSTE, Ines		06	C. N. PONTEAREAS		2:28.91	8,00		
	50m:	34.10 34.10	100m:	1:11.26	37.16 150m:	1:50.07	38.81	200m:	2:28.91 38.84
10.	LOPEZ-FREIRE FRANCIA, Celia		10	C. N. PORTAMIÑA		2:29.69	7,00		
	50m:	34.78 34.78	100m:	1:12.47	37.69 150m:	1:51.44	38.97	200m:	2:29.69 38.25
11.	VAZQUEZ LIZ, Mireia		08	C. N. PORTAMIÑA		2:29.82	-		
	50m:	35.57 35.57	100m:	1:13.12	37.55 150m:	1:51.85	38.73	200m:	2:29.82 37.97
12.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		2:32.82	6,00		
	50m:	35.50 35.50	100m:	1:14.01	38.51 150m:	1:53.75	39.74	200m:	2:32.82 39.07

Prueba 11
25/11/2022 - 11:55

Fem., 200m Espalda

Absoluto Femenino
Resultados Prelim

RG	2:11.69	CERNADAS GONZALEZ ANA	CFVLUGO	27/11/2021
RC	2:12.60	GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2013

Clasificación				AN				Tempo	ABSO			
1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	2:11.35	-	A RG						
	50m: 31.22 31.22	100m: 1:03.81	32.59	150m: 1:37.56	33.75	200m: 2:11.35	33.79					
2.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	2:18.32	-	A						
	50m: 32.66 32.66	100m: 1:07.43	34.77	150m: 1:43.03	35.60	200m: 2:18.32	35.29					
3.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:24.89	-	A						
	50m: 34.29 34.29	100m: 1:10.19	35.90	150m: 1:47.56	37.37	200m: 2:24.89	37.33					
4.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:25.28	-	A						
	50m: 34.51 34.51	100m: 1:11.46	36.95	150m: 1:49.05	37.59	200m: 2:25.28	36.23					
5.	BORRAZAS RODRIGUEZ, Noa	08	Sporting C. Casino	2:25.80	-	A						
	50m: 33.72 33.72	100m: 1:11.27	37.55	150m: 1:49.04	37.77	200m: 2:25.80	36.76					
6.	CAMBA PRADA, Alexia	05	PABELLON OURENSE	2:26.88	-	A						
	50m: 34.59 34.59	100m: 1:12.19	37.60	150m: 1:50.11	37.92	200m: 2:26.88	36.77					
7.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	2:27.59	-	B						
	50m: 34.31 34.31	100m: 1:10.76	36.45	150m: 1:49.04	38.28	200m: 2:27.59	38.55					
8.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	2:27.66	-	B						
	50m: 34.28 34.28	100m: 1:11.31	37.03	150m: 1:48.82	37.51	200m: 2:27.66	38.84					
9.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	2:28.55	-	B						
	50m: 35.35 35.35	100m: 1:12.73	37.38	150m: 1:51.40	38.67	200m: 2:28.55	37.15					
10.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	2:29.93	-	B						
	50m: 35.07 35.07	100m: 1:12.35	37.28	150m: 1:51.10	38.75	200m: 2:29.93	38.83					
11.	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	2:30.23	-	B						
	50m: 35.54 35.54	100m: 1:13.01	37.47	150m: 1:51.92	38.91	200m: 2:30.23	38.31					
12.	PEREZ GARCIA-PICHER, Ana	98	C. N. GALAICO	2:30.56	-	B						
	50m: 36.45 36.45	100m: 1:13.70	37.25	150m: 1:52.29	38.59	200m: 2:30.56	38.27					
13.	SÁNCHEZ GRANDAL, Lucía	04	C. N. CEDEIRA	2:31.14	5,00							
	50m: 34.95 34.95	100m: 1:13.10	38.15	150m: 1:53.25	40.15	200m: 2:31.14	37.89					
14.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:31.60	4,00							
	50m: 35.64 35.64	100m: 1:13.86	38.22	150m: 1:52.71	38.85	200m: 2:31.60	38.89					
15.	GONZALEZ GONZALEZ, Iara	09	VIGO RIAS BAIXAS	2:32.82	3,00							
	50m: 34.48 34.48	100m: 1:13.08	38.60	150m: 1:53.33	40.25	200m: 2:32.82	39.49					
16.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	2:32.90	2,00							
	50m: 35.94 35.94	100m: 1:14.38	38.44	150m: 1:54.34	39.96	200m: 2:32.90	38.56					
17.	NOGUERAS PORTO, Sara	08	C. FLUVIAL LUGO	2:32.94	1,00							
	50m: 36.13 36.13	100m: 1:15.27	39.14	150m: 1:54.24	38.97	200m: 2:32.94	38.70					
18.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	2:33.59	-							
	50m: 35.31 35.31	100m: 1:12.79	37.48	150m: 1:53.04	40.25	200m: 2:33.59	40.55					
19.	IBAÑEZ JIMENO, Andrea	06	C. N. RIVEIRA	2:34.52	-							
	50m: 35.17 35.17	100m: 1:13.08	37.91	150m: 1:53.38	40.30	200m: 2:34.52	41.14					
20.	MARTINEZ OTERO, Eva	08	C. N. MOS	2:34.76	-							
	50m: 36.24 36.24	100m: 1:15.83	39.59	150m: 1:56.21	40.38	200m: 2:34.76	38.55					
21.	GIL GARNACHO, Carlota	09	Sporting C. Casino	2:37.45	-							
	50m: 36.67 36.67	100m: 1:16.68	40.01	150m: 1:57.71	41.03	200m: 2:37.45	39.74					

Prueba 11, Fem., 200m Espalda, Prelim, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO
22. DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:37.68	-	
50m: 36.43 36.43 100m: 1:16.58	40.15	150m: 1:57.79	41.21	200m: 2:37.68	39.89
23. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	2:38.99	-	
50m: 37.08 37.08 100m: 1:17.75	40.67	150m: 1:58.72	40.97	200m: 2:38.99	40.27
24. PIÑEIRO FERNANDEZ, Antia	08	VIGO RIAS BAIXAS	2:42.44	-	
50m: 38.04 38.04 100m: 1:19.01	40.97	150m: 2:01.38	42.37	200m: 2:42.44	41.06

Prueba 12
25/11/2022

Masc., 200m Espalda

Absoluto Masculino
Resultados Final

RG	1:55.19	, REGUEIRA SUAREZ, RUFINO	RIVEIRA	29/11/2009
RC	1:58.81	, CAMPOS VARELA, SERGIO	NCORUÑA	30/12/2016

Clasificación

AN

Tiempo ABSO

Final A

1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:03.97	19,00	MMG
	50m: 29.20 29.20	100m: 1:00.79	31.59	150m: 1:32.76	31.97	200m: 2:03.97 31.21
2.	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	2:06.14	16,00	
	50m: 29.74 29.74	100m: 1:02.17	32.43	150m: 1:34.46	32.29	200m: 2:06.14 31.68
3.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	2:07.34	14,00	
	50m: 29.45 29.45	100m: 1:01.84	32.39	150m: 1:34.58	32.74	200m: 2:07.34 32.76
4.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	2:07.56	13,00	
	50m: 30.60 30.60	100m: 1:02.44	31.84	150m: 1:35.37	32.93	200m: 2:07.56 32.19
5.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:08.62	12,00	
	50m: 30.27 30.27	100m: 1:03.12	32.85	150m: 1:36.25	33.13	200m: 2:08.62 32.37
6.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	2:08.66	11,00	
	50m: 30.51 30.51	100m: 1:02.79	32.28	150m: 1:35.90	33.11	200m: 2:08.66 32.76

Final B

7.	SUAREZ MARTINEZ, Diego	08	Sporting C. Casino	2:08.41	10,00	MMG
	50m: 29.97 29.97	100m: 1:02.63	32.66	150m: 1:35.81	33.18	200m: 2:08.41 32.60
8.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	2:11.26	9,00	
	50m: 31.69 31.69	100m: 1:05.23	33.54	150m: 1:38.23	33.00	200m: 2:11.26 33.03
9.	QUIROGA RAMOS, Noel	00	PABELLON OURENSE	2:11.96	8,00	
	50m: 32.25 32.25	100m: 1:06.06	33.81	150m: 1:39.60	33.54	200m: 2:11.96 32.36
10.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:12.04	7,00	
	50m: 31.98 31.98	100m: 1:05.60	33.62	150m: 1:39.27	33.67	200m: 2:12.04 32.77
11.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	2:15.62	-	
	50m: 31.20 31.20	100m: 1:05.67	34.47	150m: 1:41.07	35.40	200m: 2:15.62 34.55
12.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	2:20.36	-	
	50m: 32.76 32.76	100m: 1:07.74	34.98	150m: 1:44.23	36.49	200m: 2:20.36 36.13

Prueba 12
25/11/2022 - 12:10

Masc., 200m Espalda

Absoluto Masculino
Resultados Prelim

RG	1:55.19	REGUEIRA SUAREZ, RUFINO	RIVEIRA	29/11/2009
RC	1:58.81	CAMPOS VARELA, SERGIO	NCORUÑA	30/12/2016

Clasificación			AN			Tiempo	ABSO		
1.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	2:05.07	-	A MMG			
	50m: 29.54 29.54	100m: 1:01.39	31.85	150m: 1:33.29	31.90	200m: 2:05.07	31.78		
2.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	2:06.88	-	A			
	50m: 29.33 29.33	100m: 1:01.21	31.88	150m: 1:33.66	32.45	200m: 2:06.88	33.22		
3.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	2:07.42	-	A			
	50m: 30.17 30.17	100m: 1:01.91	31.74	150m: 1:34.96	33.05	200m: 2:07.42	32.46		
4.	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	2:08.21	-	A			
	50m: 29.62 29.62	100m: 1:01.71	32.09	150m: 1:34.55	32.84	200m: 2:08.21	33.66		
5.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	2:08.60	-	A			
	50m: 30.93 30.93	100m: 1:03.47	32.54	150m: 1:36.79	33.32	200m: 2:08.60	31.81		
6.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:08.70	-	A			
	50m: 30.33 30.33	100m: 1:03.12	32.79	150m: 1:36.82	33.70	200m: 2:08.70	31.88		
7.	SUAREZ MARTINEZ, Diego	08	Sporting C. Casino	2:11.16	-	B			
	50m: 30.99 30.99	100m: 1:03.92	32.93	150m: 1:37.80	33.88	200m: 2:11.16	33.36		
8.	QUIROGA RAMOS, Noel	00	PABELLON OURENSE	2:12.32	-	B			
	50m: 32.46 32.46	100m: 1:06.08	33.62	150m: 1:39.74	33.66	200m: 2:12.32	32.58		
9.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:12.72	-	B			
	50m: 32.30 32.30	100m: 1:06.30	34.00	150m: 1:39.91	33.61	200m: 2:12.72	32.81		
10.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	2:13.55	-	B			
	50m: 30.78 30.78	100m: 1:03.15	32.37	150m: 1:37.55	34.40	200m: 2:13.55	36.00		
11.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	2:15.57	-	B			
	50m: 32.00 32.00	100m: 1:05.97	33.97	150m: 1:41.12	35.15	200m: 2:15.57	34.45		
12.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	2:16.64	-	B			
	50m: 32.55 32.55	100m: 1:06.78	34.23	150m: 1:42.50	35.72	200m: 2:16.64	34.14		
13.	SIMON COTELO, Manuel	01	C. N. PANAS	2:17.67	6,00				
	50m: 32.40 32.40	100m: 1:07.36	34.96	150m: 1:42.79	35.43	200m: 2:17.67	34.88		
14.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	2:18.17	5,00				
	50m: 32.59 32.59	100m: 1:07.22	34.63	150m: 1:42.61	35.39	200m: 2:18.17	35.56		
15.	FERNANDEZ NIETO, Cristian	92	C. N. GALAICO	2:18.40	4,00				
	50m: 33.60 33.60	100m: 1:07.92	34.32	150m: 1:43.17	35.25	200m: 2:18.40	35.23		
16.	NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	2:18.71	3,00				
	50m: 32.36 32.36	100m: 1:06.44	34.08	150m: 1:42.01	35.57	200m: 2:18.71	36.70		
17.	DEVESA LOPEZ, Jonathan	06	C. N. PORTAMIÑA	2:18.86	-				
	50m: 32.52 32.52	100m: 1:06.80	34.28	150m: 1:42.57	35.77	200m: 2:18.86	36.29		
18.	PASTORIZA SANTA CLARA, Jorge	97	VIGO RIAS BAIXAS	2:20.68	2,00				
	50m: 33.13 33.13	100m: 1:07.57	34.44	150m: 1:43.53	35.96	200m: 2:20.68	37.15		
19.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:22.52	-				
	50m: 32.58 32.58	100m: 1:08.12	35.54	150m: 1:45.24	37.12	200m: 2:22.52	37.28		
20.	DIAZ COUCE, Ruben	06	C. N. FERROL	2:22.68	-				
	50m: 33.78 33.78	100m: 1:09.87	36.09	150m: 1:47.02	37.15	200m: 2:22.68	35.66		
21.	GUITIAN LOPEZ, Xabier	05	A. D. FOGAR	2:22.69	-				
	50m: 34.23 34.23	100m: 1:10.23	36.00	150m: 1:46.60	36.37	200m: 2:22.69	36.09		

Prueba 12, Masc., 200m Espalda, Prelim, Absoluto Masculino

Clasificación	AN	Equipo	Tiempo	ABSO
22. PAZ RODRIGUEZ, Aritz	06	PABELLON OURENSE	2:22.83	-
50m: 33.28 33.28	100m: 1:09.20	35.92	150m: 1:46.81	37.61
200m: 2:22.83	36.02			
23. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	2:23.95	-
50m: 33.02 33.02	100m: 1:09.44	36.42	150m: 1:47.12	37.68
200m: 2:23.95	36.83			
24. SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	2:25.05	-
50m: 32.36 32.36	100m: 1:08.50	36.14	150m: 1:46.42	37.92
200m: 2:25.05	38.63			
Baja enf. LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL	-	-
Baja enf. MERZLYAKOV KOSTOMAROV, Mikhaí	07	PABELLON OURENSE	-	-

Prueba 13
25/11/2022 - 12:30

Fem., 4 x 50m Estilos

Absoluto Femenino
Resultados

RG	1:57.13	NCORUÑA	NCORUÑA	18/04/2009
RC	1:59.20	NCORUÑA	NCORUÑA	28/12/2012

Clasificación

Tiempo ABSO

Clasificación	Tiempo	ABSO	MMG
1. C. N. PONTEAREAS 1 EIJO GIL, Naiara 06 LEMONS FERNANDEZ, Iria 06	C. N. PONTEAREAS 2:01.44 31.05 FARO MARTINEZ, Carla 03 32.97 BORGE JUSTE, Ines 06	38,00	29.36 28.06
2. RCN VIGO 1 SOLER LOMBA, Rosalía 00 CONS GESTIDO, Henar Diana 02	RCN VIGO 2:02.38 30.76 RODRÍGUEZ ALONSO, Julia 05 34.35 CONS GESTIDO, Victoria Anna 05	32,00	29.48 27.79
3. C. N. GALAICO 1 BOUZAS PEDREIRA, Alicia 05 FERNANDEZ PRIETO, Nayara 05	C. N. GALAICO 2:02.62 31.50 GARCIA SILVA, Antia 98 35.17 FARIÑA MARTINEZ, Paula 07	28,00	27.35 28.60
4. C. FLUVIAL LUGO 1 CERNADAS GONZALEZ, Ana 04 FRANCO CAL, Alba 91	C. FLUVIAL LUGO 2:03.23 29.79 SOILAN FERNANDEZ, Raquel 01 34.62 RODRIGUEZ HUERTAS, Iria 99	26,00	30.93 27.89
5. C. N. PORTAMIÑA 1 LOPEZ-FREIRE FRANCIA, Carmen 07 MOURENZA ROCHA, Sofia 07	C. N. PORTAMIÑA 2:03.65 33.23 MOURENZA ROCHA, Ines 07 33.63 CANDO SANTOS, Raquel 03	24,00	29.02 27.77
6. C. N. ARTEIXO 1 SÁNCHEZ BELLO, Eva 07 MARTÍNEZ JUSTO, Penélope 93	C. N. ARTEIXO 2:04.82 32.05 GÓMEZ MESÍAS, Alba 00 36.23 VEIGA SOUTO, Ana 98	22,00	28.25 28.29
7. PABELLON OURENSE 1 CAMBA PRADA, Alexia 05 CAMPOS TATO, Uxia 05	PABELLON OURENSE 2:05.09 32.00 CARRIL GONZALEZ, Eva 02 35.55 FEIJOO GOMEZ, Eva 04	20,00	31.25 26.29
8. C. N. FERROL 1 VILLARNOVO PAZOS, Lucia 08 LEIVAS ROCA, Candela 05	C. N. FERROL 2:06.47 32.23 CHANS FANEGO, Paula 03 36.46 LOPEZ SANMARTIN, Nerea 96	18,00	30.47 27.31
9. VIGO RIAS BAIXAS 1 BLANCO ROUCO, Carmen 06 GONZALEZ GONZALEZ, Iara 09	VIGO RIAS BAIXAS 2:06.99 31.62 RODRIGUEZ RODRIGUEZ, Nina 02 37.69 ALVAREZ PAZOS, Maria 07	16,00	30.49 27.19
10. C. N. MOS 1 MARTINEZ OTERO, Eva 08 PEREIRO RODRIGUEZ, Carolina 08	C. N. MOS 2:08.78 32.24 HERMIDA ALONSO, Antia 08 35.11 SALGUEIRIÑO ALVAREZ, Noa 08	14,00	31.43 30.00
11. C. N. CORUÑA 1 CANALDA RAMOS, Laura 09 VAZQUEZ SANCHEZ, Sara 04	C. N. CORUÑA 2:09.89 33.11 ALCALDE MAHIA, Ariadna 04 35.94 ROMERO LOURES, Lucia 04	12,00	30.03 30.81
12. A. D. FOGAR 1 SUAREZ KITAHORI, Nana S. 05 JIMENEZ COPPA, Carla M. 06	A. D. FOGAR 2:10.58 32.58 ROMANELLI LONGO, Lucia 06 35.79 BOTANA PEDREIRA, Lola 06	10,00	32.65 29.56
13. C. N. ARZUA 1 SANMIGUEL TABOADA, Iris 02 RUA COSTOYA, Andrea 06	C. N. ARZUA 2:12.23 32.50 SANTIAGO DE LA CASA, Laura 99 34.62 PEREIRO FREIRE, Lorena 02	8,00	33.50 31.61
14. CIDADE SANTIAGO 1 SUAREZ RIPOLL, Lia 07 CORTIÑAS LAIÑO, Carla 95	CIDADE SANTIAGO 2:14.99 33.75 DOSIL REY, Lucia 03 38.38 GARCIA ROZAS, Noelia 05	6,00	33.50 29.36
DSQ Sporting C. Casino 1 <i>Nado irregular 2 posta</i> BORRAZAS RODRIGUEZ, Noa 08 CABANAS DEL RIO, Carla 09	Sporting C. Casino 31.19 GIL GARNACHO, Carlota 09 COUCEIRO BARREIRO, Marta 07	-	

Prueba 13, Fem., 4 x 50m Estilos, Absoluto Femenino

Clasificación		Tiempo	ABSO
Baja enf.	A. DEP. NT. NARON 1	A. DEP. NT. NARON	-
Baja enf.	C. MARINA FERROL 1	C. MARINA FERROL	-

Prueba 14
25/11/2022 - 12:45

Masc., 4 x 50m Estilos

Absoluto Masculino
Resultados

RG	1:41.65	ARZUA	ARZUA	28/12/2019
RC	1:41.65	ARZUA	ARZUA	28/12/2019

Clasificación

Tiempo ABSO

Clasificación	Tiempo	ABSO	MMG
1. C. N. ARZUA 1 PEREIRO CARRIL, Oscar 91 REY RODRIGUEZ, Jose Ramon 94	C. N. ARZUA 25.54 GARCIA SOTO, Marcos 88 29.14 SEGADÉ MARINO, Raul 00	1:42.14 38,00	23.62 23.84
2. C. N. PORTAMIÑA 1 VAZQUEZ LOPEZ, Martin 03 NOVO LOPEZ, Brais 03	C. N. PORTAMIÑA 25.39 BALBOA BLANCO, Ivan 94 28.25 RODRIGUEZ SANCOSMED, Pablo 03	1:42.96 32,00	25.87 23.45
3. A. D. FOGAR 1 ABELEIRA ALVAREZ, Carlos 02 SUAREZ MATO, Yoel 04	A. D. FOGAR 26.73 VERDES COLLAZO, Manuel 00 28.90 GALAN VICENTE, Pablo 02	1:44.60 28,00	25.54 23.43
4. PABELLON OURENSE 1 QUIROGA RAMOS, Yago 05 CIVEIRA CORRAL, Samuel 02	PABELLON OURENSE 27.45 MOURE DOVAL, Jose 99 30.71 CIVEIRA CORRAL, Raul 02	1:47.34 26,00	25.67 23.51
5. C. FLUVIAL LUGO 1 ALVAREZ FERNANDEZ, Borja 96 GOMEZ TOJO, Ander 05	C. FLUVIAL LUGO 27.67 MARTINEZ SUAREZ, Diego 99 30.96 LOBELLE GONZALEZ, Ivan 89	1:47.75 24,00	25.78 23.34
6. C. N. FERROL 1 NAVARRO LOSADA, Sergi 07 SEJO BERMUDEZ, Daniel 04	C. N. FERROL 26.83 LOSADA JIMÉNEZ, Sergio 04 30.55 RAMOS PEREZ, Nicolas Anton 06	1:48.26 22,00	MMG 26.05 24.83
7. C. N. ARTEIXO 1 VARELA PASANDÍN, Manuel 06 GÓMEZ MESÍAS, Miguel Ángel 03	C. N. ARTEIXO 28.96 DEL RIO REGUEIRA, Ruben 93 28.94 DEL RIO REGUEIRA, Marcos 93	1:49.13 20,00	26.57 24.66
8. C. N. MONFORTE 1 ARIAS FRANCO, Odei 06 CONDE VARELA, David 05	C. N. MONFORTE 28.07 PONTON RODRIGUEZ, Juan 02 31.85 PONTON RODRIGUEZ, Javier 05	1:49.64 18,00	26.27 23.45
9. C. N. PANAS 1 ARES BARRAL, Anton 00 DIAZ GARCIA, Aaron 00	C. N. PANAS 27.90 GARCIA GARAY, Marcos 01 32.76 GARCIA MORENO, Jorge 00	1:50.58 16,00	26.05 23.87
10. RCN VIGO 1 PEREZ TIERRA, Ismael 02 DOMÍNGUEZ FERNÁNDEZ, Pablo 01	RCN VIGO 27.78 CIDRÁS PÉREZ, Fabián 05 30.76 INFESTAS CARAZO, Samuel 03	1:51.82 14,00	27.52 25.76
11. C. N. PONTEAREAS 1 GONZALEZ ESTEVEZ, Yoel 07 FARO MARTINEZ, Yoel 07	C. N. PONTEAREAS 28.88 RODRIGUEZ DOMINGUEZ, Fco. Jav04 31.61 PINO LORENZO, Brais 01	1:52.74 12,00	27.86 24.39
12. CIDADE SANTIAGO 1 SUAREZ RIPOLL, Xian 03 PARCERO AREOSO, Xoel 07	CIDADE SANTIAGO 30.73 ORECHIA, Agustín 06 31.24 MEIJIDE GIADAS, Diego 00	1:55.11 10,00	27.56 25.58
13. VIGO RIAS BAIXAS 1 PIÑEIRO RODRIGUEZ, Samuel 07 PASTORIZA SANTA CLARA, Jorge97	VIGO RIAS BAIXAS 30.93 MENDEZ PUGA, Mario 03 33.66 ALONSO VIDAL, Teo 07	1:57.16 8,00	26.53 26.04
DSQ C. N. GALAICO 1 <i>Llegada irregular</i> SANCHEZ LOUZAN, Daniel, VAZQUEZ FERNANDEZ, Nicolas, UCHA NIETO, Jacobo, BOUZAS PEDREIRA, Tomas	C. N. GALAICO	-	

Prueba 15
25/11/2022 - 19:30

Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

RG	8:11.00	GALAICO		GALAICO	28/12/2016
RC	8:11.00	GALAICO		GALAICO	28/12/2016

Clasificación

				Tempo	ABSO	
1.	C. N. PONTEAREAS 1		C. N. PONTEAREAS	8:35.60	38,00	
	ORTIZ DE GUINEA BASTON, Alba	97	29.77	32.69	34.33	33.76
	CARRON MUIÑA, Carla	05	57.56	32.17	33.33	
	CARBALLO GONZALEZ, Sofia	06		32.60	34.01	33.97
	LEMOS FERNANDEZ, Iria	06	28.00	32.34	35.35	35.66
						2:10.55
2.	C. N. ARTEIXO 1		C. N. ARTEIXO	8:39.54	32,00	
	SÁNCHEZ BELLO, Eva	07	30.50	33.27	33.92	33.45
	GÓMEZ MESÍAS, Alba	00	27.85	30.43	31.60	31.18
	ALVITE BERGARA, Nerea	99	31.79	34.27	35.10	34.60
	VEIGA SOUTO, Ana	98	30.22	33.41	33.70	34.25
						2:11.14
						2:01.06
						2:15.76
						2:11.58
3.	C. N. PORTAMIÑA 1		C. N. PORTAMIÑA	8:43.07	28,00	
	MOURENZA ROCHA, Ines	07	29.97	32.59	33.36	32.40
	CANDO SANTOS, Raquel	03	28.84	32.36	33.64	33.56
	MOURENZA ROCHA, Sofia	07	29.91	32.77	33.31	33.21
	SANTAS VAZQUEZ, Laura	09	30.66	34.89	36.12	35.48
						2:08.32
						2:08.40
						2:09.20
						2:17.15
4.	C. FLUVIAL LUGO 1		C. FLUVIAL LUGO	8:43.77	26,00	
	FRANCO CAL, Alba	91	30.43	32.99	33.70	33.87
	BUSTO LOPEZ, Ana	04	30.41	35.48	35.03	33.50
	CERNADAS GONZALEZ, Ana	04	28.76	30.66	31.75	31.79
	RODRIGUEZ HUERTAS, Iria	99	30.19	33.94	35.58	35.69
						2:10.99
						2:14.42
						2:02.96
						2:15.40
5.	C. N. GALAICO 1		C. N. GALAICO	8:52.15	24,00	
	BOUZAS PEDREIRA, Alicia	05	30.21	32.77	32.89	31.61
	BARROS DA SILVA, Sofia	09	30.15	33.45	34.38	34.64
	PEREZ GARCIA-PICHER, Ana	98	31.94	34.24	35.19	34.96
	FARIÑA MARTINEZ, Paula	07	31.30	34.95	35.50	33.97
						2:07.48
						2:12.62
						2:16.33
						2:15.72
6.	RCN VIGO 1		RCN VIGO	8:53.68	22,00	
	CONS GESTIDO, Henar Diana	02	30.50	34.06	35.84	36.27
	MARTÍNEZ NOVOA, Ángela	04	29.69	34.04	35.16	35.14
	SEOANE BAHILLO, Sara	00	30.56	34.40	35.71	35.12
	RODRÍGUEZ ALONSO, Julia	05	29.43	32.71	32.94	32.11
						2:16.67
						2:14.03
						2:15.79
						2:07.19
7.	VIGO RIAS BAIXAS 1		VIGO RIAS BAIXAS	8:56.45	20,00	
	GONZALEZ GONZALEZ, Iara	09	30.98	34.11	35.78	34.28
	BLANCO ROUCO, Carmen	06	30.10	33.36	33.71	32.93
	RODRIGUEZ RODRIGUEZ, Nina	02	31.56	35.14	35.63	36.26
	ALVAREZ PAZOS, Maria	07	29.47	33.08	34.79	35.27
						2:15.15
						2:10.10
						2:18.59
						2:12.61
8.	C. N. FERROL 1		C. N. FERROL	8:56.92	18,00	
	VILLARNOVO PAZOS, Lucia	08	30.23	32.97	33.82	34.01
	CHANS FANEGO, Paula	03	31.50	34.69	36.06	35.43
	SEGOVIA CARBALLO, Paula	00	30.70	34.58	36.01	36.37
	PARDO CHAS, Eva	04	29.84	33.31	33.72	33.68
						2:11.03
						2:17.68
						2:17.66
						2:10.55
9.	PABELLON OURENSE 1		PABELLON OURENSE	9:02.63	16,00	
	CAMBA PRADA, Alexia	05	30.55	33.63	35.30	34.65
	MENDEZ BERNARDEZ, Arianna	04	32.42	36.30	37.64	38.01
	ESTEVEZ CRESPO, Aldara	04	30.57	34.79	35.81	35.57
	FEIJOO GOMEZ, Eva	04	28.58	32.82	33.20	32.79
						2:14.13
						2:24.37
						2:16.74
						2:07.39
10.	C. N. CORUÑA 1		C. N. CORUÑA	9:16.33	14,00	
	FERNANDEZ AGUION, Sara	07	31.00	34.37	37.08	37.06
	CANALDA RAMOS, Laura	09	30.71	33.82	35.15	35.92
	VAZQUEZ SANCHEZ, Sara	04	32.43	36.22	38.63	39.97
	ALCALDE MAHIA, Ariadna	04	29.78	33.43	35.10	35.66
						2:19.51
						2:15.60
						2:27.25
						2:13.97

Prueba 15, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación				Tiempo	ABSO	
11.	A. D. FOGAR 1		A. D. FOGAR	9:22.56	12,00	
	SUAREZ KITAHORI, Nana S.	05	30.34	33.50	34.45	35.10
	BOTANA PEDREIRA, Lola	06	32.46	35.63	36.50	35.81
	REY PITA, Clara	07	32.07	35.49	37.12	37.19
	PEDREIRA GALEGO, Xiana	06	31.67	37.75	39.70	37.78
						2:13.39
						2:20.40
						2:21.87
						2:26.90

Prueba 16
25/11/2022 - 19:50

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

RG	7:31.38	POURENSE	POURENSE	16/12/2005
RC	7:35.50	CNFERRO	CNFERRO	28/12/2008

Clasificación

Tiempo ABSO

Clasificación	Equipo	Nombre	Edad	1ª	2ª	3ª	4ª	Tiempo	ABSO
1.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA		7:40.28	38,00				
	NOVO LOPEZ, Brais		03	25.79	28.38	29.98	29.77	1:53.92	
	RODRIGUEZ SANCOSMED, Pablo		03	25.29	28.71	30.09	31.02	1:55.11	
	VAZQUEZ LOPEZ, Martin		03	25.21	29.19	29.15	28.33	1:51.88	
	VAZQUEZ LIZ, Alejandro		03	26.90	30.34	31.42	30.71	1:59.37	
2.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO		7:40.36	32,00				
	TEJEIRO PRADO, Xoel		06	26.50	30.11	30.30	31.12	1:58.03	
	PARDO PERNAS, Martin		02	26.42	28.80	28.87	29.65	1:53.74	
	ALVAREZ FERNANDEZ, Borja		96	25.36	29.06	30.19	31.22	1:55.83	
	GOMEZ TOJO, Ander		05	25.39	29.03	29.52	28.82	1:52.76	
3.	PABELLON OURENSE 1	PABELLON OURENSE		7:49.99	28,00				
	QUIROGA RAMOS, Yago		05	27.02	29.67	31.21	30.88	1:58.78	
	CIVEIRA CORRAL, Raul		02	25.85	29.76	30.36	29.44	1:55.41	
	QUIROGA RAMOS, Noel		00	27.41	30.51	31.79	31.54	2:01.25	
	MOURE DOVAL, Jose		99	24.85	27.90	30.51	31.29	1:54.55	
4.	C. N. PANAS 1	C. N. PANAS		7:50.12	26,00				
	GARCIA GARAY, Marcos		01	27.49	30.24	30.88	30.75	1:59.36	
	SIMON COTELO, Manuel		01	26.88	30.52	32.06	32.19	2:01.65	
	ARES BARRAL, Anton		00	26.21	29.41	30.10	30.83	1:56.55	
	GARCIA MORENO, Jorge		00	25.26	28.85	29.24	29.21	1:52.56	
5.	C. N. ARTEIXO 1	C. N. ARTEIXO		7:54.50	24,00				
	GARCÍA CASTRO, Mateo		05	26.70	28.31	29.32	29.50	1:53.83	
	GÓMEZ MESÍAS, Miguel Ángel		03	26.23	30.15	31.20	31.74	1:59.32	
	DEL RIO REGUEIRA, Marcos		93	26.69	29.58	30.65	30.45	1:57.37	
	VARELA PASANDÍN, Alejandro		06	28.55	32.14	31.98	31.31	2:03.98	
6.	C. N. FERROL 1	C. N. FERROL		7:56.38	22,00				
	RAMOS PEREZ, Nicolas Anton		06	26.89	30.12	30.92	30.91	1:58.84	
	MANEIROS PAZ, Mario		06	27.18	29.94	31.71	32.02	2:00.85	
	TABEIRA OLASCOAGA, Tadeo		07	27.31	30.16	31.34	30.70	1:59.51	
	NAVARRO LOSADA, Sergi		07	27.06	29.63	30.57	29.92	1:57.18	
7.	C. N. GALAICO 1	C. N. GALAICO		7:56.43	20,00				
	JUNCAL MOREIRA, Pablo		01	27.04	30.17	31.61	31.39	2:00.21	
	FERNANDEZ NIETO, Cristian		92	27.99	30.70	31.34	30.54	2:00.57	
	SANCHEZ LOUZAN, Daniel		98	26.05	30.10	30.02	29.04	1:55.21	
	REY DE BARROS, Bruno		01	27.25	30.98	31.36	30.85	2:00.44	
8.	VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS		7:57.37	18,00				
	PASTORIZA SANTACLARA, Jorge		97	28.44	30.43	31.59	31.47	2:01.93	
	MASSÓ ROIG, Martín		07	28.02	30.65	31.38	31.24	2:01.29	
	ALONSO VIDAL, Teo		07	28.20	30.97	31.29	31.64	2:02.10	
	MENDEZ PUGA, Mario		03	25.81	28.20	28.89	29.15	1:52.05	
9.	C. N. PONTEAREAS 1	C. N. PONTEAREAS		8:05.63	16,00				
	MARTINEZ MARTINEZ, Marcos		03	27.58	30.16	31.52	31.45	2:00.71	
	COSTA FERNANDEZ, Lucas		98	26.78	30.10	31.42	30.76	1:59.06	
	FARO MARTINEZ, Yoel		07	27.45	30.62	31.33	32.49	2:01.89	
	CARRERA COSTAS, Martin		96	27.73	30.58	32.60	33.06	2:03.97	
10.	A. D. FOGAR 1	A. D. FOGAR		8:06.22	14,00				
	GALAN VICENTE, Pablo		02	27.16	29.88	31.22	32.41	2:00.67	
	VERDES COLLAZO, Manuel		00	27.05	30.37	31.16	30.55	1:59.13	
	ABELENDA PEREZ, Miguel Angel		04	28.07	30.87	31.99	31.62	2:02.55	
	SUAREZ MATO, Yoel		04	27.13	31.24	32.61	32.89	2:03.87	

Prueba 16, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación					Tiempo	ABSO	
11.	RCN VIGO 1		RCN VIGO		8:29.05	12,00	
	INFESTAS CARAZO, Samuel	03	28.25	30.38	33.03	33.55	2:05.21
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	26.87	30.62	32.97	35.85	2:06.31
	CIDRÁS PÉREZ, Fabián	05	28.01	32.26	33.78	33.90	2:07.95
	PEREZ TIERRA, Ismael	02	28.05	33.41	34.63	33.49	2:09.58

Prueba 17
26/11/2022

Masc., 50m Mariposa

Absoluto Masculino
Resultados Final

RG	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO
Final A				
1.	88	GARCIA SOTO, Marcos	24.32	19,00
2.	99	MARTINEZ SUAREZ, Diego	25.35	16,00
3.	00	GONZALEZ GARCIA, David	25.86	14,00
4.	02	PEREZ TIERRA, Ismael	25.97	13,00
5.	04	LOSADA JIMÉNEZ, Sergio	25.98	12,00
6.	01	GARCIA GARAY, Marcos	26.02	11,00
Final B				
7.	96	ALVAREZ FERNANDEZ, Borja	26.27	10,00
8.	04	SANCHEZ VAZQUEZ, Antonio	26.30	9,00
9.	04	REY PITA, Simon	26.55	8,00
10.	97	UCHA NIETO, Jacobo	26.68	7,00
DSQ	00	BRAVO CONDE, Cristian <i>Salida anticipada</i>		6,00
Baja enf.	99	MOURE DOVAL, Jose		5,00

Prueba 17
26/11/2022 - 9:30

Masc., 50m Mariposa

Absoluto Masculino
Resultados Prelim

RG	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015
RC	23.31	, GARCIA SOTO, MARCOS	CNFERRO	30/12/2015

Clasificación	AN		Tiempo	ABSO	
1.	88	C. N. ARZUA	24.26	-	A
2.	04	C. N. FERROL	25.84	-	A
3.	99	C. FLUVIAL LUGO	25.96	-	A
4.	00	PABELLON OURENSE	25.99	-	A
5.	02	RCN VIGO	26.02	-	A
6.	01	C. N. PANAS	26.14	-	A
7.	96	C. FLUVIAL LUGO	26.22	-	B
8.	97	C. N. GALAICO	26.53	-	B
9.	04	C. N. PORTAMIÑA	26.56	-	B
10.	00	C. N. PANAS	26.63	-	B
11.	04	A. D. FOGAR	26.78	-	B
12.	99	PABELLON OURENSE	26.80	-	B
13.	02	A. D. FOGAR	26.90	4,00	
14.	04	C. N. PONTEAREAS	26.99	3,00	
15.	94	C. N. PORTAMIÑA	27.07	2,00	
16.	99	C. N. FERROL	27.09	1,00	
17.	01	C. N. GALAICO	27.12	-	
	98	C. N. PONTEAREAS	27.12	-	
19.	07	C. N. FERROL	27.17	-	
20.	93	C. N. ARTEIXO	27.23	-	
21.	06	C. N. PONTEAREAS	27.50	-	
22.	06	C. N. ARTEIXO	27.58	-	
23.	98	C. N. PANAS	27.81	-	
24.	04	PABELLON OURENSE	28.13	-	
25.	05	A. D. FOGAR	28.45	-	
26.	03	C. N. PONTEAREAS	28.55	-	

Prueba 18
26/11/2022

Fem., 50m Mariposa

Absoluto Femenino
Resultados Final

RG	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RC	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación	AN		Tiempo	ABSO
Final A				
1.		GÓMEZ MESÍAS, Alba	28.02	19,00
2.		GARCIA SILVA, Antia	28.36	16,00
3.		FRANCO CAL, Alba	28.85	14,00
4.		LEMONS FERNANDEZ, Iria	28.98	13,00
5.		RODRIGUEZ RODRIGUEZ, Nina	29.29	12,00
6.		SOLER LOMBA, Rosalía	29.36	11,00
Final B				
7.		ALCALDE MAHIA, Ariadna	30.21	10,00
8.		CHANS FANEGO, Paula	30.25	9,00
9.		BALADO PENA, Celtia	30.70	8,00
10.		SOILAN FERNANDEZ, Raquel	30.71	7,00
11.		GARCIA ROZAS, Noelia	30.86	6,00
12.		CARRIL GONZALEZ, Eva	31.06	5,00

Prueba 18
26/11/2022 - 9:36

Fem., 50m Mariposa

Absoluto Femenino
Resultados Prelim

RG	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RC	27.81	, GARCIA SILVA ANTIA	GALAICO	29/12/2021

Clasificación		AN		Tiempo	ABSO	
1.	GARCIA SILVA, Antia	98	C. N. GALAICO	28.13	-	A
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	28.27	-	A
3.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	28.93	-	A
4.	FRANCO CAL, Alba	91	C. FLUVIAL LUGO	29.16	-	A
5.	SOLER LOMBA, Rosalía	00	RCN VIGO	29.24	-	A
6.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	29.88	-	A
7.	ALCALDE MAHIA, Ariadna	04	C. N. CORUÑA	30.36	-	B
8.	CHANS FANEGO, Paula	03	C. N. FERROL	30.64	-	B
9.	BALADO PENA, Celtia	07	C. MARINA FERROL	30.76	-	B
10.	GARCIA ROZAS, Noelia	05	CIDADE SANTIAGO	30.84	-	B
	SOILAN FERNANDEZ, Raquel	01	C. FLUVIAL LUGO	30.84	-	B
12.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	31.19	-	B
13.	HERNANDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	31.35	4,00	
14.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	31.60	3,00	
15.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	31.67	-	
16.	VAZQUEZ SANCHEZ, Sara	04	C. N. CORUÑA	31.71	1,50	
	CONS GESTIDO, Victoria Anna	05	RCN VIGO	31.71	1,50	
18.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	31.85	-	
19.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	32.03	-	
20.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	32.10	-	
21.	DIAZ DOPICO, Sabela	02	C. N. FERROL	32.15	-	
22.	PEDREIRA GALEGO, Xiana	06	A. D. FOGAR	32.16	-	
23.	BUCETA LAGO, Ana	03	C. N. PONTEAREAS	32.20	-	
24.	GONZALEZ COVELO, Iria	04	C. N. PONTEAREAS	32.27	-	
25.	GONZALEZ COVELO, Uxia	06	C. N. PONTEAREAS	32.43	-	
26.	GUNCHE BARREIRO, Sabela	04	C. N. REDONDELA	32.83	-	
27.	SALVANTE LAGO, Ainhoa	03	C. N. FERROL	32.89	-	
28.	VARELA PASANDÍN, Lucía	05	C. N. ARTEIXO	33.25	-	
29.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	33.75	-	
30.	CASTRO DIAZ, Iria	03	C. N. PORTAMIÑA	33.98	-	
31.	ROMERO LOURES, Lucia	04	C. N. CORUÑA	34.65	-	
DSQ	HERMIDA ALONSO, Antia	08	C. N. MOS	-	-	
	<i>Salida anticipada</i>					
Baja enf.	DOSIL REY, Lucia	03	CIDADE SANTIAGO	-	-	
Baja enf.	PEREIRA FERY, Marta	01	C. MARINA FERROL	-	-	
Baja enf.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	-	-	

Prueba 19
26/11/2022

Masc., 400m Estilos

Absoluto Masculino
Resultados Final

RG	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021
RC	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021

Clasificación			AN			Tempo	ABSO					
Final A												
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS		4:22.43	19,00					
	50m:	27.64	27.64	150m:	1:33.90	34.77	250m:	2:45.22	36.99	350m:	3:52.86	30.27
	100m:	59.13	31.49	200m:	2:08.23	34.33	300m:	3:22.59	37.37	400m:	4:22.43	29.57
2.	PARDO PERNAS, Martin		02	C. FLUVIAL LUGO		4:35.90	16,00					
	50m:	28.71	28.71	150m:	1:36.81	35.41	250m:	2:51.63	40.31	350m:	4:04.89	32.42
	100m:	1:01.40	32.69	200m:	2:11.32	34.51	300m:	3:32.47	40.84	400m:	4:35.90	31.01
3.	NAVARRO LOSADA, Sergi		07	C. N. FERROL		4:38.49	14,00					
	50m:	29.90	29.90	150m:	1:40.15	36.57	250m:	2:54.91	40.54	350m:	4:07.77	31.87
	100m:	1:03.58	33.68	200m:	2:14.37	34.22	300m:	3:35.90	40.99	400m:	4:38.49	30.72
4.	CARRERA COSTAS, Martin		96	C. N. PONTEAREAS		4:45.22	13,00					
	50m:	29.91	29.91	150m:	1:42.29	37.65	250m:	2:57.98	38.72	350m:	4:11.61	33.98
	100m:	1:04.64	34.73	200m:	2:19.26	36.97	300m:	3:37.63	39.65	400m:	4:45.22	33.61
5.	MANEIROS PAZ, Mario		06	C. N. FERROL		4:47.96	12,00					
	50m:	30.53	30.53	150m:	1:43.69	37.20	250m:	3:00.55	41.49	350m:	4:16.30	33.36
	100m:	1:06.49	35.96	200m:	2:19.06	35.37	300m:	3:42.94	42.39	400m:	4:47.96	31.66
6.	MORENO TEIJEIRO, Hugo		05	C. FLUVIAL LUGO		4:55.92	11,00					
	50m:	30.75	30.75	150m:	1:46.55	40.20	250m:	3:05.74	40.75	350m:	4:22.32	34.81
	100m:	1:06.35	35.60	200m:	2:24.99	38.44	300m:	3:47.51	41.77	400m:	4:55.92	33.60
Final B												
7.	MARTINEZ MARTINEZ, Marcos		03	C. N. PONTEAREAS		4:49.18	10,00					
	50m:	30.97	30.97	150m:	1:43.56	37.91	250m:	3:01.62	41.66	350m:	4:17.92	32.66
	100m:	1:05.65	34.68	200m:	2:19.96	36.40	300m:	3:45.26	43.64	400m:	4:49.18	31.26
8.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		4:51.41	9,00					
	50m:	32.23	32.23	150m:	1:46.65	37.95	250m:	3:04.81	41.96	350m:	4:19.47	32.88
	100m:	1:08.70	36.47	200m:	2:22.85	36.20	300m:	3:46.59	41.78	400m:	4:51.41	31.94
9.	TIMIRAO FERNANDEZ, Marcos		05	C. N. PORTAMIÑA		4:54.09	8,00					
	50m:	30.01	30.01	150m:	1:43.48	38.46	250m:	3:03.19	42.12	350m:	4:19.95	34.61
	100m:	1:05.02	35.01	200m:	2:21.07	37.59	300m:	3:45.34	42.15	400m:	4:54.09	34.14
10.	RODRIGUEZ DEL RIO, Miguel		06	PABELLON OURENSE		4:58.19	7,00					
	50m:	31.92	31.92	150m:	1:47.22	38.73	250m:	3:06.86	41.77	350m:	4:24.63	35.64
	100m:	1:08.49	36.57	200m:	2:25.09	37.87	300m:	3:48.99	42.13	400m:	4:58.19	33.56
DSQ	SIMON COTELO, Manuel		01	C. N. PANAS			-					
	<i>Viraje irregular</i>											

Prueba 19
26/11/2022 - 9:44

Masc., 400m Estilos

Absoluto Masculino
Resultados Prelim

RG	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021
RC	4:17.48	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	05/01/2021

Clasificación			AN				Tiempo	ABSO		
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS			4:34.54	-	A	
	50m:	28.01 28.01	150m:	1:36.17	35.83	250m:	2:50.29	39.35	350m:	4:02.68 32.75
	100m:	1:00.34 32.33	200m:	2:10.94	34.77	300m:	3:29.93	39.64	400m:	4:34.54 31.86
2.	PARDO PERNAS, Martin		02	C. FLUVIAL LUGO			4:47.52	-	A	
	50m:	29.77 29.77	150m:	1:41.37	37.24	250m:	2:57.62	41.19	350m:	4:13.91 35.04
	100m:	1:04.13 34.36	200m:	2:16.43	35.06	300m:	3:38.87	41.25	400m:	4:47.52 33.61
3.	NAVARRO LOSADA, Sergi		07	C. N. FERROL			4:47.68	-	A	
	50m:	30.06 30.06	150m:	1:42.93	37.99	250m:	2:59.67	40.77	350m:	4:15.53 34.05
	100m:	1:04.94 34.88	200m:	2:18.90	35.97	300m:	3:41.48	41.81	400m:	4:47.68 32.15
4.	CARRERA COSTAS, Martin		96	C. N. PONTEAREAS			4:48.91	-	A	
	50m:	31.35 31.35	150m:	1:45.11	38.31	250m:	3:03.46	40.41	350m:	4:16.48 33.28
	100m:	1:06.80 35.45	200m:	2:23.05	37.94	300m:	3:43.20	39.74	400m:	4:48.91 32.43
5.	MORENO TEIJEIRO, Hugo		05	C. FLUVIAL LUGO			4:50.43	-	A	
	50m:	30.52 30.52	150m:	1:44.19	39.17	250m:	3:02.57	40.35	350m:	4:18.43 33.99
	100m:	1:05.02 34.50	200m:	2:22.22	38.03	300m:	3:44.44	41.87	400m:	4:50.43 32.00
6.	MANEIROS PAZ, Mario		06	C. N. FERROL			4:50.46	-	A	
	50m:	30.64 30.64	150m:	1:44.23	37.75	250m:	3:02.66	41.95	350m:	4:19.33 33.45
	100m:	1:06.48 35.84	200m:	2:20.71	36.48	300m:	3:45.88	43.22	400m:	4:50.46 31.13
7.	TIMIRAOS FERNANDEZ, Marcos		05	C. N. PORTAMIÑA			4:53.67	-	B	
	50m:	30.68 30.68	150m:	1:43.22	37.53	250m:	3:02.99	42.02	350m:	4:20.16 35.00
	100m:	1:05.69 35.01	200m:	2:20.97	37.75	300m:	3:45.16	42.17	400m:	4:53.67 33.51
8.	MARTINEZ MARTINEZ, Marcos		03	C. N. PONTEAREAS			4:54.00	-	B	
	50m:	31.02 31.02	150m:	1:45.61	38.31	250m:	3:05.10	42.48	350m:	4:21.17 33.15
	100m:	1:07.30 36.28	200m:	2:22.62	37.01	300m:	3:48.02	42.92	400m:	4:54.00 32.83
9.	RODRIGUEZ DEL RIO, Miguel		06	PABELLON OURENSE			4:57.67	-	B	
	50m:	31.55 31.55	150m:	1:46.97	38.67	250m:	3:05.24	40.95	350m:	4:23.70 36.08
	100m:	1:08.30 36.75	200m:	2:24.29	37.32	300m:	3:47.62	42.38	400m:	4:57.67 33.97
10.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS			4:59.15	-	B	
	50m:	30.93 30.93	150m:	1:44.84	37.62	250m:	3:04.25	43.30	350m:	4:24.25 35.35
	100m:	1:07.22 36.29	200m:	2:20.95	36.11	300m:	3:48.90	44.65	400m:	4:59.15 34.90
11.	SIMON COTELO, Manuel		01	C. N. PANAS			5:07.35	-	B	
	50m:	31.26 31.26	150m:	1:47.31	39.45	250m:	3:10.99	44.98	350m:	4:32.78 35.86
	100m:	1:07.86 36.60	200m:	2:26.01	38.70	300m:	3:56.92	45.93	400m:	5:07.35 34.57
DSQ	CUBEIRO ROSENDE, Xoel		07	C. N. LICEO				-		
	<i>Viraje irregular</i>									
DSQ	REY DE BARROS, Bruno		01	C. N. GALAICO				-		
	<i>Llegada irregular</i>									
Baja enf.	VAZQUEZ COSTA, Miguel		06	C. N. GALAICO				-		
Baja enf.	MERZLYAKOV KOSTOMAROV, Mikhai		07	PABELLON OURENSE				-		

Prueba 20
26/11/2022

Fem., 400m Estilos

Absoluto Femenino
Resultados Final

RG	4:31.65	GOMEZ CORTES, BEATRIZ	GALAICO	15/12/2013
RC	4:37.89	VILAS VIDAL, MARIA	RIVEIRA	30/12/2012

Clasificación			AN			Tiempo	ABSO					
Final A												
1.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		4:59.62	19,00					
	50m:	30.99	30.99	150m:	1:45.57	38.97	250m:	3:07.95	44.34	350m:	4:27.66	34.44
	100m:	1:06.60	35.61	200m:	2:23.61	38.04	300m:	3:53.22	45.27	400m:	4:59.62	31.96
2.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		4:59.91	16,00					
	50m:	31.54	31.54	150m:	1:45.34	38.06	250m:	3:06.30	44.37	350m:	4:26.89	35.13
	100m:	1:07.28	35.74	200m:	2:21.93	36.59	300m:	3:51.76	45.46	400m:	4:59.91	33.02
3.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS		5:13.21	14,00					
	50m:	32.20	32.20	150m:	1:50.96	41.75	250m:	3:16.50	44.16	350m:	4:37.64	36.61
	100m:	1:09.21	37.01	200m:	2:32.34	41.38	300m:	4:01.03	44.53	400m:	5:13.21	35.57
4.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO		5:30.34	13,00					
	50m:	34.92	34.92	150m:	1:59.70	43.92	250m:	3:28.49	45.86	350m:	4:53.23	37.70
	100m:	1:15.78	40.86	200m:	2:42.63	42.93	300m:	4:15.53	47.04	400m:	5:30.34	37.11
DSQ	RODRÍGUEZ ALONSO, Julia		05	RCN VIGO			12,00					
	<i>Viraje irregular</i>											
Baja enf.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL			11,00					
Final B												
7.	ESTEVEZ MONTES, Naroa		08	C. N. PONTEAREAS		5:24.32	10,00					
	50m:	35.86	35.86	150m:	1:58.46	41.46	250m:	3:23.59	44.75	350m:	4:47.69	37.91
	100m:	1:17.00	41.14	200m:	2:38.84	40.38	300m:	4:09.78	46.19	400m:	5:24.32	36.63
8.	GONZALEZ COVELO, Uxia		06	C. N. PONTEAREAS		5:33.13	-					
	50m:	33.59	33.59	150m:	1:56.74	43.33	250m:	3:27.80	49.10	350m:	4:55.83	38.25
	100m:	1:13.41	39.82	200m:	2:38.70	41.96	300m:	4:17.58	49.78	400m:	5:33.13	37.30
9.	SEOANE BAHILLO, Sara		00	RCN VIGO		5:37.48	-					
	50m:	33.74	33.74	150m:	1:58.19	43.36	250m:	3:30.43	49.28	350m:	4:59.91	39.10
	100m:	1:14.83	41.09	200m:	2:41.15	42.96	300m:	4:20.81	50.38	400m:	5:37.48	37.57

Prueba 20
26/11/2022 - 10:02

Fem., 400m Estilos

Absoluto Femenino
Resultados Prelim

RG	4:31.65	, GOMEZ CORTES, BEATRIZ	GALAICO	15/12/2013
RC	4:37.89	, VILAS VIDAL, MARIA	RIVEIRA	30/12/2012

Clasificación			AN			Tempo	ABSO		
1.	BOUZAS PEDREIRA, Alicia		05	C. N. GALAICO		4:57.02	-	A	
	50m:	31.60 31.60	150m:	1:44.53 37.47	250m:	3:04.48 43.58	350m:	4:23.56 34.72	
	100m:	1:07.06 35.46	200m:	2:20.90 36.37	300m:	3:48.84 44.36	400m:	4:57.02 33.46	
2.	RODRÍGUEZ ALONSO, Julia		05	RCN VIGO		5:02.86	-	A	
	50m:	31.76 31.76	150m:	1:47.84 39.92	250m:	3:10.17 43.37	350m:	4:28.67 34.96	
	100m:	1:07.92 36.16	200m:	2:26.80 38.96	300m:	3:53.71 43.54	400m:	5:02.86 34.19	
3.	MOURENZA ROCHA, Ines		07	C. N. PORTAMIÑA		5:04.15	-	A	
	50m:	31.91 31.91	150m:	1:47.75 39.40	250m:	3:10.61 44.78	350m:	4:30.72 34.98	
	100m:	1:08.35 36.44	200m:	2:25.83 38.08	300m:	3:55.74 45.13	400m:	5:04.15 33.43	
4.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS		5:16.41	-	A	
	50m:	32.19 32.19	150m:	1:50.67 41.64	250m:	3:15.69 44.08	350m:	4:39.84 38.55	
	100m:	1:09.03 36.84	200m:	2:31.61 40.94	300m:	4:01.29 45.60	400m:	5:16.41 36.57	
5.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		5:23.01	-	A	
	50m:	33.90 33.90	150m:	1:55.77 41.40	250m:	3:24.14 47.26	350m:	4:49.46 36.40	
	100m:	1:14.37 40.47	200m:	2:36.88 41.11	300m:	4:13.06 48.92	400m:	5:23.01 33.55	
6.	FARIÑA MARTINEZ, Paula		07	C. N. GALAICO		5:23.04	-	A	
	50m:	34.44 34.44	150m:	1:57.93 43.23	250m:	3:27.23 46.28	350m:	4:49.86 35.88	
	100m:	1:14.70 40.26	200m:	2:40.95 43.02	300m:	4:13.98 46.75	400m:	5:23.04 33.18	
7.	ESTEVEZ MONTES, Naroa		08	C. N. PONTEAREAS		5:27.95	-	B	
	50m:	36.42 36.42	150m:	1:59.54 42.15	250m:	3:25.47 45.53	350m:	4:50.46 38.19	
	100m:	1:17.39 40.97	200m:	2:39.94 40.40	300m:	4:12.27 46.80	400m:	5:27.95 37.49	
8.	GONZALEZ COVELO, Uxia		06	C. N. PONTEAREAS		5:28.52	-	B	
	50m:	33.99 33.99	150m:	1:55.41 42.07	250m:	3:24.65 47.54	350m:	4:51.87 38.46	
	100m:	1:13.34 39.35	200m:	2:37.11 41.70	300m:	4:13.41 48.76	400m:	5:28.52 36.65	
9.	SEOANE BAHILLO, Sara		00	RCN VIGO		5:37.95	-	B	
	50m:	34.19 34.19	150m:	1:59.47 44.40	250m:	3:31.24 49.38	350m:	5:00.01 38.32	
	100m:	1:15.07 40.88	200m:	2:41.86 42.39	300m:	4:21.69 50.45	400m:	5:37.95 37.94	
DSQ	VEIGA SOUTO, Ana		98	C. N. ARTEIXO			-		
	<i>Viraje irregular</i>								
Baja enf.	LOPEZ FRANCO, Maria		07	C. N. RIVEIRA			-		

Prueba 21
26/11/2022

Masc., 100m Libre

Absoluto Masculino
Resultados Final

RG	48.62	, GARCIA SOTO, MARCOS	CNFERRO	29/12/2015
RC	48.62	, GARCIA SOTO, MARCOS	CNFERRO	29/12/2015

Clasificación AN Tiempo ABSO

Final A

1.	GARCIA MORENO, Jorge	00	C. N. PANAS	50.23	19,00
	50m: 24.31 24.31	100m: 50.23	25.92		
2.	ARES BARRAL, Anton	00	C. N. PANAS	51.90	16,00
	50m: 25.10 25.10	100m: 51.90	26.80		
3.	MOURE DOVAL, Jose	99	PABELLON OURENSE	52.01	14,00
	50m: 24.75 24.75	100m: 52.01	27.26		
4.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	52.21	13,00
	50m: 25.08 25.08	100m: 52.21	27.13		
5.	SUAREZ MATO, Yoel	04	A. D. FOGAR	52.35	12,00
	50m: 25.65 25.65	100m: 52.35	26.70		
6.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	52.58	11,00
	50m: 25.11 25.11	100m: 52.58	27.47		

Final B

7.	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	52.63	10,00
	50m: 25.32 25.32	100m: 52.63	27.31		
8.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	52.71	9,00
	50m: 25.69 25.69	100m: 52.71	27.02		
9.	GALAN VICENTE, Pablo	02	A. D. FOGAR	52.97	8,00
	50m: 25.45 25.45	100m: 52.97	27.52		
10.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	53.11	7,00
	50m: 25.23 25.23	100m: 53.11	27.88		
11.	RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	53.67	6,00
	50m: 25.94 25.94	100m: 53.67	27.73		
12.	LEVCHENKO, Nikita	08	C. N. ARZUA	54.45	5,00
	50m: 26.46 26.46	100m: 54.45	27.99		

Prueba 21
26/11/2022 - 10:15

Masc., 100m Libre

Absoluto Masculino
Resultados Prelim

RG	48.62	GARCIA SOTO, MARCOS	CNFERRO	29/12/2015
RC	48.62	GARCIA SOTO, MARCOS	CNFERRO	29/12/2015

Clasificación		AN		Tiempo	ABSO	
1.	GARCIA MORENO, Jorge	00	C. N. PANAS	51.54	-	A
	50m: 24.84 24.84	100m: 51.54	26.70			
2.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	52.19	-	A
	50m: 24.76 24.76	100m: 52.19	27.43			
3.	ARES BARRAL, Anton	00	C. N. PANAS	52.26	-	A
	50m: 25.36 25.36	100m: 52.26	26.90			
4.	MOURE DOVAL, Jose	99	PABELLON OURENSE	52.37	-	A
	50m: 24.54 24.54	100m: 52.37	27.83			
5.	SUAREZ MATO, Yoel	04	A. D. FOGAR	52.55	-	A
	50m: 25.56 25.56	100m: 52.55	26.99			
6.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	52.59	-	A
	50m: 25.13 25.13	100m: 52.59	27.46			
7.	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	52.87	-	B
	50m: 25.42 25.42	100m: 52.87	27.45			
8.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	52.93	-	B
	50m: 25.40 25.40	100m: 52.93	27.53			
9.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	53.23	-	B
	50m: 26.33 26.33	100m: 53.23	26.90			
10.	GALAN VICENTE, Pablo	02	A. D. FOGAR	53.29	-	B
	50m: 25.43 25.43	100m: 53.29	27.86			
11.	RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	53.42	-	B
	50m: 25.56 25.56	100m: 53.42	27.86			
12.	LEVCHENKO, Nikita	08	C. N. ARZUA	53.50	-	B MMG
	50m: 25.82 25.82	100m: 53.50	27.68			
13.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	53.90	4,00	
	50m: 25.78 25.78	100m: 53.90	28.12			
14.	UCHA NIETO, Jacobo	97	C. N. GALAICO	53.96	3,00	
	50m: 26.00 26.00	100m: 53.96	27.96			
15.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	54.04	2,00	
	50m: 25.97 25.97	100m: 54.04	28.07			
16.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	54.34	1,00	
	50m: 25.81 25.81	100m: 54.34	28.53			
17.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	54.35	-	
	50m: 26.08 26.08	100m: 54.35	28.27			
18.	BALSA VIGO, Javier	05	C. N. CORUÑA	54.38	-	
	50m: 26.09 26.09	100m: 54.38	28.29			
19.	BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	54.43	-	
	50m: 25.88 25.88	100m: 54.43	28.55			
20.	JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	54.59	-	
	50m: 26.27 26.27	100m: 54.59	28.32			
21.	MOURO PERISCAL, Ricardo	05	A. D. FOGAR	54.77	-	
	50m: 26.24 26.24	100m: 54.77	28.53			

Prueba 21, Masc., 100m Libre, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO
22.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	54.92	-
	50m: 26.29 26.29	100m: 54.92	28.63		
23.	BRAVO CONDE, Cristian	00	C. N. PANAS	55.18	-
	50m: 26.71 26.71	100m: 55.18	28.47		
24.	PEDRE SALIDO, Julio	03	C. N. FERROL	55.37	-
	50m: 26.61 26.61	100m: 55.37	28.76		
25.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	55.45	-
	50m: 26.70 26.70	100m: 55.45	28.75		
26.	BALLESTER IBAÑEZ, Edgar	91	C. N. MONFORTE	55.69	-
	50m: 26.17 26.17	100m: 55.69	29.52		
27.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	55.70	-
	50m: 26.37 26.37	100m: 55.70	29.33		
28.	RODRIGUEZ QUINTAS, Igor	04	PABELLON OURENSE	55.79	-
	50m: 27.25 27.25	100m: 55.79	28.54		
29.	FIGUEROA FERNANDEZ, Gabriel	04	RCN VIGO	55.92	-
	50m: 26.84 26.84	100m: 55.92	29.08		
30.	SANCHO FERNANDEZ, David	03	A. D. FOGAR	55.94	-
	50m: 26.16 26.16	100m: 55.94	29.78		
31.	PINO LORENZO, Brais	01	C. N. PONTEAREAS	56.08	-
	50m: 26.28 26.28	100m: 56.08	29.80		
32.	ORECHIA, Agustín	06	CIDADE SANTIAGO	56.25	-
	50m: 27.60 27.60	100m: 56.25	28.65		
33.	PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	56.72	-
	50m: 26.74 26.74	100m: 56.72	29.98		
34.	GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE	56.92	-
	50m: 27.29 27.29	100m: 56.92	29.63		
35.	ABELENDIA PEREZ, Miguel Angel	04	A. D. FOGAR	56.93	-
	50m: 27.97 27.97	100m: 56.93	28.96		
36.	DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	57.06	-
	50m: 27.13 27.13	100m: 57.06	29.93		
37.	CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	57.23	-
	50m: 27.55 27.55	100m: 57.23	29.68		
38.	INFESTAS CARAZO, Samuel	03	RCN VIGO	57.28	-
	50m: 27.95 27.95	100m: 57.28	29.33		
39.	MEIJIDE GIADAS, Diego	00	CIDADE SANTIAGO	58.25	-
	50m: 27.03 27.03	100m: 58.25	31.22		
Baja enf.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO		-

Prueba 22
26/11/2022

Fem., 200m Libre

Absoluto Femenino
Resultados Final

RG	1:56.37	, GOMEZ CORTES, BEATRIZ	GALAICO	29/11/2013
RC	1:59.15	, GÓMEZ MESÍAS, ALBA	ARTEIXO	28/12/2019

Clasificación	AN			Tiempo	ABSO	
Final A						
1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	2:01.03	19,00	
	50m: 28.94 28.94	100m: 59.02	30.08	150m: 1:29.59	30.57	200m: 2:01.03 31.44
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:02.02	16,00	
	50m: 28.86 28.86	100m: 59.57	30.71	150m: 1:30.79	31.22	200m: 2:02.02 31.23
3.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	2:05.27	14,00	
	50m: 29.78 29.78	100m: 1:01.38	31.60	150m: 1:33.53	32.15	200m: 2:05.27 31.74
4.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:08.84	13,00	
	50m: 30.11 30.11	100m: 1:03.02	32.91	150m: 1:36.08	33.06	200m: 2:08.84 32.76
5.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:09.57	12,00	
	50m: 30.25 30.25	100m: 1:02.89	32.64	150m: 1:36.08	33.19	200m: 2:09.57 33.49
6.	PARDO CHAS, Eva	04	C. N. FERROL	2:10.79	11,00	
	50m: 30.37 30.37	100m: 1:03.57	33.20	150m: 1:37.11	33.54	200m: 2:10.79 33.68
Final B						
7.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	2:11.28	10,00	
	50m: 30.10 30.10	100m: 1:03.28	33.18	150m: 1:37.66	34.38	200m: 2:11.28 33.62
8.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:11.91	9,00	
	50m: 30.52 30.52	100m: 1:04.05	33.53	150m: 1:38.30	34.25	200m: 2:11.91 33.61
9.	CONS GESTIDO, Henar Diana	02	RCN VIGO	2:12.19	8,00	
	50m: 30.70 30.70	100m: 1:04.14	33.44	150m: 1:38.78	34.64	200m: 2:12.19 33.41
10.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	2:15.23	7,00	
	50m: 30.45 30.45	100m: 1:04.97	34.52	150m: 1:40.46	35.49	200m: 2:15.23 34.77
11.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:15.40	6,00	
	50m: 30.51 30.51	100m: 1:04.86	34.35	150m: 1:41.00	36.14	200m: 2:15.40 34.40
Baja enf.	SÁNCHEZ GRANDAL, Lucía	04	C. N. CEDEIRA		5,00	

Prueba 22
26/11/2022 - 10:30

Fem., 200m Libre

Absoluto Femenino
Resultados Prelim

RG	1:56.37	GOMEZ CORTES, BEATRIZ	GALAICO	29/11/2013
RC	1:59.15	GÓMEZ MESÍAS, ALBA	ARTEIXO	28/12/2019

Clasificación			AN			Tempo	ABSO		
1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	2:02.61	-	A			
	50m: 29.25 29.25	100m: 1:00.56	31.31	150m: 1:31.62	31.06	200m: 2:02.61	30.99		
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:04.53	-	A			
	50m: 28.60 28.60	100m: 1:00.21	31.61	150m: 1:31.96	31.75	200m: 2:04.53	32.57		
3.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	2:08.30	-	A			
	50m: 30.60 30.60	100m: 1:03.41	32.81	150m: 1:36.03	32.62	200m: 2:08.30	32.27		
4.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:09.24	-	A			
	50m: 30.94 30.94	100m: 1:04.08	33.14	150m: 1:36.93	32.85	200m: 2:09.24	32.31		
5.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:09.39	-	A			
	50m: 31.40 31.40	100m: 1:04.10	32.70	150m: 1:36.56	32.46	200m: 2:09.39	32.83		
6.	PARDO CHAS, Eva	04	C. N. FERROL	2:10.76	-	A			
	50m: 30.39 30.39	100m: 1:03.66	33.27	150m: 1:37.50	33.84	200m: 2:10.76	33.26		
7.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	2:10.94	-	B			
	50m: 30.31 30.31	100m: 1:03.82	33.51	150m: 1:37.59	33.77	200m: 2:10.94	33.35		
8.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	2:11.37	-	B			
	50m: 31.09 31.09	100m: 1:04.45	33.36	150m: 1:38.31	33.86	200m: 2:11.37	33.06		
9.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:12.73	-	B			
	50m: 30.49 30.49	100m: 1:03.44	32.95	150m: 1:37.80	34.36	200m: 2:12.73	34.93		
10.	CONS GESTIDO, Henar Diana	02	RCN VIGO	2:15.17	-	B			
	50m: 31.73 31.73	100m: 1:06.13	34.40	150m: 1:40.96	34.83	200m: 2:15.17	34.21		
11.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	2:15.51	-	B			
	50m: 31.13 31.13	100m: 1:05.69	34.56	150m: 1:40.74	35.05	200m: 2:15.51	34.77		
12.	SÁNCHEZ GRANDAL, Lucía	04	C. N. CEDEIRA	2:16.45	-	?			
	50m: 31.23 31.23	100m: 1:06.19	34.96	150m: 1:42.17	35.98	200m: 2:16.45	34.28		
	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	2:16.45	4,00	?			
	50m: 32.12 32.12	100m: 1:06.64	34.52	150m: 1:42.08	35.44	200m: 2:16.45	34.37		
14.	ESTEVEZ CRESPO, Aldara	04	PABELLON OURENSE	2:16.67	3,00				
	50m: 31.87 31.87	100m: 1:07.06	35.19	150m: 1:42.17	35.11	200m: 2:16.67	34.50		
15.	REY CONESA, Carolina	04	C. N. FERROL	2:18.00	2,00				
	50m: 31.88 31.88	100m: 1:06.49	34.61	150m: 1:42.15	35.66	200m: 2:18.00	35.85		
16.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:18.09	-				
	50m: 31.93 31.93	100m: 1:06.74	34.81	150m: 1:42.85	36.11	200m: 2:18.09	35.24		
17.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	2:18.65	-				
	50m: 30.77 30.77	100m: 1:05.13	34.36	150m: 1:41.84	36.71	200m: 2:18.65	36.81		
18.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:19.01	-				
	50m: 33.00 33.00	100m: 1:08.62	35.62	150m: 1:43.99	35.37	200m: 2:19.01	35.02		
19.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:19.15	-				
	50m: 33.08 33.08	100m: 1:08.20	35.12	150m: 1:43.52	35.32	200m: 2:19.15	35.63		
20.	MENDEZ BERNARDEZ, Arianna	04	PABELLON OURENSE	2:22.51	-				
	50m: 33.61 33.61	100m: 1:10.05	36.44	150m: 1:46.17	36.12	200m: 2:22.51	36.34		
Baja enf.	RODRIGUEZ HUERTAS, Iria	99	C. FLUVIAL LUGO		-				

Prueba 22
26/11/2022

Fem., 200m Libre

Absoluto Femenino
Resultados Desempate Prelim

RG	1:56.37	, GOMEZ CORTES, BEATRIZ	GALAICO	29/11/2013
RC	1:59.15	, GÓMEZ MESÍAS, ALBA	ARTEIXO	28/12/2019

Clasificación	AN			Tiempo		ABSO	
1. SÁNCHEZ GRANDAL, Lucía	04	C. N. CEDEIRA	2:15.41	-			
50m: 31.26 31.26	100m: 1:05.81	34.55	150m: 1:40.88	35.07	200m: 2:15.41	34.53	
2. VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	2:16.78	-			
50m: 31.93 31.93	100m: 1:06.45	34.52	150m: 1:41.79	35.34	200m: 2:16.78	34.99	

Prueba 23
26/11/2022 - 19:00

Masc., 1500m Libre

Absoluto Masculino
Resultados

RG	15:10.59	, BRION SAMPEDRO, IVAN	RIVEIRA	27/11/2009
RC	15:20.65	, DAVILA LUSTRES, MANUEL	RIVEIRA	29/12/2017

Clasificación

		AN		Tempo	ABSO				
1.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	15:55.06	19,00				
	50m: 28.35	28.35	450m: 4:42.37	31.96	850m: 8:59.09	32.19	1250m: 13:17.09	32.18	
	100m: 59.76	31.41	500m: 5:14.35	31.98	900m: 9:31.64	32.55	1300m: 13:49.46	32.37	
	150m: 1:31.49	31.73	550m: 5:46.30	31.95	950m: 10:04.08	32.44	1350m: 14:21.54	32.08	
	200m: 2:02.82	31.33	600m: 6:17.96	31.66	1000m: 10:36.32	32.24	1400m: 14:53.20	31.66	
	250m: 2:34.78	31.96	650m: 6:49.93	31.97	1050m: 11:08.51	32.19	1450m: 15:25.82	32.62	
	300m: 3:06.55	31.77	700m: 7:21.99	32.06	1100m: 11:40.76	32.25	1500m: 15:55.06	29.24	
	350m: 3:38.43	31.88	750m: 7:54.36	32.37	1150m: 12:12.74	31.98			
	400m: 4:10.41	31.98	800m: 8:26.90	32.54	1200m: 12:44.91	32.17			
2.	FERNANDEZ NIETO, Cristian	92	C. N. GALAICO	16:31.32	16,00				
	50m: 30.12	30.12	450m: 4:53.34	33.35	850m: 9:18.94	33.43	1250m: 13:46.83	33.41	
	100m: 1:02.48	32.36	500m: 5:26.57	33.23	900m: 9:52.65	33.71	1300m: 14:20.09	33.26	
	150m: 1:35.10	32.62	550m: 5:59.52	32.95	950m: 10:26.22	33.57	1350m: 14:53.33	33.24	
	200m: 2:07.90	32.80	600m: 6:32.57	33.05	1000m: 10:59.93	33.71	1400m: 15:26.18	32.85	
	250m: 2:40.76	32.86	650m: 7:05.79	33.22	1050m: 11:33.55	33.62	1450m: 15:58.86	32.68	
	300m: 3:13.86	33.10	700m: 7:38.88	33.09	1100m: 12:06.82	33.27	1500m: 16:31.32	32.46	
	350m: 3:46.82	32.96	750m: 8:12.24	33.36	1150m: 12:40.11	33.29			
	400m: 4:19.99	33.17	800m: 8:45.51	33.27	1200m: 13:13.42	33.31			
3.	MANEIROS PAZ, Mario	06	C. N. FERROL	16:38.28	14,00				
	50m: 28.97	28.97	450m: 4:50.93	33.33	850m: 9:19.59	33.65	1250m: 13:49.84	34.00	
	100m: 1:00.39	31.42	500m: 5:24.56	33.63	900m: 9:53.28	33.69	1300m: 14:23.42	33.58	
	150m: 1:32.37	31.98	550m: 5:58.17	33.61	950m: 10:26.88	33.60	1350m: 14:57.49	34.07	
	200m: 2:04.87	32.50	600m: 6:32.00	33.83	1000m: 11:00.58	33.70	1400m: 15:31.57	34.08	
	250m: 2:37.97	33.10	650m: 7:05.41	33.41	1050m: 11:34.08	33.50	1450m: 16:05.53	33.96	
	300m: 3:11.28	33.31	700m: 7:38.92	33.51	1100m: 12:07.66	33.58	1500m: 16:38.28	32.75	
	350m: 3:44.18	32.90	750m: 8:12.44	33.52	1150m: 12:41.56	33.90			
	400m: 4:17.60	33.42	800m: 8:45.94	33.50	1200m: 13:15.84	34.28			
4.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	16:40.68	13,00				
	50m: 30.16	30.16	450m: 4:57.91	34.17	850m: 9:29.44	33.89	1250m: 13:59.19	33.42	
	100m: 1:02.91	32.75	500m: 5:31.37	33.46	900m: 10:02.95	33.51	1300m: 14:32.40	33.21	
	150m: 1:36.21	33.30	550m: 6:05.15	33.78	950m: 10:37.21	34.26	1350m: 15:05.50	33.10	
	200m: 2:09.42	33.21	600m: 6:39.07	33.92	1000m: 11:10.52	33.31	1400m: 15:38.96	33.46	
	250m: 2:42.55	33.13	650m: 7:13.52	34.45	1050m: 11:43.86	33.34	1450m: 16:11.97	33.01	
	300m: 3:16.13	33.58	700m: 7:46.91	33.39	1100m: 12:17.59	33.73	1500m: 16:40.68	28.71	
	350m: 3:50.17	34.04	750m: 8:21.20	34.29	1150m: 12:51.96	34.37			
	400m: 4:23.74	33.57	800m: 8:55.55	34.35	1200m: 13:25.77	33.81			
5.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	16:42.17	12,00				
	50m: 29.13	29.13	450m: 4:53.40	33.60	850m: 9:25.43	33.90	1250m: 13:55.32	33.81	
	100m: 1:00.98	31.85	500m: 5:27.38	33.98	900m: 9:58.94	33.51	1300m: 14:29.04	33.72	
	150m: 1:33.53	32.55	550m: 6:01.36	33.98	950m: 10:32.80	33.86	1350m: 15:02.75	33.71	
	200m: 2:06.51	32.98	600m: 6:35.61	34.25	1000m: 11:06.56	33.76	1400m: 15:36.48	33.73	
	250m: 2:39.64	33.13	650m: 7:09.50	33.89	1050m: 11:40.00	33.44	1450m: 16:09.85	33.37	
	300m: 3:12.89	33.25	700m: 7:43.64	34.14	1100m: 12:13.69	33.69	1500m: 16:42.17	32.32	
	350m: 3:46.30	33.41	750m: 8:17.51	33.87	1150m: 12:47.65	33.96			
	400m: 4:19.80	33.50	800m: 8:51.53	34.02	1200m: 13:21.51	33.86			
6.	PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	16:45.43	11,00				
	50m: 28.19	28.19	450m: 4:51.65	33.62	850m: 9:24.43	34.22	1250m: 13:57.63	34.05	
	100m: 59.93	31.74	500m: 5:25.35	33.70	900m: 9:58.49	34.06	1300m: 14:31.54	33.91	
	150m: 1:32.39	32.46	550m: 5:59.11	33.76	950m: 10:32.57	34.08	1350m: 15:05.49	33.95	
	200m: 2:05.42	33.03	600m: 6:33.06	33.95	1000m: 11:06.87	34.30	1400m: 15:39.68	34.19	
	250m: 2:38.32	32.90	650m: 7:07.05	33.99	1050m: 11:40.69	33.82	1450m: 16:14.16	34.48	
	300m: 3:11.40	33.08	700m: 7:41.45	34.40	1100m: 12:14.94	34.25	1500m: 16:45.43	31.27	
	350m: 3:44.74	33.34	750m: 8:15.88	34.43	1150m: 12:49.01	34.07			
	400m: 4:18.03	33.29	800m: 8:50.21	34.33	1200m: 13:23.58	34.57			

Prueba 23, Masc., 1500m Libre, Absoluto Masculino

Clasificación			AN			Tiempo	ABSO				
7. QUIROGA RAMOS, Noel			00	PABELLON OURENSI		17:00.22	10,00				
50m:	30.09	30.09	450m:	4:58.20	33.77	850m:	9:31.37	34.33	1250m:	14:08.55	34.64
100m:	1:03.04	32.95	500m:	5:32.01	33.81	900m:	10:05.89	34.52	1300m:	14:43.15	34.60
150m:	1:36.43	33.39	550m:	6:05.95	33.94	950m:	10:40.46	34.57	1350m:	15:18.05	34.90
200m:	2:09.84	33.41	600m:	6:39.95	34.00	1000m:	11:14.92	34.46	1400m:	15:52.69	34.64
250m:	2:43.41	33.57	650m:	7:14.12	34.17	1050m:	11:49.55	34.63	1450m:	16:26.85	34.16
300m:	3:16.85	33.44	700m:	7:48.23	34.11	1100m:	12:24.25	34.70	1500m:	17:00.22	33.37
350m:	3:50.62	33.77	750m:	8:22.62	34.39	1150m:	12:59.22	34.97			
400m:	4:24.43	33.81	800m:	8:57.04	34.42	1200m:	13:33.91	34.69			
8. MASSÓ ROIG, Martín			07	VIGO RIAS BAIXAS		17:00.34	9,00				
50m:	30.47	30.47	450m:	4:57.37	33.54	850m:	9:29.78	34.29	1250m:	14:06.61	34.56
100m:	1:02.92	32.45	500m:	5:31.13	33.76	900m:	10:04.32	34.54	1300m:	14:41.72	35.11
150m:	1:36.17	33.25	550m:	6:05.14	34.01	950m:	10:39.02	34.70	1350m:	15:16.76	35.04
200m:	2:09.72	33.55	600m:	6:39.05	33.91	1000m:	11:13.34	34.32	1400m:	15:51.89	35.13
250m:	2:43.27	33.55	650m:	7:12.86	33.81	1050m:	11:47.89	34.55	1450m:	16:26.83	34.94
300m:	3:16.78	33.51	700m:	7:46.75	33.89	1100m:	12:22.51	34.62	1500m:	17:00.34	33.51
350m:	3:50.11	33.33	750m:	8:20.96	34.21	1150m:	12:57.32	34.81			
400m:	4:23.83	33.72	800m:	8:55.49	34.53	1200m:	13:32.05	34.73			
9. TEIJEIRO PRADO, Xoel			06	C. FLUVIAL LUGO		17:02.98	8,00				
50m:	29.09	29.09	450m:	4:58.53	34.49	850m:	9:35.29	34.74	1250m:	14:12.48	34.60
100m:	1:01.21	32.12	500m:	5:33.15	34.62	900m:	10:09.67	34.38	1300m:	14:46.85	34.37
150m:	1:34.35	33.14	550m:	6:07.21	34.06	950m:	10:44.04	34.37	1350m:	15:21.26	34.41
200m:	2:07.88	33.53	600m:	6:41.64	34.43	1000m:	11:18.75	34.71	1400m:	15:55.59	34.33
250m:	2:41.77	33.89	650m:	7:16.43	34.79	1050m:	11:53.39	34.64	1450m:	16:29.98	34.39
300m:	3:15.56	33.79	700m:	7:50.85	34.42	1100m:	12:28.34	34.95	1500m:	17:02.98	33.00
350m:	3:49.78	34.22	750m:	8:25.50	34.65	1150m:	13:03.06	34.72			
400m:	4:24.04	34.26	800m:	9:00.55	35.05	1200m:	13:37.88	34.82			
10. POMBO LOPEZ, Sergio			91	C. FLUVIAL LUGO		17:07.55	7,00				
50m:	30.56	30.56	450m:	5:01.41	34.26	850m:	9:36.50	34.55	1250m:	14:14.95	34.82
100m:	1:03.62	33.06	500m:	5:35.51	34.10	900m:	10:11.39	34.89	1300m:	14:50.14	35.19
150m:	1:37.30	33.68	550m:	6:09.62	34.11	950m:	10:46.14	34.75	1350m:	15:25.23	35.09
200m:	2:11.18	33.88	600m:	6:43.90	34.28	1000m:	11:20.92	34.78	1400m:	15:59.95	34.72
250m:	2:44.87	33.69	650m:	7:18.58	34.68	1050m:	11:55.66	34.74	1450m:	16:34.60	34.65
300m:	3:18.80	33.93	700m:	7:52.87	34.29	1100m:	12:30.29	34.63	1500m:	17:07.55	32.95
350m:	3:52.89	34.09	750m:	8:27.33	34.46	1150m:	13:05.21	34.92			
400m:	4:27.15	34.26	800m:	9:01.95	34.62	1200m:	13:40.13	34.92			
11. PEREZ GARCIA, Iker			07	C. N. GALAICO		17:17.83	6,00				
50m:	29.47	29.47	450m:	5:05.66	34.75	850m:	9:47.25	35.33	1250m:	14:29.31	35.12
100m:	1:03.51	34.04	500m:	5:40.67	35.01	900m:	10:22.06	34.81	1300m:	15:04.16	34.85
150m:	1:37.93	34.42	550m:	6:15.66	34.99	950m:	10:57.42	35.36	1350m:	15:38.85	34.69
200m:	2:12.21	34.28	600m:	6:50.67	35.01	1000m:	11:32.91	35.49	1400m:	16:13.84	34.99
250m:	2:47.05	34.84	650m:	7:25.77	35.10	1050m:	12:08.06	35.15	1450m:	16:48.04	34.20
300m:	3:21.26	34.21	700m:	8:01.24	35.47	1100m:	12:43.22	35.16	1500m:	17:17.83	29.79
350m:	3:56.02	34.76	750m:	8:36.52	35.28	1150m:	13:18.55	35.33			
400m:	4:30.91	34.89	800m:	9:11.92	35.40	1200m:	13:54.19	35.64			
12. CUBEIRO ROSENDE, Xoel			07	C. N. LICEO		17:18.21	5,00				
50m:	28.13	28.13	450m:	5:05.49	35.78	850m:	9:47.55	35.27	1250m:	14:28.08	34.99
100m:	1:00.52	32.39	500m:	5:40.94	35.45	900m:	10:22.34	34.79	1300m:	15:02.90	34.82
150m:	1:34.33	33.81	550m:	6:16.09	35.15	950m:	10:57.82	35.48	1350m:	15:37.03	34.13
200m:	2:09.32	34.99	600m:	6:51.49	35.40	1000m:	11:33.19	35.37	1400m:	16:11.96	34.93
250m:	2:44.36	35.04	650m:	7:26.88	35.39	1050m:	12:08.25	35.06	1450m:	16:45.66	33.70
300m:	3:19.33	34.97	700m:	8:01.89	35.01	1100m:	12:42.87	34.62	1500m:	17:18.21	32.55
350m:	3:54.43	35.10	750m:	8:37.10	35.21	1150m:	13:17.96	35.09			
400m:	4:29.71	35.28	800m:	9:12.28	35.18	1200m:	13:53.09	35.13			

Prueba 23, Masc., 1500m Libre, Absoluto Masculino

Clasificación			AN				Tiempo	ABSO			
13. PEREZ PAZ, Dario			05		C. N. PONTEAREAS		17:20.55	4,00			
50m:	30.12	30.12	450m:	5:05.10	34.88	850m:	9:46.52	35.16	1250m:	14:28.76	35.11
100m:	1:03.25	33.13	500m:	5:39.97	34.87	900m:	10:21.71	35.19	1300m:	15:03.61	34.85
150m:	1:37.37	34.12	550m:	6:15.24	35.27	950m:	10:56.96	35.25	1350m:	15:38.56	34.95
200m:	2:11.38	34.01	600m:	6:50.41	35.17	1000m:	11:32.45	35.49	1400m:	16:13.75	35.19
250m:	2:45.71	34.33	650m:	7:25.48	35.07	1050m:	12:07.61	35.16	1450m:	16:48.38	34.63
300m:	3:20.36	34.65	700m:	8:00.81	35.33	1100m:	12:43.11	35.50	1500m:	17:20.55	32.17
350m:	3:55.34	34.98	750m:	8:36.24	35.43	1150m:	13:18.20	35.09			
400m:	4:30.22	34.88	800m:	9:11.36	35.12	1200m:	13:53.65	35.45			
14. GARCÍA AFONSO, Alexis			07		C. N. FERROL		17:24.12	3,00			
50m:	30.13	30.13	450m:	5:05.30	34.86	850m:	9:47.07	35.46	1250m:	14:29.65	35.52
100m:	1:03.45	33.32	500m:	5:40.06	34.76	900m:	10:22.46	35.39	1300m:	15:04.68	35.03
150m:	1:37.51	34.06	550m:	6:15.37	35.31	950m:	10:57.56	35.10	1350m:	15:40.12	35.44
200m:	2:11.55	34.04	600m:	6:50.56	35.19	1000m:	11:32.81	35.25	1400m:	16:16.08	35.96
250m:	2:45.85	34.30	650m:	7:25.65	35.09	1050m:	12:08.18	35.37	1450m:	16:51.28	35.20
300m:	3:20.48	34.63	700m:	8:00.98	35.33	1100m:	12:43.69	35.51	1500m:	17:24.12	32.84
350m:	3:55.40	34.92	750m:	8:36.46	35.48	1150m:	13:18.91	35.22			
400m:	4:30.44	35.04	800m:	9:11.61	35.15	1200m:	13:54.13	35.22			
15. BARROS DA SILVA, Pedro			07		C. N. GALAICO		17:27.80	-			
50m:	30.91	30.91	450m:	5:08.42	35.37	850m:	9:50.15	35.08	1250m:	14:34.85	35.68
100m:	1:04.88	33.97	500m:	5:43.33	34.91	900m:	10:25.91	35.76	1300m:	15:10.20	35.35
150m:	1:39.37	34.49	550m:	6:18.29	34.96	950m:	11:01.44	35.53	1350m:	15:45.26	35.06
200m:	2:13.65	34.28	600m:	6:53.62	35.33	1000m:	11:37.00	35.56	1400m:	16:20.63	35.37
250m:	2:48.62	34.97	650m:	7:29.20	35.58	1050m:	12:12.25	35.25	1450m:	16:55.87	35.24
300m:	3:23.29	34.67	700m:	8:04.33	35.13	1100m:	12:47.85	35.60	1500m:	17:27.80	31.93
350m:	3:58.33	35.04	750m:	8:39.77	35.44	1150m:	13:23.63	35.78			
400m:	4:33.05	34.72	800m:	9:15.07	35.30	1200m:	13:59.17	35.54			
16. ALVAREZ REPARAZ, Alejandro			04		C. N. GALAICO		18:34.04	-			
50m:	32.71	32.71	450m:	5:28.08	37.74	850m:	10:27.82	37.49	1250m:	15:29.59	37.30
100m:	1:07.86	35.15	500m:	6:06.07	37.99	900m:	11:05.42	37.60	1300m:	16:07.20	37.61
150m:	1:44.06	36.20	550m:	6:43.31	37.24	950m:	11:42.94	37.52	1350m:	16:44.78	37.58
200m:	2:20.97	36.91	600m:	7:21.20	37.89	1000m:	12:20.81	37.87	1400m:	17:22.06	37.28
250m:	2:58.18	37.21	650m:	7:58.26	37.06	1050m:	12:58.52	37.71	1450m:	17:58.40	36.34
300m:	3:35.48	37.30	700m:	8:35.66	37.40	1100m:	13:36.77	38.25	1500m:	18:34.04	35.64
350m:	4:12.87	37.39	750m:	9:13.36	37.70	1150m:	14:14.40	37.63			
400m:	4:50.34	37.47	800m:	9:50.33	36.97	1200m:	14:52.29	37.89			

Prueba 24
26/11/2022

Fem., 100m Espalda

Absoluto Femenino
Resultados Final

RG	1:01.18	, CERNADAS GONZALEZ ANA	CFVLUGO	28/11/2021
RC	1:01.34	CERNADAS GONZALEZ, Ana	FRIGSA P25 - Elec.	26/11/2022

Clasificación		AN		Tiempo	ABSO
Final A					
1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:01.48	19,00
	50m: 30.28 30.28	100m: 1:01.48	31.20		
2.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	1:04.55	16,00
	50m: 31.63 31.63	100m: 1:04.55	32.92		
3.	BORRAZAS RODRIGUEZ, Noa	08	Sporting C. Casino	1:05.62	14,00
	50m: 32.47 32.47	100m: 1:05.62	33.15		
4.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:05.66	13,00
	50m: 32.25 32.25	100m: 1:05.66	33.41		
5.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:06.07	12,00
	50m: 32.37 32.37	100m: 1:06.07	33.70		
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:07.02	11,00
	50m: 32.55 32.55	100m: 1:07.02	34.47		
Final B					
7.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:06.31	10,00
	50m: 31.99 31.99	100m: 1:06.31	34.32		
8.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:06.86	9,00
	50m: 32.61 32.61	100m: 1:06.86	34.25		
9.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:08.79	8,00
	50m: 32.94 32.94	100m: 1:08.79	35.85		
10.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	1:09.11	7,00
	50m: 33.55 33.55	100m: 1:09.11	35.56		
11.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:09.46	6,00
	50m: 33.02 33.02	100m: 1:09.46	36.44		
12.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	1:09.58	5,00
	50m: 33.72 33.72	100m: 1:09.58	35.86		

Prueba 24
26/11/2022 - 11:20

Fem., 100m Espalda

Absoluto Femenino
Resultados Prelim

RG	1:01.18	CERNADAS GONZALEZ ANA	CFVLUGO	28/11/2021
RC	1:02.04	CERNADAS GONZALEZ, ANA	CFVLUGO	03/01/2021

Clasificación		AN		Tiempo	ABSO	
1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:01.34	3,00	A RC
	50m: 30.10 30.10	100m: 1:01.34	31.24			
2.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	1:04.12	-	A
	50m: 31.66 31.66	100m: 1:04.12	32.46			
3.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:05.66	-	A
	50m: 32.30 32.30	100m: 1:05.66	33.36			
4.	SOLER LOMBA, Rosalía	00	RCN VIGO	1:06.21	-	A
	50m: 32.41 32.41	100m: 1:06.21	33.80			
5.	BORRAZAS RODRIGUEZ, Noa	08	Sporting C. Casino	1:06.23	-	A
	50m: 32.56 32.56	100m: 1:06.23	33.67			
6.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:06.95	-	A
	50m: 32.65 32.65	100m: 1:06.95	34.30			
7.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:07.09	-	B
	50m: 32.10 32.10	100m: 1:07.09	34.99			
8.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	1:07.41	-	B
	50m: 32.88 32.88	100m: 1:07.41	34.53			
9.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:08.60	-	B
	50m: 32.94 32.94	100m: 1:08.60	35.66			
10.	MARTINEZ OTERO, Eva	08	C. N. MOS	1:08.86	-	B
	50m: 32.68 32.68	100m: 1:08.86	36.18			
11.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	1:09.09	-	B MMG
	50m: 33.49 33.49	100m: 1:09.09	35.60			
12.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	1:09.82	-	B
	50m: 34.09 34.09	100m: 1:09.82	35.73			
13.	CHANS FANEGO, Paula	03	C. N. FERROL	1:09.90	4,00	
	50m: 33.85 33.85	100m: 1:09.90	36.05			
14.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR	1:09.95	3,00	
	50m: 33.35 33.35	100m: 1:09.95	36.60			
15.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	1:10.45	-	
	50m: 34.31 34.31	100m: 1:10.45	36.14			
16.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	1:10.60	2,00	
	50m: 34.12 34.12	100m: 1:10.60	36.48			
17.	SÁNCHEZ GRANDAL, Lucía	04	C. N. CEDEIRA	1:10.87	1,00	
	50m: 34.52 34.52	100m: 1:10.87	36.35			
18.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	1:10.98	-	
	50m: 34.34 34.34	100m: 1:10.98	36.64			
19.	IBAÑEZ JIMENO, Andrea	06	C. N. RIVEIRA	1:11.12	-	
	50m: 34.11 34.11	100m: 1:11.12	37.01			
20.	GIL GARNACHO, Carlota	09	Sporting C. Casino	1:11.20	-	
	50m: 34.94 34.94	100m: 1:11.20	36.26			
21.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	1:11.71	-	
	50m: 33.69 33.69	100m: 1:11.71	38.02			

Prueba 24, Fem., 100m Espalda, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO
22.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	1:11.97	-
	50m: 35.46 35.46	100m: 1:11.97	36.51		
23.	FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	1:12.20	-
	50m: 34.43 34.43	100m: 1:12.20	37.77		
24.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	1:12.54	-
	50m: 35.38 35.38	100m: 1:12.54	37.16		
25.	VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	1:12.83	-
	50m: 35.74 35.74	100m: 1:12.83	37.09		
26.	TAJES LEDE, Sara	07	C. N. GALAICO	1:13.78	-
	50m: 35.17 35.17	100m: 1:13.78	38.61		
27.	SALVANTE LAGO, Ainhoa	03	C. N. FERROL	1:15.38	-
	50m: 34.75 34.75	100m: 1:15.38	40.63		
28.	BARCIA RAMA, Lucia	04	C. N. CORUÑA	1:16.64	-
	50m: 36.30 36.30	100m: 1:16.64	40.34		

Prueba 25
26/11/2022

Masc., 100m Espalda

Absoluto Masculino
Resultados Final

RG	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación

AN

Tiempo ABSO

Final A

1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	53.98	19,00	
	50m: 26.22 26.22	100m: 53.98	27.76			
2.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	57.09	16,00	
	50m: 27.12 27.12	100m: 57.09	29.97			
3.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	58.00	14,00	MMG
	50m: 28.69 28.69	100m: 58.00	29.31			
4.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	58.51	13,00	
	50m: 27.94 27.94	100m: 58.51	30.57			
5.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	58.69	12,00	
	50m: 28.64 28.64	100m: 58.69	30.05			
6.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	58.83	11,00	
	50m: 28.30 28.30	100m: 58.83	30.53			

Final B

7.	SUAREZ MARTINEZ, Diego	08	Sporting C. Casino	1:00.01	10,00	MMG
	50m: 28.93 28.93	100m: 1:00.01	31.08			
8.	ORECHIA, Agustín	06	CIDADE SANTIAGO	1:00.32	9,00	
	50m: 30.07 30.07	100m: 1:00.32	30.25			
9.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	1:00.49	8,00	
	50m: 29.26 29.26	100m: 1:00.49	31.23			
10.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	1:00.57	-	
	50m: 29.37 29.37	100m: 1:00.57	31.20			
11.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	1:00.68	-	
	50m: 29.95 29.95	100m: 1:00.68	30.73			
12.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	1:01.07	7,00	
	50m: 30.21 30.21	100m: 1:01.07	30.86			

Prueba 25
26/11/2022 - 11:35

Masc., 100m Espalda

Absoluto Masculino
Resultados Prelim

RG	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	53.46	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación		AN		Tiempo	ABSO	
1.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	56.05	-	A
	50m: 27.14 27.14	100m: 56.05	28.91			
2.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	58.17	-	A MMG
	50m: 28.48 28.48	100m: 58.17	29.69			
3.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	58.59	-	A
	50m: 27.92 27.92	100m: 58.59	30.67			
4.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	58.60	-	A
	50m: 27.46 27.46	100m: 58.60	31.14			
5.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	58.82	-	A
	50m: 28.70 28.70	100m: 58.82	30.12			
6.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	58.91	-	A
	50m: 28.41 28.41	100m: 58.91	30.50			
7.	ORECHIA, Agustín	06	CIDADE SANTIAGO	1:00.31	-	B
	50m: 29.80 29.80	100m: 1:00.31	30.51			
8.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	1:00.45	-	B
	50m: 29.99 29.99	100m: 1:00.45	30.46			
	SUAREZ MARTINEZ, Diego	08	Sporting C. Casino	1:00.45	-	B MMG
	50m: 29.39 29.39	100m: 1:00.45	31.06			
10.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	1:00.81	-	B
	50m: 30.12 30.12	100m: 1:00.81	30.69			
11.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	1:00.83	-	B
	50m: 29.38 29.38	100m: 1:00.83	31.45			
12.	CARBALLO RODRIGUEZ, Enrique	07	PABELLON OURENSE	1:01.13	-	B
	50m: 30.13 30.13	100m: 1:01.13	31.00			
13.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	1:01.38	6,00	
	50m: 30.18 30.18	100m: 1:01.38	31.20			
14.	GARCIA MORENO, Jorge	00	C. N. PANAS	1:01.76	5,00	
	50m: 29.95 29.95	100m: 1:01.76	31.81			
15.	REY PITA, Simon	04	A. D. FOGAR	1:01.78	4,00	
	50m: 29.85 29.85	100m: 1:01.78	31.93			
16.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	1:02.34	3,00	
	50m: 29.73 29.73	100m: 1:02.34	32.61			
17.	BURGO BEIRO, Marcos	00	C. FLUVIAL LUGO	1:03.03	2,00	
	50m: 30.09 30.09	100m: 1:03.03	32.94			
18.	LOPEZ FERNANDEZ, Martin	04	PABELLON OURENSE	1:03.04	-	
	50m: 31.33 31.33	100m: 1:03.04	31.71			
19.	GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	1:03.20	1,00	
	50m: 30.84 30.84	100m: 1:03.20	32.36			
20.	VILA PEREIRA, Brais	03	C. N. PONTEAREAS	1:03.36	-	
	50m: 30.01 30.01	100m: 1:03.36	33.35			
21.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	1:03.47	-	
	50m: 30.95 30.95	100m: 1:03.47	32.52			

Prueba 25, Masc., 100m Espalda, Prelim, Absoluto Masculino

Clasificación	AN		Tiempo	ABSO
22. POSE FERNÁNDEZ, Pablo 50m: 31.49 31.49 100m: 1:05.15	05	C. N. ARTEIXO 33.66	1:05.15	-
23. FIGUEROA FERNANDEZ, Gabriel 50m: 31.49 31.49 100m: 1:05.17	04	RCN VIGO 33.68	1:05.17	-
DSQ GOMEZ TOJO, Ander <i>Llegada irregular</i>	05	C. FLUVIAL LUGO		-
Baja enf. LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL		-
Baja enf. MERZLYAKOV KOSTOMAROV, Mikhaï07		PABELLON OURENSE		-

Prueba 26
26/11/2022

Fem., 200m Braza

Absoluto Femenino
Resultados Final

RG	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011
RC	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011

Clasificación	AN		Tiempo		ABSO	
Final A						
1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:45.01	19,00	
	50m: 36.13 36.13	100m: 1:17.52	41.39	150m: 2:00.56	43.04	200m: 2:45.01 44.45
2.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	2:46.22	16,00	
	50m: 36.76 36.76	100m: 1:18.32	41.56	150m: 2:02.15	43.83	200m: 2:46.22 44.07
3.	LOPEZ FRANCO, Maria	07	C. N. RIVEIRA	2:46.84	14,00	
	50m: 36.80 36.80	100m: 1:18.68	41.88	150m: 2:02.04	43.36	200m: 2:46.84 44.80
4.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	2:49.69	13,00	
	50m: 38.43 38.43	100m: 1:21.07	42.64	150m: 2:05.11	44.04	200m: 2:49.69 44.58
5.	LEIVAS ROCA, Candela	05	C. N. FERROL	2:51.18	12,00	
	50m: 38.15 38.15	100m: 1:21.38	43.23	150m: 2:05.24	43.86	200m: 2:51.18 45.94
6.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	2:51.81	11,00	
	50m: 38.53 38.53	100m: 1:21.90	43.37	150m: 2:06.77	44.87	200m: 2:51.81 45.04
Final B						
7.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:51.64	10,00	
	50m: 40.32 40.32	100m: 1:24.44	44.12	150m: 2:08.03	43.59	200m: 2:51.64 43.61
8.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	2:52.61	8,50	
	50m: 38.85 38.85	100m: 1:21.95	43.10	150m: 2:07.44	45.49	200m: 2:52.61 45.17
	NOGUERAS PORTO, Sara	08	C. FLUVIAL LUGO	2:52.61	8,50	
	50m: 39.43 39.43	100m: 1:23.24	43.81	150m: 2:07.51	44.27	200m: 2:52.61 45.10
10.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	2:54.53	7,00	
	50m: 40.42 40.42	100m: 1:24.78	44.36	150m: 2:09.97	45.19	200m: 2:54.53 44.56
11.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	2:55.46	6,00	
	50m: 40.40 40.40	100m: 1:25.51	45.11	150m: 2:10.89	45.38	200m: 2:55.46 44.57
12.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:56.04	5,00	
	50m: 40.91 40.91	100m: 1:25.75	44.84	150m: 2:11.71	45.96	200m: 2:56.04 44.33

Prueba 26
26/11/2022 - 11:48

Fem., 200m Braza

Absoluto Femenino
Resultados Prelim

RG	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011
RC	2:25.29	, GOMEZ CORTES, BEATRIZ	GALAICO	29/12/2011

Clasificación			AN			Tiempo	ABSO		
1.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	2:44.06	-	A			
	50m: 36.53 36.53	100m: 1:18.14	41.61	150m: 2:00.63	42.49	200m: 2:44.06	43.43		
2.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	2:46.42	-	A			
	50m: 37.10 37.10	100m: 1:19.65	42.55	150m: 2:02.91	43.26	200m: 2:46.42	43.51		
3.	LEIVAS ROCA, Candela	05	C. N. FERROL	2:47.91	-	A			
	50m: 38.37 38.37	100m: 1:20.50	42.13	150m: 2:03.44	42.94	200m: 2:47.91	44.47		
4.	LOPEZ FRANCO, Maria	07	C. N. RIVEIRA	2:48.20	-	A			
	50m: 37.50 37.50	100m: 1:19.92	42.42	150m: 2:03.10	43.18	200m: 2:48.20	45.10		
5.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	2:48.30	-	A			
	50m: 38.67 38.67	100m: 1:21.60	42.93	150m: 2:04.80	43.20	200m: 2:48.30	43.50		
6.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	2:51.90	-	A			
	50m: 38.61 38.61	100m: 1:22.18	43.57	150m: 2:06.90	44.72	200m: 2:51.90	45.00		
7.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	2:52.55	-	B			
	50m: 38.56 38.56	100m: 1:21.83	43.27	150m: 2:07.07	45.24	200m: 2:52.55	45.48		
8.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	2:53.43	-	B			
	50m: 38.54 38.54	100m: 1:21.43	42.89	150m: 2:06.36	44.93	200m: 2:53.43	47.07		
9.	NOGUERAS PORTO, Sara	08	C. FLUVIAL LUGO	2:55.21	-	B			
	50m: 38.88 38.88	100m: 1:22.96	44.08	150m: 2:08.07	45.11	200m: 2:55.21	47.14		
10.	FARIÑA MARTINEZ, Paula	07	C. N. GALAICO	2:55.30	-	B			
	50m: 41.05 41.05	100m: 1:25.21	44.16	150m: 2:10.81	45.60	200m: 2:55.30	44.49		
11.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:56.84	-	B			
	50m: 40.96 40.96	100m: 1:25.97	45.01	150m: 2:11.63	45.66	200m: 2:56.84	45.21		
12.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	2:58.67	-	B			
	50m: 41.05 41.05	100m: 1:26.69	45.64	150m: 2:12.46	45.77	200m: 2:58.67	46.21		
13.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:58.76	-				
	50m: 41.22 41.22	100m: 1:26.31	45.09	150m: 2:12.77	46.46	200m: 2:58.76	45.99		
14.	CABANAS DEL RIO, Carla	09	Sporting C. Casino	3:04.08	-				
	50m: 40.07 40.07	100m: 1:26.22	46.15	150m: 2:15.30	49.08	200m: 3:04.08	48.78		
15.	DOMINGUEZ CASABELLA, Andrea	03	C. N. PONTEAREAS	3:05.99	-				
	50m: 41.63 41.63	100m: 1:28.60	46.97	150m: 2:17.51	48.91	200m: 3:05.99	48.48		
DSQ	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA		-				
	<i>Nado irregular</i>								
Baja enf.	MARTÍNEZ JUSTO, Penélope	93	C. N. ARTEIXO		-				

Prueba 27
26/11/2022

Masc., 200m Braza

Absoluto Masculino
Resultados Final

RG	2:10.13	, LEIRO ALVAREZ, LUIS	RCNVIGO	27/11/2009
RC	2:15.08	, LEIRO ALVAREZ, LUIS	RCNVIGO	29/12/2010

Clasificación			AN			Tiempo	ABSO		
Final A									
1.	NOVO LOPEZ, Brais		03	C. N. PORTAMIÑA	2:16.47	19,00			
	50m: 29.82 29.82	100m: 1:04.56		34.74 150m: 1:40.63	36.07	200m: 2:16.47	35.84		
2.	GÓMEZ MESÍAS, Miguel Ángel		03	C. N. ARTEIXO	2:19.47	16,00			
	50m: 31.43 31.43	100m: 1:06.28		34.85 150m: 1:42.22	35.94	200m: 2:19.47	37.25		
3.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS	2:23.05	14,00			
	50m: 32.84 32.84	100m: 1:09.69		36.85 150m: 1:46.39	36.70	200m: 2:23.05	36.66		
4.	PÉREZ LORENZO, Manuel		05	S. DEP. BOIRO	2:31.41	13,00			
	50m: 34.04 34.04	100m: 1:12.60		38.56 150m: 1:51.65	39.05	200m: 2:31.41	39.76		
5.	DOMÍNGUEZ FERNÁNDEZ, Pablo		01	RCN VIGO	2:31.49	12,00			
	50m: 33.17 33.17	100m: 1:10.78		37.61 150m: 1:50.27	39.49	200m: 2:31.49	41.22		
6.	CARRERA COSTAS, Martin		96	C. N. PONTEAREAS	2:33.46	11,00			
	50m: 33.74 33.74	100m: 1:12.48		38.74 150m: 1:53.01	40.53	200m: 2:33.46	40.45		
Final B									
7.	SEIJO BERMUDEZ, Daniel		04	C. N. FERROL	2:28.35	10,00			
	50m: 32.74 32.74	100m: 1:10.29		37.55 150m: 1:49.36	39.07	200m: 2:28.35	38.99		
8.	PEDROUZO ARES, Javier		00	C. N. PORTAMIÑA	2:28.85	9,00			
	50m: 33.27 33.27	100m: 1:10.69		37.42 150m: 1:49.11	38.42	200m: 2:28.85	39.74		
9.	HERNANDEZ NIÑO, Juan David		99	C. N. GALAICO	2:31.33	8,00			
	50m: 34.68 34.68	100m: 1:12.77		38.09 150m: 1:52.04	39.27	200m: 2:31.33	39.29		
10.	FARO MARTINEZ, Yoel		07	C. N. PONTEAREAS	2:32.01	7,00			
	50m: 32.39 32.39	100m: 1:09.57		37.18 150m: 1:50.23	40.66	200m: 2:32.01	41.78		
11.	DOPICO REY, Anton		97	C. N. FERROL	2:33.58	6,00			
	50m: 34.29 34.29	100m: 1:13.74		39.45 150m: 1:53.66	39.92	200m: 2:33.58	39.92		
12.	VAZQUEZ FERNANDEZ, Nicolas		06	C. N. GALAICO	2:36.87	5,00			
	50m: 33.69 33.69	100m: 1:12.78		39.09 150m: 1:54.07	41.29	200m: 2:36.87	42.80		

Prueba 27
26/11/2022 - 12:00

Masc., 200m Braza

Absoluto Masculino
Resultados Prelim

RG	2:10.13	, LEIRO ALVAREZ, LUIS	RCNVIGO	27/11/2009
RC	2:15.08	, LEIRO ALVAREZ, LUIS	RCNVIGO	29/12/2010

Clasificación				AN				Tiempo	ABSO			
1.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:21.01	-	A						
	50m: 31.86 31.86	100m: 1:07.38	35.52	150m: 1:43.49	36.11	200m: 2:21.01	37.52					
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:22.70	-	A						
	50m: 32.61 32.61	100m: 1:09.08	36.47	150m: 1:46.45	37.37	200m: 2:22.70	36.25					
3.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:26.53	-	A						
	50m: 33.56 33.56	100m: 1:12.06	38.50	150m: 1:49.08	37.02	200m: 2:26.53	37.45					
4.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	2:29.15	-	A						
	50m: 32.76 32.76	100m: 1:09.61	36.85	150m: 1:48.08	38.47	200m: 2:29.15	41.07					
5.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:29.47	-	A						
	50m: 34.32 34.32	100m: 1:12.28	37.96	150m: 1:50.80	38.52	200m: 2:29.47	38.67					
6.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	2:29.96	-	A						
	50m: 33.40 33.40	100m: 1:10.51	37.11	150m: 1:49.43	38.92	200m: 2:29.96	40.53					
7.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:30.07	-	B						
	50m: 33.93 33.93	100m: 1:12.25	38.32	150m: 1:50.82	38.57	200m: 2:30.07	39.25					
8.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	2:30.20	-	B						
	50m: 33.74 33.74	100m: 1:12.33	38.59	150m: 1:50.18	37.85	200m: 2:30.20	40.02					
9.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:31.08	-	B						
	50m: 34.32 34.32	100m: 1:12.95	38.63	150m: 1:51.86	38.91	200m: 2:31.08	39.22					
10.	HERNANDEZ NIÑO, Juan David	99	C. N. GALAICO	2:31.62	-	B						
	50m: 34.19 34.19	100m: 1:12.59	38.40	150m: 1:51.72	39.13	200m: 2:31.62	39.90					
11.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	2:33.37	-	B						
	50m: 33.57 33.57	100m: 1:12.89	39.32	150m: 1:53.07	40.18	200m: 2:33.37	40.30					
12.	DOPICO REY, Anton	97	C. N. FERROL	2:34.63	-	B						
	50m: 34.91 34.91	100m: 1:14.60	39.69	150m: 1:54.91	40.31	200m: 2:34.63	39.72					
13.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:34.90	4,00							
	50m: 35.35 35.35	100m: 1:14.78	39.43	150m: 1:55.10	40.32	200m: 2:34.90	39.80					
14.	CONDE VARELA, David	05	C. N. MONFORTE	2:35.05	3,00							
	50m: 33.98 33.98	100m: 1:13.89	39.91	150m: 1:54.86	40.97	200m: 2:35.05	40.19					
15.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:35.15	2,00							
	50m: 33.57 33.57	100m: 1:12.34	38.77	150m: 1:53.05	40.71	200m: 2:35.15	42.10					
16.	SANMARTIN HERNANDEZ, Bruno	05	C. N. FERROL	2:35.41	-							
	50m: 34.74 34.74	100m: 1:15.19	40.45	150m: 1:56.09	40.90	200m: 2:35.41	39.32					
17.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:35.45	1,00							
	50m: 33.75 33.75	100m: 1:12.94	39.19	150m: 1:53.59	40.65	200m: 2:35.45	41.86					
18.	RODRIGUEZ DEL RIO, Miguel	06	PABELLON OURENSE	2:37.56	-							
	50m: 35.25 35.25	100m: 1:15.27	40.02	150m: 1:56.61	41.34	200m: 2:37.56	40.95					
19.	INFESTAS CARAZO, Samuel	03	RCN VIGO	2:39.82	-							
	50m: 36.02 36.02	100m: 1:16.15	40.13	150m: 1:57.63	41.48	200m: 2:39.82	42.19					
20.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	2:40.38	-							
	50m: 33.66 33.66	100m: 1:13.26	39.60	150m: 1:55.32	42.06	200m: 2:40.38	45.06					

Prueba 27, Masc., 200m Braza, Prelim, Absoluto Masculino

Clasificación	AN	Tiempo	ABSO
DSQ VAZQUEZ LIZ, Alejandro <i>Nado irregular</i>	03 C. N. PORTAMIÑA		-

Prueba 28
26/11/2022 - 20:00

Fem., 800m Libre

Absoluto Femenino
Resultados

RG	8:18.69	GOMEZ CORTES, BEATRIZ	GALAICO	14/12/2014
RC	8:29.22	VILAS VIDAL, MARIA	RIVEIRA	30/12/2012

Clasificación			AN			Tempo	ABSO		
1.	CARRON MUIÑA, Carla		05	C. N. PONTEAREAS		8:49.50	19,00		
	50m:	29.42 29.42	250m:	2:41.48 33.46	450m:	4:56.68 33.67	650m:	7:10.60 33.26	
	100m:	1:01.74 32.32	300m:	3:15.30 33.82	500m:	5:30.38 33.70	700m:	7:44.04 33.44	
	150m:	1:34.75 33.01	350m:	3:49.22 33.92	550m:	6:03.83 33.45	750m:	8:17.31 33.27	
	200m:	2:08.02 33.27	400m:	4:23.01 33.79	600m:	6:37.34 33.51	800m:	8:49.50 32.19	
2.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		9:09.75	16,00		
	50m:	29.43 29.43	250m:	2:43.60 34.45	450m:	5:03.41 34.90	650m:	7:24.45 35.32	
	100m:	1:01.97 32.54	300m:	3:18.51 34.91	500m:	5:38.55 35.14	700m:	7:59.92 35.47	
	150m:	1:35.25 33.28	350m:	3:53.45 34.94	550m:	6:13.90 35.35	750m:	8:35.14 35.22	
	200m:	2:09.15 33.90	400m:	4:28.51 35.06	600m:	6:49.13 35.23	800m:	9:09.75 34.61	
3.	ORTIZ DE GUINEA BASTON, Alba		97	C. N. PONTEAREAS		9:13.75	14,00		
	50m:	30.82 30.82	250m:	2:48.35 34.76	450m:	5:08.51 34.98	650m:	7:29.20 34.93	
	100m:	1:04.68 33.86	300m:	3:23.16 34.81	500m:	5:43.84 35.33	700m:	8:04.24 35.04	
	150m:	1:39.13 34.45	350m:	3:58.24 35.08	550m:	6:19.06 35.22	750m:	8:39.11 34.87	
	200m:	2:13.59 34.46	400m:	4:33.53 35.29	600m:	6:54.27 35.21	800m:	9:13.75 34.64	
4.	PARDO CHAS, Eva		04	C. N. FERROL		9:19.55	13,00		
	50m:	31.40 31.40	250m:	2:50.03 35.42	450m:	5:12.07 35.16	650m:	7:33.69 35.49	
	100m:	1:05.41 34.01	300m:	3:26.01 35.48	500m:	5:47.44 35.37	700m:	8:09.36 35.67	
	150m:	1:40.12 34.71	350m:	4:01.54 35.53	550m:	6:22.93 35.49	750m:	8:45.07 35.71	
	200m:	2:15.11 34.99	400m:	4:36.91 35.37	600m:	6:58.20 35.27	800m:	9:19.55 34.48	
5.	BARROS DA SILVA, Sofia		09	C. N. GALAICO		9:25.27	12,00		
	50m:	31.43 31.43	250m:	2:50.29 35.79	450m:	5:14.48 36.17	650m:	7:39.14 35.97	
	100m:	1:05.05 33.62	300m:	3:26.20 35.91	500m:	5:50.76 36.28	700m:	8:15.58 36.44	
	150m:	1:39.60 34.55	350m:	4:02.15 35.95	550m:	6:26.96 36.20	750m:	8:51.10 35.52	
	200m:	2:14.50 34.90	400m:	4:38.31 36.16	600m:	7:03.17 36.21	800m:	9:25.27 34.17	
6.	BORRAZAS RODRIGUEZ, Noa		08	Sporting C. Casino		9:27.20	11,00		
	50m:	32.93 32.93	250m:	2:55.08 35.42	450m:	5:19.62 36.20	650m:	7:42.71 35.69	
	100m:	1:08.21 35.28	300m:	3:31.06 35.98	500m:	5:55.64 36.02	700m:	8:18.10 35.39	
	150m:	1:43.71 35.50	350m:	4:06.96 35.90	550m:	6:31.21 35.57	750m:	8:53.20 35.10	
	200m:	2:19.66 35.95	400m:	4:43.42 36.46	600m:	7:07.02 35.81	800m:	9:27.20 34.00	
7.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		9:28.00	10,00		
	50m:	31.16 31.16	250m:	2:50.49 35.62	450m:	5:14.36 36.28	650m:	7:40.19 36.53	
	100m:	1:04.80 33.64	300m:	3:26.35 35.86	500m:	5:50.77 36.41	700m:	8:16.83 36.64	
	150m:	1:39.57 34.77	350m:	4:02.18 35.83	550m:	6:26.87 36.10	750m:	8:53.80 36.97	
	200m:	2:14.87 35.30	400m:	4:38.08 35.90	600m:	7:03.66 36.79	800m:	9:28.00 34.20	
8.	PEREZ GARCIA-PICHER, Ana		98	C. N. GALAICO		9:29.96	9,00		
	50m:	33.49 33.49	250m:	2:56.47 35.90	450m:	5:20.25 35.73	650m:	7:43.14 35.66	
	100m:	1:09.28 35.79	300m:	3:32.61 36.14	500m:	5:55.98 35.73	700m:	8:18.95 35.81	
	150m:	1:44.93 35.65	350m:	4:08.48 35.87	550m:	6:31.86 35.88	750m:	8:55.05 36.10	
	200m:	2:20.57 35.64	400m:	4:44.52 36.04	600m:	7:07.48 35.62	800m:	9:29.96 34.91	
9.	CAMBA PRADA, Alexia		05	PABELLON OURENSE		9:37.79	8,00		
	50m:	31.90 31.90	250m:	2:54.32 36.31	450m:	5:21.26 36.60	650m:	7:48.78 36.59	
	100m:	1:06.52 34.62	300m:	3:30.82 36.50	500m:	5:58.19 36.93	700m:	8:25.75 36.97	
	150m:	1:42.22 35.70	350m:	4:07.64 36.82	550m:	6:34.96 36.77	750m:	9:02.74 36.99	
	200m:	2:18.01 35.79	400m:	4:44.66 37.02	600m:	7:12.19 37.23	800m:	9:37.79 35.05	
10.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO		9:44.67	7,00		
	50m:	33.32 33.32	250m:	2:56.77 35.82	450m:	5:23.37 36.81	650m:	7:52.10 37.67	
	100m:	1:08.97 35.65	300m:	3:32.89 36.12	500m:	6:00.28 36.91	700m:	8:29.72 37.62	
	150m:	1:44.96 35.99	350m:	4:09.62 36.73	550m:	6:37.25 36.97	750m:	9:07.62 37.90	
	200m:	2:20.95 35.99	400m:	4:46.56 36.94	600m:	7:14.43 37.18	800m:	9:44.67 37.05	

Prueba 28, Fem., 800m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO
11. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	9:49.17	6,00	
50m: 33.07 33.07	250m: 2:58.52 36.68	450m: 5:28.02 37.17	650m: 7:59.74 38.11		
100m: 1:08.93 35.86	300m: 3:35.72 37.20	500m: 6:06.14 38.12	700m: 8:37.00 37.26		
150m: 1:45.22 36.29	350m: 4:13.31 37.59	550m: 6:43.59 37.45	750m: 9:13.73 36.73		
200m: 2:21.84 36.62	400m: 4:50.85 37.54	600m: 7:21.63 38.04	800m: 9:49.17 35.44		
12. CAMPOS TATO, Uxia	05	PABELLON OURENSE	9:50.98	5,00	
50m: 32.75 32.75	250m: 3:00.68 37.41	450m: 5:29.98 37.44	650m: 7:59.34 37.53		
100m: 1:08.91 36.16	300m: 3:38.03 37.35	500m: 6:07.17 37.19	700m: 8:36.68 37.34		
150m: 1:46.19 37.28	350m: 4:15.42 37.39	550m: 6:44.51 37.34	750m: 9:14.38 37.70		
200m: 2:23.27 37.08	400m: 4:52.54 37.12	600m: 7:21.81 37.30	800m: 9:50.98 36.60		
13. DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	9:59.54	-	
50m: 33.47 33.47	250m: 3:00.20 37.12	450m: 5:31.55 37.89	650m: 8:05.29 38.50		
100m: 1:09.45 35.98	300m: 3:38.23 38.03	500m: 6:09.83 38.28	700m: 8:44.15 38.86		
150m: 1:46.13 36.68	350m: 4:15.89 37.66	550m: 6:48.06 38.23	750m: 9:21.77 37.62		
200m: 2:23.08 36.95	400m: 4:53.66 37.77	600m: 7:26.79 38.73	800m: 9:59.54 37.77		

Prueba 29
26/11/2022 - 12:35

Mixto, 4 x 50m Estilos

Absoluto Mixto
Resultados

RG	1:49.72	GALAICO	GALAICO	28/12/2019
RC	1:49.72	GALAICO	GALAICO	28/12/2019

Clasificación

Tiempo ABSO

Clasificación	Tiempo	ABSO
1. C. N. PORTAMIÑA 1 VAZQUEZ LOPEZ, Martin 03 NOVO LOPEZ, Brais 03	C. N. PORTAMIÑA 1:50.29 25.32 MOURENZA ROCHA, Ines 07 28.74 CANDO SANTOS, Raquel 03	38,00 28.62 27.61
2. C. N. GALAICO 1 SANCHEZ LOUZAN, Daniel 98 LEAL FERNANDEZ, Cibran 00	C. N. GALAICO 1:51.46 26.03 BOUZAS PEDREIRA, Alicia 05 30.15 GARCIA SILVA, Antia 98	32,00 29.94 25.34
3. C. N. ARZUA 1 PEREIRO CARRIL, Oscar 91 RUA COSTOYA, Andrea 06	C. N. ARZUA 1:51.56 25.81 GARCIA SOTO, Marcos 88 34.55 SANMIGUEL TABOADA, Iris 02	28,00 23.57 27.63
4. C. FLUVIAL LUGO 1 CERNADAS GONZALEZ, Ana 04 GOMEZ TOJO, Ander 05	C. FLUVIAL LUGO 1:52.66 29.42 FRANCO CAL, Alba 91 30.57 TEJEIRO PRADO, Xoel 06	26,00 28.40 24.27
5. RCN VIGO 1 SOLER LOMBA, Rosalía 00 DOMÍNGUEZ FERNÁNDEZ, Pablo 01	RCN VIGO 1:53.33 30.64 PEREZ TIERRA, Ismael 02 29.91 RODRÍGUEZ ALONSO, Julia 05	24,00 25.62 27.16
6. PABELLON OURENSE 1 CAMBA PRADA, Alexia 05 GONZALEZ GARCIA, David 00	PABELLON OURENSE 1:53.38 31.91 MOURE DOVAL, Jose 99 29.32 FEIJOO GOMEZ, Eva 04	22,00 26.16 25.99
7. A. D. FOGAR 1 ABELEIRA ALVAREZ, Carlos 02 JIMENEZ COPPA, Carla M. 06	A. D. FOGAR 1:53.94 27.18 VERDES COLLAZO, Manuel 00 34.23 SUAREZ KITAHORI, Nana S. 05	20,00 25.55 26.98
8. C. N. ARTEIXO 1 SÁNCHEZ BELLO, Eva 07 GÓMEZ MESÍAS, Miguel Ángel 03	C. N. ARTEIXO 1:53.96 31.69 GÓMEZ MESÍAS, Alba 00 29.65 DEL RIO REGUEIRA, Marcos 93	18,00 28.16 24.46
9. C. N. PONTEAREAS 1 GONZALEZ ESTEVEZ, Yoel 07 LEMONS FERNANDEZ, Iria 06	C. N. PONTEAREAS 1:54.47 29.35 COSTA FERNANDEZ, Lucas 98 32.41 CARRON MUIÑA, Carla 05	16,00 26.59 26.12
10. C. N. FERROL 1 VILLARNOVO PAZOS, Lucia 08 DOPICO REY, Anton 97	C. N. FERROL 1:56.00 31.76 LOSADA JIMÉNEZ, Sergio 04 31.35 LOPEZ SANMARTIN, Nerea 96	14,00 25.40 27.49
11. VIGO RIAS BAIXAS 1 BLANCO ROUCO, Carmen 06 PASTORIZA SANTA CLARA, Jorge 97	VIGO RIAS BAIXAS 1:56.69 31.44 MENDEZ PUGA, Mario 03 31.55 ALVAREZ PAZOS, Maria 07	12,00 26.61 27.09
12. S. DEP. BOIRO 1 OUVIÑA PICOS, Nadiuska 10 PÉREZ LORENZO, Manuel 05	S. DEP. BOIRO 1:58.97 32.62 SANLÉS DIESTE, Hugo 04 29.22 VILARNOVO SUÁREZ, Noelia 06	10,00 27.33 29.80
13. C. N. RIVEIRA 1 ABUIN VILARIÑO, Anton 98 LOPEZ FRANCO, Martin 01	C. N. RIVEIRA 1:59.07 29.70 IBAÑEZ JIMENO, Andrea 06 29.62 LOPEZ FRANCO, Maria 07	8,00 30.77 28.98
14. Sporting C. Casino 1 BORRAZAS RODRIGUEZ, Noa 08 FERREIRO SALES, Leo 07	Sporting C. Casino 2:00.46 31.14 SUAREZ MARTINEZ, Diego 08 31.89 COUCEIRO BARREIRO, Marta 07	6,00 27.81 29.62
15. CIDADE SANTIAGO 1 SUAREZ RIPOLL, Lia 07 PARCERO AREOSO, Xoel 07	CIDADE SANTIAGO 2:01.90 33.20 ORECHIA, Agustín 06 31.55 CORTIÑAS LAIÑO, Carla 95	4,00 26.82 30.33

Prueba 29, Mixto, 4 x 50m Estilos, Absoluto Mixto

Clasificación				Tiempo	ABSO	
16.	C. N. MONFORTE 1		C. N. MONFORTE	2:02.85	2,00	
	ARIAS FRANCO, Odei	06	27.87	ARIAS PACHECO, Elena	06	36.29
	GUDÍN PÉREZ, Andrea	10	35.58	PONTON RODRIGUEZ, Javier	05	23.11

Prueba 30
26/11/2022 - 20:30

Masc., 4 x 100m Libre

Absoluto Masculino
Resultados

RG	3:24.09	CNFERRO	CNFERRO	27/12/2008
RC	3:24.09	CNFERRO	CNFERRO	27/12/2008

Clasificación

Tiempo ABSO

Clasificación	Equipo	Nombre	Tempo	ABSO	Tempo	ABSO	Tempo	ABSO
1.	C. N. PANAS 1	C. N. PANAS	3:27.66	38,00				
	GARCIA MORENO, Jorge	GARCIA GARAY, Marcos	00 24.17	01 25.12	50.19	01 25.12	52.95	
	BRAVO CONDE, Cristian	ARES BARRAL, Anton	00 25.44	00 24.24	53.20	00 24.24	51.32	
2.	PABELLON OURENSE 1	PABELLON OURENSE	3:29.53	32,00				
	QUIROGA RAMOS, Yago	CIVEIRA CORRAL, Samuel	05 25.91	02 25.00	54.04	02 25.00	52.92	
	CIVEIRA CORRAL, Raul	MOURE DOVAL, Jose	02 24.82	99 24.61	51.34	99 24.61	51.23	
3.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO	3:31.13	28,00				
	GOMEZ TOJO, Ander	ALVAREZ FERNANDEZ, Borja	05 25.29	96 24.14	52.85	96 24.14	51.69	
	PARDO PERNAS, Martin	TEIJEIRO PRADO, Xoel	02 25.01	06 25.58	52.55	06 25.58	54.04	
4.	A. D. FOGAR 1	A. D. FOGAR	3:31.93	26,00				
	GALAN VICENTE, Pablo	VERDES COLLAZO, Manuel	02 25.83	00 24.89	53.69	00 24.89	53.02	
	ABELEIRA ALVAREZ, Carlos	SUAREZ MATO, Yoel	02 24.84	04 25.63	52.93	04 25.63	52.29	
5.	C. N. ARZUA 1	C. N. ARZUA	3:32.15	24,00				MMG
	LEVCHENKO, Nikita	SEGADE MARIÑO, Raul	08 25.77	00 24.86	54.05	00 24.86	53.21	
	GARCIA SOTO, Marcos	PEREIRO CARRIL, Oscar	88 24.83	91 24.73	52.36	91 24.73	52.53	
6.	C. N. GALAICO 1	C. N. GALAICO	3:33.11	22,00				
	UCHA NIETO, Jacobo	SANCHEZ LOUZAN, Daniel	97 25.72	98 24.72	53.66	98 24.72	51.45	
	JUNCAL MOREIRA, Pablo	BOUZAS PEDREIRA, Tomas	01 25.78	98 25.17	54.17	98 25.17	53.83	
7.	C. N. ARTEIXO 1	C. N. ARTEIXO	3:35.02	20,00				
	DEL RIO REGUEIRA, Marcos	DEL RIO REGUEIRA, Ruben	93 25.73	93 25.86	53.97	93 25.86	55.12	
	GARCÍA CASTRO, Mateo	GÓMEZ MESIAS, Miguel Ángel	05 25.41	03 25.22	52.81	03 25.22	53.12	
8.	C. N. FERROL 1	C. N. FERROL	3:36.15	18,00				
	RAMOS PEREZ, Nicolas Anton	LOSADA JIMÉNEZ, Sergio	06 25.93	04 25.59	54.52	04 25.59	54.14	
	NAVARRO LOSADA, Sergi	TABEIRA OLASCOAGA, Tadeo	07 25.81	07 25.92	53.75	07 25.92	53.74	
9.	C. N. PONTEAREAS 1	C. N. PONTEAREAS	3:40.31	16,00				
	MARTINEZ MARTINEZ, Marcos	PINO LORENZO, Brais	03 26.95	01 25.70	55.78	01 25.70	54.58	
	COSTA FERNANDEZ, Lucas	GONZALEZ ESTEVEZ, Yoel	98 25.52	07 26.87	53.79	07 26.87	56.16	
10.	C. N. MONFORTE 1	C. N. MONFORTE	3:41.11	14,00				
	PONTON RODRIGUEZ, Javier	ARIAS FRANCO, Odei	05 25.17	06 26.39	52.79	06 26.39	57.03	
	PONTON RODRIGUEZ, Juan	CONDE VARELA, David	02 25.75	05 25.89	55.17	05 25.89	56.12	
11.	VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS	3:44.62	12,00				
	MENDEZ PUGA, Mario	ALONSO VIDAL, Teo	03 25.92	07 27.49	53.54	07 27.49	57.88	
	MASSÓ ROIG, Martín	PASTORIZA SANTA CLARA, Jorge	07 27.29	97 26.87	56.78	97 26.87	56.42	
12.	RCN VIGO 1	RCN VIGO	3:45.17	10,00				
	DOMÍNGUEZ FERNÁNDEZ, Pablo	FIGUEROA FERNANDEZ, Gabriel	01 26.98	04 26.97	57.08	04 26.97	57.00	
	INFESTAS CARAZO, Samuel	PEREZ TIERRA, Ismael	03 26.83	02 25.38	56.57	02 25.38	54.52	
13.	CIDADE SANTIAGO 1	CIDADE SANTIAGO	3:49.42	8,00				
	SUAREZ RIPOLL, Xian	REY MUNIN, Tomas	03 27.41	06 28.32	57.63	06 28.32	58.96	
	ORECHIA, Agustín	MEIJIDE GIADAS, Diego	06 26.39	00 26.27	55.48	00 26.27	57.35	

DSQ C. N. PORTAMIÑA 1

C. N. PORTAMIÑA

-

Interferencia en el nado

NOVO LOPEZ, Brais, RODRIGUEZ SANCOSMED, Pablo, VAZQUEZ LOPEZ, Martin, DIAZ- BECERRA LOPEZ, Anton

Prueba 31
26/11/2022 - 20:45

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

RG	3:50.03	GALAICO		GALAICO	29/12/2016
RC	3:50.03	GALAICO		GALAICO	29/12/2016

Clasificación

Tiempo ABSO

Clasificación	Equipo	Nombre	Edad	Tempo	Tempo ABSO	Tempo ABSO	Tempo ABSO	Tempo ABSO
1.	C. N. PONTEAREAS 1	C. N. PONTEAREAS		3:57.44	38,00			
		CARRON MUIÑA, Carla	05	27.41	56.90	FARO MARTINEZ, Carla	03	28.11
		CARBALLO GONZALEZ, Sofia	06	29.99	1:02.47	LEMONS FERNANDEZ, Iria	06	27.99
2.	C. N. GALAICO 1	C. N. GALAICO		4:00.44	32,00			
		GARCIA SILVA, Antia	98	27.16	57.59	BARROS DA SILVA, Sofia	09	29.45
		BOUZAS PEDREIRA, Alicia	05	28.72	59.86	FARIÑA MARTINEZ, Paula	07	29.30
3.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO		4:01.18	28,00			
		CERNADAS GONZALEZ, Ana	04	27.54	57.26	FRANCO CAL, Alba	91	28.22
		BUSTO LOPEZ, Ana	04	29.37	1:01.96	RODRIGUEZ HUERTAS, Iria	99	28.66
4.	RCN VIGO 1	RCN VIGO		4:01.91	26,00			
		RODRÍGUEZ ALONSO, Julia	05	28.73	59.34	SOLER LOMBA, Rosalía	00	29.08
		CONS GESTIDO, Victoria Anna	05	28.70	1:01.83	CONS GESTIDO, Henar Diana	02	28.99
5.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA		4:02.35	24,00			
		MOURENZA ROCHA, Ines	07	28.81	1:00.40	MOURENZA ROCHA, Sofia	07	28.65
		CANDO SANTOS, Raquel	03	28.56	59.94	LOPEZ-FREIRE FRANCIA, Carmen	07	29.45
6.	C. N. ARTEIXO 1	C. N. ARTEIXO		4:02.68	22,00			
		GÓMEZ MESÍAS, Alba	00	27.59	57.04	MARTÍNEZ JUSTO, Penélope	93	29.59
		VEIGA SOUTO, Ana	98	29.33	1:01.24	SÁNCHEZ BELLO, Eva	07	29.04
7.	PABELLON OURENSE 1	PABELLON OURENSE		4:05.37	20,00			
		CAMBA PRADA, Alexia	05	28.89	1:01.16	ESTEVEZ CRESPO, Aldara	04	29.67
		MENDEZ BERNARDEZ, Arianna	04	31.18	1:05.52	FEIJOO GOMEZ, Eva	04	26.94
8.	VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS		4:05.54	18,00			
		BLANCO ROUCO, Carmen	06	30.09	1:02.32	RODRIGUEZ RODRIGUEZ, Nina	02	28.64
		GONZALEZ GONZALEZ, Iara	09	30.34	1:03.16	ALVAREZ PAZOS, Maria	07	27.73
9.	C. N. FERROL 1	C. N. FERROL		4:06.62	16,00			
		HERNANDEZ FIGUEROA, Ange Ma	09	30.83	1:03.25	VILLARNOVO PAZOS, Lucia	08	29.34
		PARDO CHAS, Eva	04	29.48	1:01.27	LOPEZ SANMARTIN, Nerea	96	28.48
10.	C. N. CORUÑA 1	C. N. CORUÑA		4:15.75	14,00			
		CANALDA RAMOS, Laura	09	30.31	1:03.27	ALCALDE MAHIA, Ariadna	04	29.02
		BARCIA RAMA, Lucia	04	31.59	1:07.21	FERNANDEZ AGUION, Sara	07	30.85
11.	C. N. MOS 1	C. N. MOS		4:21.36	12,00			
		SALGUEIRIÑO ALVAREZ, Noa	08	31.42	1:05.72	HERMIDA ALONSO, Antia	08	31.28
		PEREIRO RODRIGUEZ, Carolina	08	31.10	1:06.16	MARTINEZ OTERO, Eva	08	30.21
12.	A. D. FOGAR 1	A. D. FOGAR		4:22.03	10,00			
		JIMENEZ COPPA, Carla M.	06	30.48	1:06.30	REY PITA, Clara	07	31.49
		BOTANA PEDREIRA, Lola	06	30.53	1:03.80	ROMANELLI LONGO, Lucia	06	31.04
13.	Sporting C. Casino 1	Sporting C. Casino		4:22.07	8,00			
		GIL GARNACHO, Carlota	09	31.54	1:05.81	COUCEIRO BARREIRO, Marta	07	30.92
		BORRAZAS RODRIGUEZ, Noa	08	29.53	1:01.48	CABANAS DEL RIO, Carla	09	32.52

Prueba 32
27/11/2022

Masc., 50m Espalda

Absoluto Masculino
Resultados Final

RG	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación AN Tiempo ABSO

Final A

1.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	26.09	19,00
2.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	26.92	16,00
3.	NAVARRO LOSADA, Sergi	07	C. N. FERROL	27.11	14,00
4.	REY PITA, Simon	04	A. D. FOGAR	27.79	13,00
5.	PEREZ TIERRA, Ismael	02	RCN VIGO	27.99	12,00
DSQ	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA		11,00
	<i>Sobrepasar los 15 mts</i>				

Final B

7.	SUAREZ MARTINEZ, Diego	08	Sporting C. Casino	27.52	10,00	MMG
8.	ARIAS FRANCO, Odei	06	C. N. MONFORTE	27.81	9,00	
9.	ARES BARRAL, Anton	00	C. N. PANAS	27.92	8,00	
10.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	27.93	7,00	
11.	QUIROGA RAMOS, Yago	05	PABELLON OURENSE	28.04	6,00	
12.	DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	28.16	5,00	

Prueba 32
27/11/2022 - 9:30

Masc., 50m Espalda

Absoluto Masculino
Resultados Prelim

RG	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013
RC	24.35	, PEREIRO CARRIL, OSCAR	ARZUA	28/12/2013

Clasificación	AN		Tiempo	ABSO	
1.	98	C. N. GALAICO	26.08	-	A
2.	03	C. N. PORTAMIÑA	26.86	-	A
3.	02	A. D. FOGAR	27.06	-	A
4.	07	C. N. FERROL	27.31	-	A
5.	02	RCN VIGO	27.60	-	A
6.	04	A. D. FOGAR	27.81	-	A
7.	03	C. N. ARTEIXO	27.82	-	B
8.	05	PABELLON OURENSE	27.95	-	B
9.	06	C. N. MONFORTE	27.96	-	B
10.	00	C. N. PANAS	27.98	-	B
11.	08	Sporting C. Casino	28.04	-	B MMG
12.	05	C. N. PORTAMIÑA	28.17	-	B
13.	02	PABELLON OURENSE	28.36	4,00	
14.	07	PABELLON OURENSE	28.77	-	
15.	89	C. FLUVIAL LUGO	28.80	3,00	
16.	00	C. N. FERROL	28.87	2,00	
17.	00	C. FLUVIAL LUGO	29.05	0,50	
	03	C. N. PONTEAREAS	29.05	0,50	
19.	06	C. N. ARTEIXO	29.07	-	
20.	07	C. N. PONTEAREAS	29.21	-	
21.	98	C. N. PANAS	29.87	-	
22.	05	C. N. ARTEIXO	29.96	-	
23.	98	C. N. GALAICO	30.23	-	
24.	07	RCN VIGO	30.45	-	
25.	06	PABELLON OURENSE	30.59	-	
26.	05	C. FLUVIAL LUGO	31.13	-	
27.	03	CIDADE SANTIAGO	31.22	-	
28.	01	C. N. PONTEAREAS	31.50	-	
DSQ	04	PABELLON OURENSE		-	
		<i>Salida anticipada</i>			
Baja enf.	91	C. N. ARZUA		-	

Prueba 33
27/11/2022

Fem., 50m Espalda

Absoluto Femenino
Resultados Final

RG	28.61	, RODIÑO MAQUIEIRA, NEREA	GALAICO	19/12/2008
RC	29.10	, RODIÑO MAQUIEIRA, NEREA	GALAICO	27/12/2008

Clasificación AN Tiempo ABSO

Final A

1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	29.33	19,00	MMG
2.	SOLER LOMBA, Rosalía	00	RCN VIGO	30.46	16,00	
3.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	30.73	14,00	
4.	BORRAZAS RODRIGUEZ, Noa	08	Sporting C. Casino	31.08	13,00	
5.	MARTINEZ OTERO, Eva	08	C. N. MOS	31.38	12,00	
6.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	31.53	11,00	

Final B

7.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	31.72	10,00
8.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	31.88	9,00
9.	SANTISO PRADO, Ana Maria	96	PABELLON OURENSE	32.25	8,00
10.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	32.30	7,00
11.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	32.56	6,00
12.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	32.93	-

Prueba 33
27/11/2022 - 9:40

Fem., 50m Espalda

Absoluto Femenino
Resultados Prelim

RG	28.61	, RODIÑO MAQUIEIRA, NEREA	GALAICO	19/12/2008
RC	29.10	, RODIÑO MAQUIEIRA, NEREA	GALAICO	27/12/2008

Clasificación	AN		Tiempo	ABSO	
1.	04	C. FLUVIAL LUGO	29.51	-	A MMG
2.	00	RCN VIGO	30.87	-	A
3.	06	C. N. PONTEAREAS	31.07	-	A
4.	08	Sporting C. Casino	31.11	-	A
5.	06	C. N. PONTEAREAS	31.67	-	A
6.	08	C. N. MOS	31.71	-	A
7.	04	RCN VIGO	32.03	-	B
8.	07	C. N. ARTEIXO	32.07	-	B
9.	96	PABELLON OURENSE	32.28	-	B
10.	05	C. N. REDONDELA	32.37	-	B
11.	10	C. N. PORTAMIÑA	32.40	-	B MMG
12.	01	C. N. PONTEAREAS	32.60	-	B
13.	04	C. N. CEDEIRA	32.84	5,00	
14.	04	C. N. REDONDELA	32.87	4,00	
15.	03	A. DEP. NT. NARON	32.95	3,00	
16.	07	CIDADE SANTIAGO	33.24	2,00	
17.	02	PABELLON OURENSE	33.31	1,00	
18.	04	C. FLUVIAL LUGO	33.32	-	
19.	94	C. N. ARTEIXO	33.43	-	
20.	07	C. N. PORTAMIÑA	33.54	-	
21.	09	Sporting C. Casino	33.81	-	
22.	04	PABELLON OURENSE	34.00	-	
23.	03	C. N. FERROL	34.15	-	
24.	07	C. N. GALAICO	34.28	-	
25.	06	A. D. FOGAR	34.92	-	
26.	03	C. N. PONTEAREAS	35.05	-	
27.	07	A. D. FOGAR	35.36	-	
28.	04	C. N. CORUÑA	35.46	-	
Baja enf.	05	A. D. FOGAR		-	

Prueba 34
27/11/2022

Masc., 200m Mariposa

Absoluto Masculino
Resultados Final

RG	1:57.37	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	17/11/2019
RC	2:00.78	, GARCIA GARAY, MARCOS	CDELMAR	28/12/2019

Clasificación			AN			Tiempo	ABSO		
Final A									
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS	2:03.54	19,00			
	50m: 28.17 28.17	100m: 1:00.13		31.96 150m: 1:32.05	31.92	200m: 2:03.54	31.49		
2.	GARCIA GARAY, Marcos		01	C. N. PANAS	2:08.03	16,00			
	50m: 28.02 28.02	100m: 1:00.59		32.57 150m: 1:33.97	33.38	200m: 2:08.03	34.06		
3.	LOSADA JIMÉNEZ, Sergio		04	C. N. FERROL	2:08.52	14,00			
	50m: 28.89 28.89	100m: 1:02.08		33.19 150m: 1:34.83	32.75	200m: 2:08.52	33.69		
4.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	2:10.52	13,00			
	50m: 28.74 28.74	100m: 1:02.11		33.37 150m: 1:35.40	33.29	200m: 2:10.52	35.12		
5.	SANCHEZ VAZQUEZ, Antonio		04	C. N. PORTAMIÑA	2:13.58	12,00			
	50m: 28.43 28.43	100m: 1:02.26		33.83 150m: 1:37.66	35.40	200m: 2:13.58	35.92		
6.	QUIROGA RAMOS, Noel		00	PABELLON OURENSE	2:15.41	11,00			
	50m: 29.76 29.76	100m: 1:03.49		33.73 150m: 1:39.04	35.55	200m: 2:15.41	36.37		
Final B									
7.	DIAZ COUCE, Ruben		06	C. N. FERROL	2:18.81	10,00			
	50m: 30.74 30.74	100m: 1:05.67		34.93 150m: 1:41.78	36.11	200m: 2:18.81	37.03		
8.	SOBRINO BUJIA, Mateo		06	C. N. Culleredo	2:19.00	9,00			
	50m: 30.85 30.85	100m: 1:06.29		35.44 150m: 1:42.30	36.01	200m: 2:19.00	36.70		
9.	VARELA PASANDÍN, Alejandro		06	C. N. ARTEIXO	2:20.91	8,00			
	50m: 31.41 31.41	100m: 1:07.89		36.48 150m: 1:44.90	37.01	200m: 2:20.91	36.01		
10.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA	2:21.26	7,00			
	50m: 31.03 31.03	100m: 1:07.06		36.03 150m: 1:44.21	37.15	200m: 2:21.26	37.05		
DSQ	ARENAS FRANCO, Jose Antonio		04	PABELLON OURENSE		6,00			
	<i>Nado irregular</i>								
Baja enf.	REY DE BARROS, Bruno		01	C. N. GALAICO		5,00			

Prueba 34

Masc., 200m Mariposa

Absoluto Masculino

27/11/2022 - 9:50

Resultados Prelim

RG	1:57.37	, MARTÍNEZ NOVOA, MIGUEL	RCNVIGO	17/11/2019
RC	2:00.78	, GARCIA GARAY, MARCOS	CDELMAR	28/12/2019

Clasificación			AN			Tiempo	ABSO		
1.	MENDEZ PUGA, Mario		03	VIGO RIAS BAIXAS	2:06.03	-	A		
	50m: 28.31 28.31	100m: 1:00.76		32.45 150m: 1:33.40	32.64	200m: 2:06.03	32.63		
2.	LOSADA JIMÉNEZ, Sergio		04	C. N. FERROL	2:09.47	-	A		
	50m: 29.22 29.22	100m: 1:02.21		32.99 150m: 1:35.17	32.96	200m: 2:09.47	34.30		
3.	GARCIA GARAY, Marcos		01	C. N. PANAS	2:11.14	-	A		
	50m: 28.32 28.32	100m: 1:01.22		32.90 150m: 1:35.34	34.12	200m: 2:11.14	35.80		
4.	TEIJEIRO PRADO, Xoel		06	C. FLUVIAL LUGO	2:12.31	-	A		
	50m: 28.69 28.69	100m: 1:02.03		33.34 150m: 1:36.03	34.00	200m: 2:12.31	36.28		
5.	SANCHEZ VAZQUEZ, Antonio		04	C. N. PORTAMIÑA	2:13.29	-	A		
	50m: 28.75 28.75	100m: 1:02.61		33.86 150m: 1:38.03	35.42	200m: 2:13.29	35.26		
6.	QUIROGA RAMOS, Noel		00	PABELLON OURENSE	2:15.34	-	A		
	50m: 30.35 30.35	100m: 1:04.46		34.11 150m: 1:39.95	35.49	200m: 2:15.34	35.39		
7.	SOBRINO BUJIA, Mateo		06	C. N. Culleredo	2:16.82	-	B		
	50m: 31.10 31.10	100m: 1:06.82		35.72 150m: 1:42.06	35.24	200m: 2:16.82	34.76		
8.	REY DE BARROS, Bruno		01	C. N. GALAICO	2:20.13	-	B		
	50m: 30.57 30.57	100m: 1:05.87		35.30 150m: 1:42.29	36.42	200m: 2:20.13	37.84		
9.	ARENAS FRANCO, Jose Antonio		04	PABELLON OURENSE	2:20.88	-	B		
	50m: 29.65 29.65	100m: 1:04.12		34.47 150m: 1:41.58	37.46	200m: 2:20.88	39.30		
10.	VARELA PASANDÍN, Alejandro		06	C. N. ARTEIXO	2:21.51	-	B		
	50m: 31.04 31.04	100m: 1:07.08		36.04 150m: 1:44.18	37.10	200m: 2:21.51	37.33		
11.	DIAZ COUCE, Ruben		06	C. N. FERROL	2:21.87	-	B		
	50m: 30.50 30.50	100m: 1:05.62		35.12 150m: 1:43.30	37.68	200m: 2:21.87	38.57		
12.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA	2:21.97	-	B		
	50m: 30.53 30.53	100m: 1:06.46		35.93 150m: 1:44.22	37.76	200m: 2:21.97	37.75		
13.	CIDRÁS PÉREZ, Fabián		05	RCN VIGO	2:21.98	-			
	50m: 30.55 30.55	100m: 1:05.89		35.34 150m: 1:43.59	37.70	200m: 2:21.98	38.39		
14.	RODRIGUEZ DOMINGUEZ, Fco. Javier		04	C. N. PONTEAREAS	2:23.13	-			
	50m: 30.71 30.71	100m: 1:07.52		36.81 150m: 1:44.71	37.19	200m: 2:23.13	38.42		
15.	TABEIRA OLASCOAGA, Tadeo		07	C. N. FERROL	2:23.97	-			
	50m: 31.11 31.11	100m: 1:07.78		36.67 150m: 1:45.35	37.57	200m: 2:23.97	38.62		
16.	DIZ NIEVES, David		04	C. N. FERROL	2:33.65	-			
	50m: 31.57 31.57	100m: 1:08.81		37.24 150m: 1:49.83	41.02	200m: 2:33.65	43.82		

Prueba 35
27/11/2022

Fem., 200m Mariposa

Absoluto Femenino
Resultados Final

RG	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014
RC	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación	AN		Tiempo		ABSO	
Final A						
1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:19.37	19,00	
	50m: 31.43 31.43	100m: 1:07.32	35.89 150m: 1:43.46	36.14	200m: 2:19.37	35.91
2.	BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	2:19.44	16,00	
	50m: 32.11 32.11	100m: 1:07.71	35.60 150m: 1:43.88	36.17	200m: 2:19.44	35.56
3.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:21.53	14,00	
	50m: 30.68 30.68	100m: 1:06.50	35.82 150m: 1:44.17	37.67	200m: 2:21.53	37.36
4.	ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:26.77	13,00	
	50m: 32.26 32.26	100m: 1:09.35	37.09 150m: 1:47.83	38.48	200m: 2:26.77	38.94
5.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:29.87	12,00	
	50m: 32.79 32.79	100m: 1:10.86	38.07 150m: 1:50.03	39.17	200m: 2:29.87	39.84
6.	SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:33.40	11,00	
	50m: 32.84 32.84	100m: 1:10.99	38.15 150m: 1:52.03	41.04	200m: 2:33.40	41.37
Final B						
7.	ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	2:32.38	10,00	
	50m: 34.45 34.45	100m: 1:12.82	38.37 150m: 1:52.28	39.46	200m: 2:32.38	40.10
8.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:34.76	9,00	
	50m: 34.07 34.07	100m: 1:13.04	38.97 150m: 1:53.43	40.39	200m: 2:34.76	41.33
9.	DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:37.84	8,00	
	50m: 34.42 34.42	100m: 1:14.48	40.06 150m: 1:55.53	41.05	200m: 2:37.84	42.31
10.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:39.73	7,00	
	50m: 32.87 32.87	100m: 1:11.50	38.63 150m: 1:54.14	42.64	200m: 2:39.73	45.59
11.	ROMANELLI LONGO, Lucia	06	A. D. FOGAR	2:40.28	6,00	
	50m: 34.73 34.73	100m: 1:15.11	40.38 150m: 1:57.26	42.15	200m: 2:40.28	43.02
12.	IBAÑEZ JIMENO, Andrea	06	C. N. RIVEIRA	2:42.01	5,00	
	50m: 34.47 34.47	100m: 1:14.53	40.06 150m: 1:56.84	42.31	200m: 2:42.01	45.17

Prueba 35
27/11/2022 - 9:59

Fem., 200m Mariposa

Absoluto Femenino
Resultados Prelim

RG	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014
RC	2:11.57	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación	AN			Tempo	ABSO	
1. RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:20.99	-	A	
50m: 32.07 32.07	100m: 1:07.85	35.78 150m: 1:44.00	36.15	200m: 2:20.99	36.99	
2. BOUZAS PEDREIRA, Alicia	05	C. N. GALAICO	2:23.03	-	A	
50m: 31.86 31.86	100m: 1:07.85	35.99 150m: 1:45.31	37.46	200m: 2:23.03	37.72	
3. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:24.91	-	A	
50m: 31.64 31.64	100m: 1:09.00	37.36 150m: 1:48.51	39.51	200m: 2:24.91	36.40	
4. ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	2:26.22	-	A	
50m: 32.35 32.35	100m: 1:09.34	36.99 150m: 1:47.79	38.45	200m: 2:26.22	38.43	
5. CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:30.27	-	A	
50m: 32.96 32.96	100m: 1:11.08	38.12 150m: 1:50.56	39.48	200m: 2:30.27	39.71	
6. SEGOVIA CARBALLO, Paula	00	C. N. FERROL	2:31.93	-	A	
50m: 32.81 32.81	100m: 1:10.84	38.03 150m: 1:50.57	39.73	200m: 2:31.93	41.36	
7. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	2:33.36	-	B	
50m: 34.55 34.55	100m: 1:13.43	38.88 150m: 1:53.02	39.59	200m: 2:33.36	40.34	
8. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:34.22	-	B	
50m: 33.32 33.32	100m: 1:11.73	38.41 150m: 1:52.08	40.35	200m: 2:34.22	42.14	
9. IBAÑEZ JIMENO, Andrea	06	C. N. RIVEIRA	2:37.20	-	B	
50m: 34.93 34.93	100m: 1:14.33	39.40 150m: 1:54.78	40.45	200m: 2:37.20	42.42	
10. DE LA FUENTE PINTOS, Nadia	07	C. N. GALAICO	2:39.67	-	B	
50m: 33.83 33.83	100m: 1:13.82	39.99 150m: 1:56.31	42.49	200m: 2:39.67	43.36	
11. ROMANELLI LONGO, Lucia	06	A. D. FOGAR	2:39.68	-	B	
50m: 34.98 34.98	100m: 1:14.95	39.97 150m: 1:56.68	41.73	200m: 2:39.68	43.00	
12. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:42.22	-	B	
50m: 34.54 34.54	100m: 1:14.69	40.15 150m: 1:57.05	42.36	200m: 2:42.22	45.17	
13. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	2:43.33	-		
50m: 35.27 35.27	100m: 1:16.05	40.78 150m: 1:58.68	42.63	200m: 2:43.33	44.65	
14. FERNANDEZ GRATEROL, Sofia Antia	07	PABELLON OURENSE	2:44.13	-		
50m: 36.00 36.00	100m: 1:17.18	41.18 150m: 2:00.55	43.37	200m: 2:44.13	43.58	
15. DIAZ DOPICO, Sabela	02	C. N. FERROL	2:50.41	-		
50m: 34.93 34.93	100m: 1:17.11	42.18 150m: 2:02.01	44.90	200m: 2:50.41	48.40	

Prueba 36
27/11/2022 - 17:30

Masc., 800m Libre

Absoluto Masculino
Resultados

RG	7:56.75	, BRION SAMPEDRO, IVAN	RIVEIRA	29/11/2009
RC	8:01.04	, DAVILA LUSTRES, MANUEL	RIVEIRA	30/12/2017

Clasificación			AN			Tempo	ABSO					
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		8:26.30	19,00					
	50m:	28.80	28.80	250m:	2:33.91	31.74	450m:	4:42.60	32.61	650m:	6:51.48	32.51
	100m:	59.71	30.91	300m:	3:05.66	31.75	500m:	5:15.17	32.57	700m:	7:23.99	32.51
	150m:	1:30.99	31.28	350m:	3:37.78	32.12	550m:	5:47.09	31.92	750m:	7:56.70	32.71
	200m:	2:02.17	31.18	400m:	4:09.99	32.21	600m:	6:18.97	31.88	800m:	8:26.30	29.60
2.	PARDO PERNAS, Martin		02	C. FLUVIAL LUGO		8:34.25	16,00					
	50m:	29.06	29.06	250m:	2:35.12	32.00	450m:	4:44.61	32.64	650m:	6:56.25	33.06
	100m:	1:00.27	31.21	300m:	3:07.11	31.99	500m:	5:17.43	32.82	700m:	7:29.33	33.08
	150m:	1:31.60	31.33	350m:	3:39.47	32.36	550m:	5:50.48	33.05	750m:	8:02.41	33.08
	200m:	2:03.12	31.52	400m:	4:11.97	32.50	600m:	6:23.19	32.71	800m:	8:34.25	31.84
3.	RAMOS PEREZ, Nicolas Anton		06	C. N. FERROL		8:34.38	14,00					
	50m:	27.88	27.88	250m:	2:34.78	32.11	450m:	4:45.11	32.57	650m:	6:57.91	33.14
	100m:	58.84	30.96	300m:	3:07.19	32.41	500m:	5:18.34	33.23	700m:	7:30.84	32.93
	150m:	1:30.54	31.70	350m:	3:39.77	32.58	550m:	5:51.47	33.13	750m:	8:03.50	32.66
	200m:	2:02.67	32.13	400m:	4:12.54	32.77	600m:	6:24.77	33.30	800m:	8:34.38	30.88
4.	COSTA FERNANDEZ, Lucas		98	C. N. PONTEAREAS		8:40.05	13,00					
	50m:	29.57	29.57	250m:	2:41.51	33.19	450m:	4:54.33	33.30	650m:	7:05.78	32.73
	100m:	1:01.96	32.39	300m:	3:14.88	33.37	500m:	5:27.87	33.54	700m:	7:38.47	32.69
	150m:	1:35.01	33.05	350m:	3:47.65	32.77	550m:	6:00.24	32.37	750m:	8:10.22	31.75
	200m:	2:08.32	33.31	400m:	4:21.03	33.38	600m:	6:33.05	32.81	800m:	8:40.05	29.83
5.	MANEIROS PAZ, Mario		06	C. N. FERROL		8:40.09	12,00					
	50m:	29.26	29.26	250m:	2:37.60	32.46	450m:	4:49.42	33.32	650m:	7:02.62	33.25
	100m:	1:00.49	31.23	300m:	3:10.20	32.60	500m:	5:22.50	33.08	700m:	7:35.85	33.23
	150m:	1:32.52	32.03	350m:	3:42.99	32.79	550m:	5:55.71	33.21	750m:	8:08.81	32.96
	200m:	2:05.14	32.62	400m:	4:16.10	33.11	600m:	6:29.37	33.66	800m:	8:40.09	31.28
6.	FERNANDEZ NIETO, Cristian		92	C. N. GALAICO		8:44.28	11,00					
	50m:	30.27	30.27	250m:	2:41.37	32.69	450m:	4:54.31	33.25	650m:	7:07.15	33.27
	100m:	1:02.71	32.44	300m:	3:14.41	33.04	500m:	5:27.66	33.35	700m:	7:39.90	32.75
	150m:	1:35.52	32.81	350m:	3:47.67	33.26	550m:	6:00.72	33.06	750m:	8:12.27	32.37
	200m:	2:08.68	33.16	400m:	4:21.06	33.39	600m:	6:33.88	33.16	800m:	8:44.28	32.01
7.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA		8:49.18	10,00					
	50m:	28.92	28.92	250m:	2:41.63	33.62	450m:	4:55.81	33.93	650m:	7:10.78	33.05
	100m:	1:01.17	32.25	300m:	3:14.79	33.16	500m:	5:29.77	33.96	700m:	7:44.09	33.31
	150m:	1:34.39	33.22	350m:	3:48.26	33.47	550m:	6:03.61	33.84	750m:	8:17.88	33.79
	200m:	2:08.01	33.62	400m:	4:21.88	33.62	600m:	6:37.73	34.12	800m:	8:49.18	31.30
8.	MASSÓ ROIG, Martín		07	VIGO RIAS BAIXAS		8:55.53	9,00					
	50m:	30.10	30.10	250m:	2:45.12	34.30	450m:	5:01.16	33.80	650m:	7:16.67	34.40
	100m:	1:03.26	33.16	300m:	3:19.14	34.02	500m:	5:34.55	33.39	700m:	7:50.32	33.65
	150m:	1:37.04	33.78	350m:	3:53.17	34.03	550m:	6:08.32	33.77	750m:	8:24.00	33.68
	200m:	2:10.82	33.78	400m:	4:27.36	34.19	600m:	6:42.27	33.95	800m:	8:55.53	31.53
9.	MARTINEZ MARTINEZ, Marcos		03	C. N. PONTEAREAS		8:58.96	8,00					
	50m:	29.14	29.14	250m:	2:42.57	34.17	450m:	5:00.53	34.24	650m:	7:17.11	34.51
	100m:	1:01.30	32.16	300m:	3:16.87	34.30	500m:	5:34.59	34.06	700m:	7:51.23	34.12
	150m:	1:34.64	33.34	350m:	3:51.87	35.00	550m:	6:08.76	34.17	750m:	8:25.47	34.24
	200m:	2:08.40	33.76	400m:	4:26.29	34.42	600m:	6:42.60	33.84	800m:	8:58.96	33.49
10.	POMBO LOPEZ, Sergio		91	C. FLUVIAL LUGO		8:59.93	7,00					
	50m:	30.48	30.48	250m:	2:44.96	34.19	450m:	5:01.80	34.12	650m:	7:18.79	34.26
	100m:	1:03.20	32.72	300m:	3:19.36	34.40	500m:	5:35.91	34.11	700m:	7:52.78	33.99
	150m:	1:36.92	33.72	350m:	3:53.56	34.20	550m:	6:10.17	34.26	750m:	8:27.13	34.35
	200m:	2:10.77	33.85	400m:	4:27.68	34.12	600m:	6:44.53	34.36	800m:	8:59.93	32.80

Prueba 36, Masc., 800m Libre, Absoluto Masculino

Clasificación	AN		Tiempo		ABSO
11. REY DE BARROS, Bruno	01	C. N. GALAICO	9:02.16	-	
50m: 30.07 30.07	250m: 2:43.76 34.04	450m: 5:01.37 34.20	650m: 7:19.59 34.60		
100m: 1:03.05 32.98	300m: 3:17.87 34.11	500m: 5:35.79 34.42	700m: 7:54.38 34.79		
150m: 1:36.24 33.19	350m: 3:52.60 34.73	550m: 6:10.29 34.50	750m: 8:28.91 34.53		
200m: 2:09.72 33.48	400m: 4:27.17 34.57	600m: 6:44.99 34.70	800m: 9:02.16 33.25		
12. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	9:02.41	-	
50m: 28.81 28.81	250m: 2:42.33 34.12	450m: 5:00.75 34.55	650m: 7:19.97 34.99		
100m: 1:01.05 32.24	300m: 3:16.54 34.21	500m: 5:35.36 34.61	700m: 7:54.39 34.42		
150m: 1:34.05 33.00	350m: 3:51.38 34.84	550m: 6:10.11 34.75	750m: 8:28.85 34.46		
200m: 2:08.21 34.16	400m: 4:26.20 34.82	600m: 6:44.98 34.87	800m: 9:02.41 33.56		
13. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	9:02.70	-	
50m: 30.03 30.03	250m: 2:45.33 34.23	450m: 5:02.11 34.18	650m: 7:21.07 34.90		
100m: 1:03.21 33.18	300m: 3:19.14 33.81	500m: 5:36.67 34.56	700m: 7:56.75 35.68		
150m: 1:36.93 33.72	350m: 3:53.43 34.29	550m: 6:11.38 34.71	750m: 8:31.60 34.85		
200m: 2:11.10 34.17	400m: 4:27.93 34.50	600m: 6:46.17 34.79	800m: 9:02.70 31.10		
14. ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	9:36.19	-	
50m: 30.10 30.10	250m: 2:53.38 36.49	450m: 5:20.44 36.77	650m: 7:47.28 36.58		
100m: 1:04.52 34.42	300m: 3:29.79 36.41	500m: 5:57.37 36.93	700m: 8:23.61 36.33		
150m: 1:40.31 35.79	350m: 4:06.81 37.02	550m: 6:33.90 36.53	750m: 9:00.12 36.51		
200m: 2:16.89 36.58	400m: 4:43.67 36.86	600m: 7:10.70 36.80	800m: 9:36.19 36.07		
Baja enf. CUBEIRO ROSENDE, Xoel	07	C. N. LICEO	-	-	

Prueba 37
27/11/2022

Fem., 100m Estilos

Absoluto Femenino
Resultados Final

RG	1:02.79	, GOMEZ CORTES, BEATRIZ	GALAICO	12/12/2010
RC	1:03.91	, MARTINEZ CANOSA, RAQUEL	NCORUÑA	28/12/2013

Clasificación		AN		Tiempo	ABSO
Final A					
1.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	1:08.03	19,00
	50m: 31.70 31.70	100m: 1:08.03	36.33		
2.	CHANS FANEGO, Paula	03	C. N. FERROL	1:09.46	16,00
	50m: 30.92 30.92	100m: 1:09.46	38.54		
3.	HERNANDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:10.20	14,00
	50m: 32.80 32.80	100m: 1:10.20	37.40		
4.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:10.75	13,00
	50m: 32.06 32.06	100m: 1:10.75	38.69		
5.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:11.28	12,00
	50m: 31.90 31.90	100m: 1:11.28	39.38		
DSQ	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO		11,00
	<i>Nado irregular</i>				
Final B					
7.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	1:11.34	10,00
	50m: 32.67 32.67	100m: 1:11.34	38.67		
8.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:11.48	9,00
	50m: 33.36 33.36	100m: 1:11.48	38.12		
9.	CANO ROSALES, Laura	04	C. N. GALAICO	1:12.22	8,00
	50m: 32.85 32.85	100m: 1:12.22	39.37		
10.	GUNCHE BARREIRO, Sabela	04	C. N. REDONDELA	1:12.45	7,00
	50m: 32.22 32.22	100m: 1:12.45	40.23		
11.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:13.26	6,00
	50m: 34.44 34.44	100m: 1:13.26	38.82		
12.	SOILAN FERNANDEZ, Raquel	01	C. FLUVIAL LUGO	1:13.58	5,00
	50m: 33.09 33.09	100m: 1:13.58	40.49		

Prueba 37
27/11/2022 - 10:30

Fem., 100m Estilos

Absoluto Femenino
Resultados Prelim

RG	1:02.79	, GOMEZ CORTES, BEATRIZ	GALAICO	12/12/2010
RC	1:03.91	, MARTINEZ CANOSA, RAQUEL	NCORUÑA	28/12/2013

Clasificación		AN		Tiempo	ABSO	
1.	CERNADAS GONZALEZ, Ana	04	C. FLUVIAL LUGO	1:05.66	-	A
	50m: 29.65 29.65	100m: 1:05.66	36.01			
2.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	1:08.49	-	A
	50m: 31.87 31.87	100m: 1:08.49	36.62			
3.	CHANS FANEGO, Paula	03	C. N. FERROL	1:09.95	-	A
	50m: 31.57 31.57	100m: 1:09.95	38.38			
4.	HERNANDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:10.66	-	A
	50m: 33.18 33.18	100m: 1:10.66	37.48			
5.	RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:11.00	-	A
	50m: 32.95 32.95	100m: 1:11.00	38.05			
6.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:11.14	-	A
	50m: 31.72 31.72	100m: 1:11.14	39.42			
7.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:12.12	-	B
	50m: 33.58 33.58	100m: 1:12.12	38.54			
8.	CARRIL GONZALEZ, Eva	02	PABELLON OURENSE	1:12.21	-	B
	50m: 32.80 32.80	100m: 1:12.21	39.41			
9.	GUNCHE BARREIRO, Sabela	04	C. N. REDONDELA	1:12.37	-	B
	50m: 32.37 32.37	100m: 1:12.37	40.00			
10.	SOILAN FERNANDEZ, Raquel	01	C. FLUVIAL LUGO	1:12.75	-	B
	50m: 32.82 32.82	100m: 1:12.75	39.93			
11.	CANO ROSALES, Laura	04	C. N. GALAICO	1:13.42	-	B
	50m: 32.88 32.88	100m: 1:13.42	40.54			
12.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:13.66	-	B
	50m: 35.26 35.26	100m: 1:13.66	38.40			
13.	ALBES ALVARIÑO, Paula	03	A. DEP. NT. NARON	1:13.77	4,00	
	50m: 33.40 33.40	100m: 1:13.77	40.37			
14.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:14.52	3,00	
	50m: 35.22 35.22	100m: 1:14.52	39.30			
15.	HERMIDA ALONSO, Antia	08	C. N. MOS	1:15.13	-	
	50m: 34.72 34.72	100m: 1:15.13	40.41			
16.	SANCHEZ VAZQUEZ, Carmen	99	C. N. PORTAMIÑA	1:16.23	-	
	50m: 34.15 34.15	100m: 1:16.23	42.08			
17.	CASTRO DIAZ, Iria	03	C. N. PORTAMIÑA	1:16.35	-	
	50m: 35.91 35.91	100m: 1:16.35	40.44			
DSQ	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON		-	
	<i>Viraje irregular</i>					
DNF	SANTISO PRADO, Ana Maria	96	PABELLON OURENSE		-	
	<i>Retirada</i>					
Baja enf.	HERRERO DOMINGUEZ, Eva	00	C. N. FERROL		-	
Baja enf.	CARRASCO BOUZAMAYOR, Sabela	08	C. N. FERROL		-	

Prueba 38
27/11/2022

Masc., 100m Estilos

Absoluto Masculino
Resultados Final

RG	54.77	, GARCIA SOTO, MARCOS	CNFERRO	02/12/2010
RC	55.33	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2013

Clasificación			AN			Tiempo	ABSO
Final A							
1.	VAZQUEZ LOPEZ, Martin		03	C. N. PORTAMIÑA		57.02	19,00
	50m: 25.52 25.52	100m: 57.02		31.50			
2.	VERDES COLLAZO, Manuel		00	A. D. FOGAR		58.99	16,00
	50m: 26.82 26.82	100m: 58.99		32.17			
3.	SANCHEZ LOUZAN, Daniel		98	C. N. GALAICO		59.00	14,00
	50m: 26.45 26.45	100m: 59.00		32.55			
4.	GOMEZ TOJO, Ander		05	C. FLUVIAL LUGO		59.17	13,00
	50m: 27.33 27.33	100m: 59.17		31.84			
5.	SEIJO BERMUDEZ, Daniel		04	C. N. FERROL		59.76	12,00
	50m: 28.09 28.09	100m: 59.76		31.67			
6.	ARES BARRAL, Anton		00	C. N. PANAS		1:00.61	11,00
	50m: 27.97 27.97	100m: 1:00.61		32.64			
Final B							
7.	GONZALEZ GARCIA, David		00	PABELLON OURENSE		1:00.10	10,00
	50m: 27.98 27.98	100m: 1:00.10		32.12			
8.	ABELEIRA ALVAREZ, Carlos		02	A. D. FOGAR		1:00.62	9,00
	50m: 27.21 27.21	100m: 1:00.62		33.41			
9.	PEREZ TIERRA, Ismael		02	RCN VIGO		1:01.45	8,00
	50m: 27.70 27.70	100m: 1:01.45		33.75			
10.	CIVEIRA CORRAL, Samuel		02	PABELLON OURENSE		1:02.12	7,00
	50m: 28.79 28.79	100m: 1:02.12		33.33			
11.	BALBOA BLANCO, Ivan		94	C. N. PORTAMIÑA		1:02.73	6,00
	50m: 28.64 28.64	100m: 1:02.73		34.09			
DSQ	MARTINEZ SUAREZ, Diego		99	C. FLUVIAL LUGO			5,00
	<i>Nado irregular</i>						

Prueba 38
27/11/2022 - 10:39

Masc., 100m Estilos

Absoluto Masculino
Resultados Prelim

RG	54.77	GARCIA SOTO, MARCOS	CNFERRO	02/12/2010
RC	55.33	GARCIA SOTO, MARCOS	CNFERRO	28/12/2013

Clasificación		AN		Tiempo	ABSO	
1.	VERDES COLLAZO, Manuel	00	A. D. FOGAR	59.22	-	A
	50m: 26.90 26.90 100m: 59.22 32.32					
2.	SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	59.26	-	A
	50m: 26.57 26.57 100m: 59.26 32.69					
3.	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	59.64	-	A
	50m: 27.43 27.43 100m: 59.64 32.21					
4.	VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	1:00.17	-	A
	50m: 26.42 26.42 100m: 1:00.17 33.75					
5.	ARES BARRAL, Anton	00	C. N. PANAS	1:00.27	-	A
	50m: 27.56 27.56 100m: 1:00.27 32.71					
6.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:00.31	-	A
	50m: 28.89 28.89 100m: 1:00.31 31.42					
7.	ABELEIRA ALVAREZ, Carlos	02	A. D. FOGAR	1:00.72	-	B
	50m: 27.06 27.06 100m: 1:00.72 33.66					
8.	PEREZ TIERRA, Ismael	02	RCN VIGO	1:00.93	-	B
	50m: 27.28 27.28 100m: 1:00.93 33.65					
9.	GONZALEZ GARCIA, David	00	PABELLON OURENSE	1:01.10	-	B
	50m: 28.20 28.20 100m: 1:01.10 32.90					
10.	CIVEIRA CORRAL, Samuel	02	PABELLON OURENSE	1:01.42	-	B
	50m: 28.14 28.14 100m: 1:01.42 33.28					
11.	MARTINEZ SUAREZ, Diego	99	C. FLUVIAL LUGO	1:02.24	-	B
	50m: 29.20 29.20 100m: 1:02.24 33.04					
12.	BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	1:02.25	-	B
	50m: 28.53 28.53 100m: 1:02.25 33.72					
13.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:02.77	4,00	
	50m: 28.94 28.94 100m: 1:02.77 33.83					
14.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	1:03.48	-	
	50m: 29.77 29.77 100m: 1:03.48 33.71					
15.	SIMON COTELO, Manuel	01	C. N. PANAS	1:03.67	3,00	
	50m: 29.24 29.24 100m: 1:03.67 34.43					
16.	CARREIRA POSADA, Jorge	00	C. N. PANAS	1:03.75	-	
	50m: 29.32 29.32 100m: 1:03.75 34.43					
17.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	1:03.94	2,00	
	50m: 30.11 30.11 100m: 1:03.94 33.83					
18.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	1:04.48	1,00	
	50m: 29.46 29.46 100m: 1:04.48 35.02					
19.	PONTON RODRIGUEZ, Juan	02	C. N. MONFORTE	1:04.77	-	
	50m: 28.94 28.94 100m: 1:04.77 35.83					
20.	FIGUEROA FERNANDEZ, Gabriel	04	RCN VIGO	1:04.80	-	
	50m: 29.26 29.26 100m: 1:04.80 35.54					
21.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:06.08	-	
	50m: 30.92 30.92 100m: 1:06.08 35.16					

Prueba 38, Masc., 100m Estilos, Prelim, Absoluto Masculino

Clasificación		AN		Tiempo	ABSO
DSQ	BLANCO RUIZ, Jacobo <i>Nado irregular</i>	98	C. N. PANAS		-
DSQ	HERNANDEZ NIÑO, Juan David <i>Nado irregular</i>	99	C. N. GALAICO		-

Prueba 39
27/11/2022

Fem., 100m Libre

Absoluto Femenino
Resultados Final

RG	55.09	, GOMEZ CORTES, BEATRIZ	GALAICO	30/11/2012
RC	55.74	, GOMEZ CORTES, BEATRIZ	GALAICO	30/12/2012

Clasificación			AN			Tiempo	ABSO
Final A							
1.	CARRON MUIÑA, Carla		05	C. N. PONTEAREAS	56.66	19,00	
	50m: 27.43 27.43	100m: 56.66		29.23			
2.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO	56.85	16,00	
	50m: 27.40 27.40	100m: 56.85		29.45			
3.	FEIJOO GOMEZ, Eva		04	PABELLON OURENSE	56.88	14,00	
	50m: 27.75 27.75	100m: 56.88		29.13			
4.	GARCIA SILVA, Antía		98	C. N. GALAICO	57.05	13,00	
	50m: 27.44 27.44	100m: 57.05		29.61			
5.	LEMONS FERNANDEZ, Iria		06	C. N. PONTEAREAS	57.31	12,00	
	50m: 27.73 27.73	100m: 57.31		29.58			
6.	ALVAREZ PAZOS, Maria		07	VIGO RIAS BAIXAS	1:00.04	11,00	
	50m: 28.45 28.45	100m: 1:00.04		31.59			
Final B							
7.	CONS GESTIDO, Henar Diana		02	RCN VIGO	1:00.58	10,00	
	50m: 29.46 29.46	100m: 1:00.58		31.12			
8.	OVIÑA PICOS, Nadiuska		10	S. DEP. BOIRO	1:00.82	9,00	
	50m: 29.28 29.28	100m: 1:00.82		31.54			
9.	CONS GESTIDO, Victoria Anna		05	RCN VIGO	1:01.13	8,00	
	50m: 29.70 29.70	100m: 1:01.13		31.43			
10.	LOPEZ SANMARTIN, Nerea		96	C. N. FERROL	1:01.67	7,00	
	50m: 29.58 29.58	100m: 1:01.67		32.09			
11.	ALCALDE MAHIA, Ariadna		04	C. N. CORUÑA	1:01.75	6,00	
	50m: 29.53 29.53	100m: 1:01.75		32.22			
12.	BARROS DA SILVA, Sofia		09	C. N. GALAICO	1:02.17	5,00	
	50m: 30.29 30.29	100m: 1:02.17		31.88			

Prueba 39
27/11/2022 - 10:47

Fem., 100m Libre

Absoluto Femenino
Resultados Prelim

RG	55.09	GOMEZ CORTES, BEATRIZ	GALAICO	30/11/2012
RC	55.74	GOMEZ CORTES, BEATRIZ	GALAICO	30/12/2012

Clasificación		AN		Tiempo	ABSO	
1.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	56.89	-	A
	50m: 27.56 27.56	100m: 56.89	29.33			
2.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	56.95	-	A
	50m: 27.34 27.34	100m: 56.95	29.61			
3.	GARCIA SILVA, Antia	98	C. N. GALAICO	57.35	-	A
	50m: 27.49 27.49	100m: 57.35	29.86			
4.	FEIJOO GOMEZ, Eva	04	PABELLON OURENSE	57.52	-	A
	50m: 27.84 27.84	100m: 57.52	29.68			
5.	LEMONS FERNANDEZ, Iria	06	C. N. PONTEAREAS	58.88	-	A
	50m: 28.84 28.84	100m: 58.88	30.04			
6.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	59.51	-	A
	50m: 28.95 28.95	100m: 59.51	30.56			
7.	CONS GESTIDO, Henar Diana	02	RCN VIGO	1:00.33	-	B
	50m: 29.32 29.32	100m: 1:00.33	31.01			
8.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	1:00.81	-	B
	50m: 28.96 28.96	100m: 1:00.81	31.85			
9.	ALCALDE MAHIA, Ariadna	04	C. N. CORUÑA	1:01.55	-	B
	50m: 29.18 29.18	100m: 1:01.55	32.37			
10.	CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:01.63	-	B
	50m: 29.45 29.45	100m: 1:01.63	32.18			
11.	LOPEZ SANMARTIN, Nerea	96	C. N. FERROL	1:01.82	-	B
	50m: 29.68 29.68	100m: 1:01.82	32.14			
12.	BARROS DA SILVA, Sofia	09	C. N. GALAICO	1:02.16	-	B
	50m: 30.06 30.06	100m: 1:02.16	32.10			
13.	ESTEVEZ CRESPO, Aldara	04	PABELLON OURENSE	1:02.64	4,00	
	50m: 30.41 30.41	100m: 1:02.64	32.23			
14.	BUSTO LOPEZ, Ana	04	C. FLUVIAL LUGO	1:02.89	3,00	
	50m: 29.99 29.99	100m: 1:02.89	32.90			
15.	LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:03.05	2,00	
	50m: 30.33 30.33	100m: 1:03.05	32.72			
16.	BALADO PENA, Celtia	07	C. MARINA FERROL	1:03.26	1,00	
	50m: 29.99 29.99	100m: 1:03.26	33.27			
17.	LADRA CAMPO, Martina	08	C. FLUVIAL LUGO	1:03.50	-	
	50m: 30.24 30.24	100m: 1:03.50	33.26			
18.	LOPEZ-FREIRE FRANCIA, Celia	10	C. N. PORTAMIÑA	1:03.77	-	
	50m: 30.76 30.76	100m: 1:03.77	33.01			
19.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	1:04.21	-	
	50m: 30.98 30.98	100m: 1:04.21	33.23			
20.	SANTIAGO DE LA CASA, Laura	99	C. N. ARZUA	1:04.64	-	
	50m: 31.41 31.41	100m: 1:04.64	33.23			
21.	ALFAYA RAFAEL, Julia	05	C. N. REDONDELA	1:04.68	-	
	50m: 31.04 31.04	100m: 1:04.68	33.64			

Prueba 39, Fem., 100m Libre, Prelim, Absoluto Femenino

Clasificación		AN		Tiempo	ABSO
22.	GROBA COMESAÑA, Noa	06	RCN VIGO	1:04.71	-
	50m: 30.96 30.96	100m: 1:04.71	33.75		
23.	REY CONESA, Carolina	04	C. N. FERROL	1:04.78	-
	50m: 30.83 30.83	100m: 1:04.78	33.95		
24.	FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	1:05.32	-
	50m: 30.87 30.87	100m: 1:05.32	34.45		
25.	MENDEZ BERNARDEZ, Arianna	04	PABELLON OURENSE	1:05.40	-
	50m: 31.28 31.28	100m: 1:05.40	34.12		
26.	CANO ROSALES, Laura	04	C. N. GALAICO	1:05.88	-
	50m: 31.45 31.45	100m: 1:05.88	34.43		
Baja enf.	SUAREZ KITAHORI, Nana S.	05	A. D. FOGAR		-
Baja enf.	RODRIGUEZ HUERTAS, Iria	99	C. FLUVIAL LUGO		-

Prueba 40
27/11/2022

Masc., 200m Libre

Absoluto Masculino
Resultados Final

RG	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017
RC	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017

Clasificación	AN			Tiempo	ABSO
Final A					
1.	GARCIA MORENO, Jorge	00	C. N. PANAS	1:52.07	19,00
	50m: 24.85 24.85	100m: 52.53	27.68	150m: 1:21.68	29.15
				200m: 1:52.07	30.39
2.	MOURE DOVAL, Jose	99	PABELLON OURENSE	1:52.94	16,00
	50m: 25.95 25.95	100m: 54.51	28.56	150m: 1:23.48	28.97
				200m: 1:52.94	29.46
3.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	1:53.04	14,00
	50m: 26.52 26.52	100m: 55.05	28.53	150m: 1:24.29	29.24
				200m: 1:53.04	28.75
4.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	1:54.66	13,00
	50m: 26.69 26.69	100m: 55.87	29.18	150m: 1:25.56	29.69
				200m: 1:54.66	29.10
5.	CIVEIRA CORRAL, Raul	02	PABELLON OURENSE	1:55.24	12,00
	50m: 26.71 26.71	100m: 55.41	28.70	150m: 1:25.44	30.03
				200m: 1:55.24	29.80
6.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	1:58.09	11,00
	50m: 26.45 26.45	100m: 55.61	29.16	150m: 1:25.80	30.19
				200m: 1:58.09	32.29
Final B					
7.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:56.32	10,00
	50m: 26.99 26.99	100m: 56.27	29.28	150m: 1:26.45	30.18
				200m: 1:56.32	29.87
8.	RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	1:56.47	9,00
	50m: 26.66 26.66	100m: 56.42	29.76	150m: 1:26.23	29.81
				200m: 1:56.47	30.24
9.	RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	1:56.53	8,00
	50m: 27.27 27.27	100m: 57.07	29.80	150m: 1:26.74	29.67
				200m: 1:56.53	29.79
10.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	1:57.93	7,00
	50m: 26.60 26.60	100m: 56.10	29.50	150m: 1:26.73	30.63
				200m: 1:57.93	31.20
11.	GALAN VICENTE, Pablo	02	A. D. FOGAR	1:59.84	6,00
	50m: 27.15 27.15	100m: 57.64	30.49	150m: 1:28.55	30.91
				200m: 1:59.84	31.29
12.	PEDRE SALIDO, Julio	03	C. N. FERROL	2:00.64	5,00
	50m: 27.62 27.62	100m: 57.47	29.85	150m: 1:28.14	30.67
				200m: 2:00.64	32.50

Prueba 40
27/11/2022 - 10:57

Masc., 200m Libre

Absoluto Masculino
Resultados Prelim

RG	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017
RC	1:47.76	, CAMPOS VARELA, SERGIO	NCORUÑA	29/12/2017

Clasificación				AN				Tiempo	ABSO		
1.	GARCÍA CASTRO, Mateo			05	C. N. ARTEIXO			1:53.66	-	A	
	50m:	26.85	26.85	100m:	55.51	28.66	150m:	1:24.39	28.88	200m:	1:53.66 29.27
2.	MOURE DOVAL, Jose			99	PABELLON OURENSE			1:54.05	-	A	
	50m:	26.35	26.35	100m:	55.45	29.10	150m:	1:24.13	28.68	200m:	1:54.05 29.92
3.	GARCIA MORENO, Jorge			00	C. N. PANAS			1:54.58	-	A	
	50m:	25.97	25.97	100m:	54.83	28.86	150m:	1:24.46	29.63	200m:	1:54.58 30.12
4.	PARDO PERNAS, Martin			02	C. FLUVIAL LUGO			1:54.61	-	A	
	50m:	26.87	26.87	100m:	55.95	29.08	150m:	1:25.29	29.34	200m:	1:54.61 29.32
5.	CIVEIRA CORRAL, Raul			02	PABELLON OURENSE			1:54.90	-	A	
	50m:	26.83	26.83	100m:	55.91	29.08	150m:	1:25.41	29.50	200m:	1:54.90 29.49
6.	ALVAREZ FERNANDEZ, Borja			96	C. FLUVIAL LUGO			1:55.90	-	A	
	50m:	26.84	26.84	100m:	56.02	29.18	150m:	1:26.08	30.06	200m:	1:55.90 29.82
7.	DEL RIO REGUEIRA, Marcos			93	C. N. ARTEIXO			1:56.66	-	B	
	50m:	27.10	27.10	100m:	56.64	29.54	150m:	1:26.94	30.30	200m:	1:56.66 29.72
8.	SANLÉS DIESTE, Hugo			04	S. DEP. BOIRO			1:56.72	-	B	
	50m:	27.02	27.02	100m:	56.60	29.58	150m:	1:26.66	30.06	200m:	1:56.72 30.06
9.	RODRIGUEZ SANCOSMED, Pablo			03	C. N. PORTAMIÑA			1:56.74	-	B	
	50m:	26.55	26.55	100m:	55.92	29.37	150m:	1:25.92	30.00	200m:	1:56.74 30.82
10.	RAMOS PEREZ, Nicolas Anton			06	C. N. FERROL			1:58.83	-	B	
	50m:	26.76	26.76	100m:	56.39	29.63	150m:	1:27.71	31.32	200m:	1:58.83 31.12
11.	GALAN VICENTE, Pablo			02	A. D. FOGAR			1:59.08	-	B	
	50m:	26.99	26.99	100m:	56.93	29.94	150m:	1:27.75	30.82	200m:	1:59.08 31.33
12.	PEDRE SALIDO, Julio			03	C. N. FERROL			2:00.15	-	B	
	50m:	27.77	27.77	100m:	58.03	30.26	150m:	1:28.92	30.89	200m:	2:00.15 31.23
13.	ORECHIA, Agustín			06	CIDADE SANTIAGO			2:00.26	4,00		
	50m:	27.60	27.60	100m:	58.02	30.42	150m:	1:29.65	31.63	200m:	2:00.26 30.61
14.	GARCÍA AFONSO, Alexis			07	C. N. FERROL			2:00.46	-		
	50m:	27.99	27.99	100m:	58.02	30.03	150m:	1:28.86	30.84	200m:	2:00.46 31.60
15.	LEVCHENKO, Nikita			08	C. N. ARZUA			2:00.50	3,00		
	50m:	27.07	27.07	100m:	57.40	30.33	150m:	1:29.04	31.64	200m:	2:00.50 31.46
16.	JUNCAL MOREIRA, Pablo			01	C. N. GALAICO			2:01.63	2,00		
	50m:	27.36	27.36	100m:	57.72	30.36	150m:	1:29.41	31.69	200m:	2:01.63 32.22
17.	MARTINEZ MARTINEZ, Marcos			03	C. N. PONTEAREAS			2:01.66	1,00		
	50m:	28.08	28.08	100m:	58.80	30.72	150m:	1:30.41	31.61	200m:	2:01.66 31.25
18.	TABEIRA OLASCOAGA, Tadeo			07	C. N. FERROL			2:01.82	-		
	50m:	28.45	28.45	100m:	59.32	30.87	150m:	1:30.96	31.64	200m:	2:01.82 30.86
19.	QUIROGA RAMOS, Yago			05	PABELLON OURENSE			2:01.93	-		
	50m:	27.65	27.65	100m:	57.96	30.31	150m:	1:30.29	32.33	200m:	2:01.93 31.64
	SUAREZ MARTINEZ, Diego			08	Sporting C. Casino			2:01.93	-		
	50m:	28.70	28.70	100m:	59.98	31.28	150m:	1:31.02	31.04	200m:	2:01.93 30.91
21.	ABELENDIA PEREZ, Miguel Angel			04	A. D. FOGAR			2:01.94	-		
	50m:	28.10	28.10	100m:	58.50	30.40	150m:	1:30.00	31.50	200m:	2:01.94 31.94

Prueba 40, Masc., 200m Libre, Prelim, Absoluto Masculino

Clasificación				AN				Tiempo	ABSO			
22.	PASTORIZA SANTACLARA, Jorge	97	VIGO RIAS BAIXAS	2:01.98	-							
	50m: 28.53 28.53	100m: 59.47	30.94	150m: 1:31.04	31.57	200m: 2:01.98	30.94					
23.	SANCHO FERNANDEZ, David	03	A. D. FOGAR	2:02.46	-							
	50m: 27.59 27.59	100m: 58.66	31.07	150m: 1:31.01	32.35	200m: 2:02.46	31.45					
24.	PEREZ GARCIA, Iker	07	C. N. GALAICO	2:02.76	-							
	50m: 27.83 27.83	100m: 58.67	30.84	150m: 1:31.31	32.64	200m: 2:02.76	31.45					
25.	GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE	2:04.09	-							
	50m: 28.50 28.50	100m: 1:00.20	31.70	150m: 1:32.39	32.19	200m: 2:04.09	31.70					
26.	MASSÓ ROIG, Martín	07	VIGO RIAS BAIXAS	2:04.48	-							
	50m: 29.32 29.32	100m: 1:00.82	31.50	150m: 1:32.68	31.86	200m: 2:04.48	31.80					
27.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	2:04.81	-							
	50m: 28.44 28.44	100m: 59.26	30.82	150m: 1:31.53	32.27	200m: 2:04.81	33.28					
28.	INFESTAS CARAZO, Samuel	03	RCN VIGO	2:04.95	-							
	50m: 28.87 28.87	100m: 59.98	31.11	150m: 1:32.23	32.25	200m: 2:04.95	32.72					
29.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:05.51	-							
	50m: 29.52 29.52	100m: 1:01.36	31.84	150m: 1:34.01	32.65	200m: 2:05.51	31.50					
30.	PISO SEÑORAN, Alejandro	03	C. N. ARZUA	2:06.57	-							
	50m: 29.83 29.83	100m: 1:02.53	32.70	150m: 1:35.07	32.54	200m: 2:06.57	31.50					
31.	CARRIL SOUTO, Javier	03	C. N. ARTEIXO	2:10.64	-							
	50m: 29.17 29.17	100m: 1:01.38	32.21	150m: 1:35.68	34.30	200m: 2:10.64	34.96					
32.	ALVAREZ REPARAZ, Alejandro	04	C. N. GALAICO	2:12.17	-							
	50m: 29.77 29.77	100m: 1:03.47	33.70	150m: 1:38.51	35.04	200m: 2:12.17	33.66					
33.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:18.82	-							
	50m: 28.98 28.98	100m: 1:04.55	35.57	150m: 1:41.95	37.40	200m: 2:18.82	36.87					
34.	PONTON RODRIGUEZ, Javier	05	C. N. MONFORTE	2:35.53	-							
	50m: 24.72 24.72	100m: 53.61	28.89	150m: 1:43.41	49.80	200m: 2:35.53	52.12					
Baja enf.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	-	-							

Prueba 41
27/11/2022

Fem., 100m Braza

Absoluto Femenino
Resultados Final

RG	1:07.80	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	18/04/2009
RC	1:09.21	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación			AN			Tiempo	ABSO
Final A							
1.	MOURENZA ROCHA, Sofia		07	C. N. PORTAMIÑA	1:12.70	19,00	
	50m: 34.28 34.28	100m: 1:12.70		38.42			
2.	FRANCO CAL, Alba		91	C. FLUVIAL LUGO	1:15.29	16,00	
	50m: 35.30 35.30	100m: 1:15.29		39.99			
3.	JIMENEZ COPPA, Carla M.		06	A. D. FOGAR	1:15.45	14,00	
	50m: 35.08 35.08	100m: 1:15.45		40.37			
4.	LOPEZ FRANCO, Maria		07	C. N. RIVEIRA	1:16.84	13,00	
	50m: 36.16 36.16	100m: 1:16.84		40.68			
5.	PEREIRO RODRIGUEZ, Carolina		08	C. N. MOS	1:17.32	12,00	
	50m: 35.91 35.91	100m: 1:17.32		41.41			
DSQ	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS		11,00	
	<i>Nado irregular</i>						
Final B							
7.	LOPEZ RAMUDO, Icia		04	A. DEP. NT. NARON	1:18.39	10,00	
	50m: 37.64 37.64	100m: 1:18.39		40.75			
8.	GUDÍN PÉREZ, Andrea		10	C. N. MONFORTE	1:18.53	9,00	
	50m: 37.40 37.40	100m: 1:18.53		41.13			
9.	SARAIVA HAGE, Andrea C.		05	RCN VIGO	1:19.32	8,00	
	50m: 37.74 37.74	100m: 1:19.32		41.58			
10.	PAZOS IGLESIAS, Elisa		09	RCN VIGO	1:20.08	7,00	
	50m: 38.44 38.44	100m: 1:20.08		41.64			
11.	LEIVAS ROCA, Candela		05	C. N. FERROL	1:20.53	6,00	
	50m: 37.77 37.77	100m: 1:20.53		42.76			
DSQ	MARTÍNEZ JUSTO, Penélope		93	C. N. ARTEIXO		5,00	
	<i>Viraje irregular</i>						

Prueba 41
27/11/2022 - 11:15

Fem., 100m Braza

Absoluto Femenino
Resultados Prelim

RG	1:07.80	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	18/04/2009
RC	1:09.21	, PEREZ FDEZ.DE CORDOBA, AURORA	NCORUÑA	30/12/2011

Clasificación		AN		Tiempo	ABSO	
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:14.22	-	A
	50m: 35.05 35.05	100m: 1:14.22	39.17			
2.	JIMENEZ COPPA, Carla M.	06	A. D. FOGAR	1:15.48	-	A
	50m: 34.87 34.87	100m: 1:15.48	40.61			
3.	FRANCO CAL, Alba	91	C. FLUVIAL LUGO	1:15.89	-	A
	50m: 35.83 35.83	100m: 1:15.89	40.06			
4.	PEREIRO RODRIGUEZ, Carolina	08	C. N. MOS	1:16.74	-	A
	50m: 35.66 35.66	100m: 1:16.74	41.08			
5.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	1:17.69	-	A
	50m: 36.83 36.83	100m: 1:17.69	40.86			
6.	LOPEZ FRANCO, Maria	07	C. N. RIVEIRA	1:18.14	-	A
	50m: 37.06 37.06	100m: 1:18.14	41.08			
7.	LOPEZ RAMUDO, Icia	04	A. DEP. NT. NARON	1:18.83	-	B
	50m: 37.44 37.44	100m: 1:18.83	41.39			
8.	GUDÍN PÉREZ, Andrea	10	C. N. MONFORTE	1:19.23	-	B
	50m: 37.44 37.44	100m: 1:19.23	41.79			
9.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	1:19.36	-	B
	50m: 37.46 37.46	100m: 1:19.36	41.90			
10.	LEIVAS ROCA, Candela	05	C. N. FERROL	1:19.60	-	B
	50m: 37.24 37.24	100m: 1:19.60	42.36			
11.	MARTÍNEZ JUSTO, Penélope	93	C. N. ARTEIXO	1:19.89	-	B
	50m: 37.30 37.30	100m: 1:19.89	42.59			
12.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:20.23	-	B
	50m: 38.09 38.09	100m: 1:20.23	42.14			
13.	FERNANDEZ PRIETO, Nayara	05	C. N. GALAICO	1:21.16	4,00	
	50m: 37.65 37.65	100m: 1:21.16	43.51			
14.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	1:21.20	3,00	
	50m: 39.55 39.55	100m: 1:21.20	41.65			
15.	VAZQUEZ SANCHEZ, Sara	04	C. N. CORUÑA	1:21.89	2,00	
	50m: 37.91 37.91	100m: 1:21.89	43.98			
16.	HERNAEZ GONZALEZ, Paula	08	C. N. Culleredo	1:22.05	1,00	
	50m: 38.47 38.47	100m: 1:22.05	43.58			
17.	HERNANDEZ FIGUEROA, Ange Marie	09	C. N. FERROL	1:22.06	-	
	50m: 39.42 39.42	100m: 1:22.06	42.64			
18.	NOGUERAS PORTO, Sara	08	C. FLUVIAL LUGO	1:22.20	-	
	50m: 38.88 38.88	100m: 1:22.20	43.32			
19.	ROCHA GONZALEZ, Gisele	09	C. N. GALAICO	1:22.33	-	
	50m: 39.28 39.28	100m: 1:22.33	43.05			
20.	FREIRE PERNAS, Irene	07	C. N. CEDEIRA	1:22.67	-	
	50m: 38.84 38.84	100m: 1:22.67	43.83			
21.	BOTANA PEDREIRA, Lola	06	A. D. FOGAR	1:23.00	-	
	50m: 38.93 38.93	100m: 1:23.00	44.07			

Prueba 41, Fem., 100m Braza, Prelim, Absoluto Femenino

Clasificación	AN		Tempo	ABSO
22. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	1:23.28	-
50m: 39.68 39.68	100m: 1:23.28	43.60		
DSQ ARIAS PACHECO, Elena	06	C. N. MONFORTE		-
<i>Salida anticipada</i>				
Baja enf. HERRERO DOMINGUEZ, Eva	00	C. N. FERROL		-
Baja enf. CAMPOS TATO, Uxia	05	PABELLON OURENSE		-
Baja enf. CASTRO DIAZ, Iria	03	C. N. PORTAMIÑA		-
Baja enf. RUA COSTOYA, Andrea	06	C. N. ARZUA		-

Prueba 42
27/11/2022

Masc., 100m Braza

Absoluto Masculino
Resultados Final

RG	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016
RC	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016

Clasificación AN Tiempo ABSO

Final A

1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:03.16	19,00
	50m: 29.58 29.58	100m: 1:03.16	33.58		
2.	VERDES COLLAZO, Manuel	00	A. D. FOGAR	1:04.83	16,00
	50m: 30.55 30.55	100m: 1:04.83	34.28		
3.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:05.84	14,00
	50m: 31.38 31.38	100m: 1:05.84	34.46		
4.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:05.99	13,00
	50m: 31.03 31.03	100m: 1:05.99	34.96		
5.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:07.08	12,00
	50m: 31.58 31.58	100m: 1:07.08	35.50		
6.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:07.51	11,00
	50m: 32.15 32.15	100m: 1:07.51	35.36		

Final B

7.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	1:07.37	10,00
	50m: 31.58 31.58	100m: 1:07.37	35.79		
8.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:08.34	9,00
	50m: 31.97 31.97	100m: 1:08.34	36.37		
9.	CONDE VARELA, David	05	C. N. MONFORTE	1:08.65	8,00
	50m: 32.86 32.86	100m: 1:08.65	35.79		
10.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:08.95	7,00
	50m: 31.44 31.44	100m: 1:08.95	37.51		
11.	DOPICO REY, Anton	97	C. N. FERROL	1:09.20	6,00
	50m: 31.84 31.84	100m: 1:09.20	37.36		
12.	HERNANDEZ NIÑO, Juan David	99	C. N. GALAICO	1:09.33	5,00
	50m: 32.86 32.86	100m: 1:09.33	36.47		

Prueba 42
27/11/2022 - 11:27

Masc., 100m Braza

Absoluto Masculino
Resultados Prelim

RG	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016
RC	1:01.31	, GARCIA SOTO, MARCOS	CNFERRO	28/12/2016

Clasificación		AN		Tiempo	ABSO	
1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:04.69	-	A
	50m: 29.90 29.90	100m: 1:04.69	34.79			
2.	VERDES COLLAZO, Manuel	00	A. D. FOGAR	1:05.07	-	A
	50m: 30.90 30.90	100m: 1:05.07	34.17			
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:05.66	-	A
	50m: 30.72 30.72	100m: 1:05.66	34.94			
4.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:05.82	-	A
	50m: 30.95 30.95	100m: 1:05.82	34.87			
5.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:06.75	-	A
	50m: 31.38 31.38	100m: 1:06.75	35.37			
6.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:08.09	-	A
	50m: 31.97 31.97	100m: 1:08.09	36.12			
7.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	1:08.68	-	B
	50m: 32.19 32.19	100m: 1:08.68	36.49			
8.	HERNANDEZ NIÑO, Juan David	99	C. N. GALAICO	1:08.98	-	B
	50m: 33.09 33.09	100m: 1:08.98	35.89			
9.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:09.05	-	B
	50m: 31.60 31.60	100m: 1:09.05	37.45			
10.	CONDE VARELA, David	05	C. N. MONFORTE	1:09.13	-	B
	50m: 32.27 32.27	100m: 1:09.13	36.86			
11.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:09.21	-	B
	50m: 32.03 32.03	100m: 1:09.21	37.18			
12.	DOPICO REY, Anton	97	C. N. FERROL	1:09.54	-	B
	50m: 32.15 32.15	100m: 1:09.54	37.39			
13.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	1:09.67	4,00	
	50m: 32.63 32.63	100m: 1:09.67	37.04			
	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	1:09.67	-	
	50m: 33.42 33.42	100m: 1:09.67	36.25			
15.	SANMARTIN HERNANDEZ, Bruno	05	C. N. FERROL	1:10.67	-	
	50m: 33.19 33.19	100m: 1:10.67	37.48			
	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:10.67	-	
	50m: 32.75 32.75	100m: 1:10.67	37.92			
17.	SOBRINO BUJIA, Mateo	06	C. N. Culleredo	1:11.32	3,00	
	50m: 33.17 33.17	100m: 1:11.32	38.15			
18.	FERREIRO SALES, Leo	07	Sporting C. Casino	1:11.43	2,00	
	50m: 33.39 33.39	100m: 1:11.43	38.04			
19.	FIGUEROA FERNANDEZ, Gabriel	04	RCN VIGO	1:11.63	1,00	
	50m: 33.41 33.41	100m: 1:11.63	38.22			
20.	GUTIERREZ MARIÑO, Santiago	02	PABELLON OURENSE	1:12.03	-	
	50m: 33.80 33.80	100m: 1:12.03	38.23			
21.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	1:12.07	-	
	50m: 33.62 33.62	100m: 1:12.07	38.45			

Prueba 42, Masc., 100m Braza, Prelim, Absoluto Masculino

Clasificación	AN	Tempo	ABSO
22. VILA PEREIRA, Brais 50m: 33.65 33.65 100m: 1:12.48 38.83	03	C. N. PONTEAREAS	1:12.48 -
23. RODRIGUEZ DEL RIO, Miguel 50m: 34.35 34.35 100m: 1:13.31 38.96	06	PABELLON OURENSE	1:13.31 -
24. ARES DIAZ, Francisco 50m: 34.60 34.60 100m: 1:13.61 39.01	89	C. FLUVIAL LUGO	1:13.61 -
DSQ LOPEZ FRANCO, Martin <i>Viraje irregular</i>	01	C. N. RIVEIRA	-
Baja enf. SUAREZ MATO, Yoel	04	A. D. FOGAR	-
Baja enf. REY RODRIGUEZ, Jose Ramon	94	C. N. ARZUA	-

Prueba 43
27/11/2022 - 18:50

Fem., 1500m Libre

Absoluto Femenino
Resultados

RG	15:46.06	, VILAS VIDAL, MARIA	RIVEIRA	12/12/2014
RC	16:05.20	, VILAS VIDAL, MARIA	RIVEIRA	20/12/2014

Clasificación			AN			Tempo	ABSO		
1.	CANDO SANTOS, Raquel		03	C. N. PORTAMIÑA		17:20.96	19,00		
	50m:	29.73	29.73	450m:	5:05.82	35.29	850m:	9:49.23	35.30
	100m:	1:02.52	32.79	500m:	5:41.45	35.63	900m:	10:24.29	35.06
	150m:	1:36.54	34.02	550m:	6:17.03	35.58	950m:	10:59.27	34.98
	200m:	2:10.86	34.32	600m:	6:52.54	35.51	1000m:	11:34.36	35.09
	250m:	2:45.43	34.57	650m:	7:28.20	35.66	1050m:	12:09.66	35.30
	300m:	3:20.04	34.61	700m:	8:03.84	35.64	1100m:	12:44.74	35.08
	350m:	3:55.19	35.15	750m:	8:39.35	35.51	1150m:	13:20.22	35.48
	400m:	4:30.53	35.34	800m:	9:13.93	34.58	1200m:	13:55.64	35.42
2.	ORTIZ DE GUINEA BASTON, Alba		97	C. N. PONTEAREAS		17:25.76	16,00		
	50m:	31.51	31.51	450m:	5:10.59	34.89	850m:	9:49.47	34.77
	100m:	1:05.77	34.26	500m:	5:45.61	35.02	900m:	10:24.23	34.76
	150m:	1:40.90	35.13	550m:	6:20.40	34.79	950m:	10:59.03	34.80
	200m:	2:15.60	34.70	600m:	6:55.35	34.95	1000m:	11:33.94	34.91
	250m:	2:50.76	35.16	650m:	7:30.33	34.98	1050m:	12:08.85	34.91
	300m:	3:25.58	34.82	700m:	8:05.31	34.98	1100m:	12:44.11	35.26
	350m:	4:00.71	35.13	750m:	8:40.16	34.85	1150m:	13:19.27	35.16
	400m:	4:35.70	34.99	800m:	9:14.70	34.54	1200m:	13:54.49	35.22
3.	CARBALLO GONZALEZ, Sofia		06	C. N. PONTEAREAS		17:55.84	14,00		
	50m:	31.40	31.40	450m:	5:10.49	35.30	850m:	9:50.97	35.55
	100m:	1:05.75	34.35	500m:	5:45.00	34.51	900m:	10:26.32	35.35
	150m:	1:40.47	34.72	550m:	6:19.94	34.94	950m:	11:02.16	35.84
	200m:	2:15.51	35.04	600m:	6:55.18	35.24	1000m:	11:37.78	35.62
	250m:	2:50.46	34.95	650m:	7:30.07	34.89	1050m:	12:14.22	36.44
	300m:	3:25.64	35.18	700m:	8:05.19	35.12	1100m:	12:51.81	37.59
	350m:	4:00.51	34.87	750m:	8:40.01	34.82	1150m:	13:31.15	39.34
	400m:	4:35.19	34.68	800m:	9:15.42	35.41	1200m:	14:10.15	39.00
4.	PARDO CHAS, Eva		04	C. N. FERROL		17:58.59	13,00		
	50m:	31.65	31.65	450m:	5:15.37	36.02	850m:	10:04.59	36.19
	100m:	1:06.07	34.42	500m:	5:51.46	36.09	900m:	10:40.84	36.25
	150m:	1:41.35	35.28	550m:	6:27.45	35.99	950m:	11:17.21	36.37
	200m:	2:16.69	35.34	600m:	7:03.60	36.15	1000m:	11:53.41	36.20
	250m:	2:52.04	35.35	650m:	7:39.75	36.15	1050m:	12:30.15	36.74
	300m:	3:27.76	35.72	700m:	8:15.94	36.19	1100m:	13:06.76	36.61
	350m:	4:03.39	35.63	750m:	8:52.19	36.25	1150m:	13:43.35	36.59
	400m:	4:39.35	35.96	800m:	9:28.40	36.21	1200m:	14:19.79	36.44
5.	VILLARNOVO PAZOS, Lucia		08	C. N. FERROL		18:09.73	12,00		
	50m:	31.28	31.28	450m:	5:16.71	36.32	850m:	10:10.10	36.75
	100m:	1:05.59	34.31	500m:	5:53.05	36.34	900m:	10:47.20	37.10
	150m:	1:40.85	35.26	550m:	6:29.52	36.47	950m:	11:23.96	36.76
	200m:	2:16.08	35.23	600m:	7:06.19	36.67	1000m:	12:01.04	37.08
	250m:	2:51.74	35.66	650m:	7:43.12	36.93	1050m:	12:38.06	37.02
	300m:	3:27.73	35.99	700m:	8:19.88	36.76	1100m:	13:15.06	37.00
	350m:	4:04.05	36.32	750m:	8:56.65	36.77	1150m:	13:52.04	36.98
	400m:	4:40.39	36.34	800m:	9:33.35	36.70	1200m:	14:29.21	37.17
6.	BLANCO ROUCO, Carmen		06	VIGO RIAS BAIXAS		18:14.73	11,00		
	50m:	32.46	32.46	450m:	5:25.36	36.74	850m:	10:19.53	37.08
	100m:	1:08.00	35.54	500m:	6:02.15	36.79	900m:	10:56.52	36.99
	150m:	1:44.67	36.67	550m:	6:38.85	36.70	950m:	11:33.60	37.08
	200m:	2:21.47	36.80	600m:	7:15.51	36.66	1000m:	12:10.58	36.98
	250m:	2:58.15	36.68	650m:	7:52.09	36.58	1050m:	12:47.18	36.60
	300m:	3:34.82	36.67	700m:	8:28.82	36.73	1100m:	13:23.92	36.74
	350m:	4:11.54	36.72	750m:	9:05.72	36.90	1150m:	14:00.92	37.00
	400m:	4:48.62	37.08	800m:	9:42.45	36.73	1200m:	14:37.67	36.75

Prueba 43, Fem., 1500m Libre, Absoluto Femenino

Clasificación			AN			Tempo	ABSO		
7.	VEIGA SOUTO, Ana		98	C. N. ARTEIXO		18:28.15	10,00		
	50m:	32.12 32.12	450m:	5:24.33 36.93	850m:	10:20.53 37.33	1250m:	15:21.26 38.20	
	100m:	1:07.05 34.93	500m:	6:01.12 36.79	900m:	10:57.72 37.19	1300m:	15:59.06 37.80	
	150m:	1:43.25 36.20	550m:	6:37.22 36.10	950m:	11:35.40 37.68	1350m:	16:36.65 37.59	
	200m:	2:19.97 36.72	600m:	7:14.32 37.10	1000m:	12:12.52 37.12	1400m:	17:14.15 37.50	
	250m:	2:57.02 37.05	650m:	7:51.73 37.41	1050m:	12:49.86 37.34	1450m:	17:51.76 37.61	
	300m:	3:33.82 36.80	700m:	8:28.75 37.02	1100m:	13:27.43 37.57	1500m:	18:28.15 36.39	
	350m:	4:10.48 36.66	750m:	9:05.95 37.20	1150m:	14:05.04 37.61			
	400m:	4:47.40 36.92	800m:	9:43.20 37.25	1200m:	14:43.06 38.02			
8.	CAMBA PRADA, Alexia		05	PABELLON OURENSI		18:31.91	9,00		
	50m:	31.69 31.69	450m:	5:20.42 36.99	850m:	10:21.00 37.68	1250m:	15:25.03 38.35	
	100m:	1:06.01 34.32	500m:	5:57.88 37.46	900m:	10:58.93 37.93	1300m:	16:03.32 38.29	
	150m:	1:41.46 35.45	550m:	6:35.41 37.53	950m:	11:36.73 37.80	1350m:	16:41.28 37.96	
	200m:	2:17.19 35.73	600m:	7:12.79 37.38	1000m:	12:14.31 37.58	1400m:	17:19.11 37.83	
	250m:	2:53.04 35.85	650m:	7:50.25 37.46	1050m:	12:52.31 38.00	1450m:	17:56.39 37.28	
	300m:	3:29.44 36.40	700m:	8:27.71 37.46	1100m:	13:30.13 37.82	1500m:	18:31.91 35.52	
	350m:	4:06.22 36.78	750m:	9:05.37 37.66	1150m:	14:08.45 38.32			
	400m:	4:43.43 37.21	800m:	9:43.32 37.95	1200m:	14:46.68 38.23			
9.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO		18:37.04	8,00		
	50m:	33.68 33.68	450m:	5:27.81 36.72	850m:	10:25.21 37.68	1250m:	15:28.20 38.10	
	100m:	1:10.15 36.47	500m:	6:05.01 37.20	900m:	11:02.87 37.66	1300m:	16:06.31 38.11	
	150m:	1:46.84 36.69	550m:	6:41.71 36.70	950m:	11:40.72 37.85	1350m:	16:44.07 37.76	
	200m:	2:23.55 36.71	600m:	7:18.44 36.73	1000m:	12:18.39 37.67	1400m:	17:21.94 37.87	
	250m:	3:00.34 36.79	650m:	7:55.39 36.95	1050m:	12:56.17 37.78	1450m:	17:59.88 37.94	
	300m:	3:37.10 36.76	700m:	8:32.65 37.26	1100m:	13:33.95 37.78	1500m:	18:37.04 37.16	
	350m:	4:14.20 37.10	750m:	9:10.18 37.53	1150m:	14:11.97 38.02			
	400m:	4:51.09 36.89	800m:	9:47.53 37.35	1200m:	14:50.10 38.13			
10.	MARTÍNEZ NOVOA, Silvia		06	RCN VIGO		18:42.74	7,00		
	50m:	34.24 34.24	450m:	5:31.39 37.37	850m:	10:31.36 37.37	1250m:	15:35.59 38.53	
	100m:	1:10.70 36.46	500m:	6:09.03 37.64	900m:	11:09.59 38.23	1300m:	16:13.08 37.49	
	150m:	1:47.71 37.01	550m:	6:46.40 37.37	950m:	11:47.44 37.85	1350m:	16:50.83 37.75	
	200m:	2:24.99 37.28	600m:	7:24.04 37.64	1000m:	12:25.14 37.70	1400m:	17:28.98 38.15	
	250m:	3:02.27 37.28	650m:	8:01.81 37.77	1050m:	13:03.14 38.00	1450m:	18:06.07 37.09	
	300m:	3:39.30 37.03	700m:	8:39.53 37.72	1100m:	13:41.32 38.18	1500m:	18:42.74 36.67	
	350m:	4:16.53 37.23	750m:	9:16.97 37.44	1150m:	14:19.23 37.91			
	400m:	4:54.02 37.49	800m:	9:53.99 37.02	1200m:	14:57.06 37.83			
11.	ROCHA GONZALEZ, Gisele		09	C. N. GALAICO		18:49.33	6,00		
	50m:	33.61 33.61	450m:	5:32.02 38.61	850m:	10:35.40 37.96	1250m:	15:40.21 38.16	
	100m:	1:09.87 36.26	500m:	6:10.47 38.45	900m:	11:13.75 38.35	1300m:	16:18.47 38.26	
	150m:	1:46.38 36.51	550m:	6:48.60 38.13	950m:	11:51.74 37.99	1350m:	16:57.11 38.64	
	200m:	2:23.36 36.98	600m:	7:25.89 37.29	1000m:	12:29.75 38.01	1400m:	17:35.93 38.82	
	250m:	3:00.66 37.30	650m:	8:03.75 37.86	1050m:	13:07.79 38.04	1450m:	18:13.60 37.67	
	300m:	3:37.88 37.22	700m:	8:41.66 37.91	1100m:	13:46.02 38.23	1500m:	18:49.33 35.73	
	350m:	4:15.24 37.36	750m:	9:19.54 37.88	1150m:	14:24.11 38.09			
	400m:	4:53.41 38.17	800m:	9:57.44 37.90	1200m:	15:02.05 37.94			
12.	GONZALEZ GONZALEZ, Iara		09	VIGO RIAS BAIXAS		18:53.26	-		
	50m:	33.28 33.28	450m:	5:31.56 37.70	850m:	10:36.18 38.28	1250m:	15:43.38 38.55	
	100m:	1:09.59 36.31	500m:	6:09.42 37.86	900m:	11:14.42 38.24	1300m:	16:22.17 38.79	
	150m:	1:46.82 37.23	550m:	6:47.20 37.78	950m:	11:52.64 38.22	1350m:	17:00.87 38.70	
	200m:	2:24.09 37.27	600m:	7:25.30 38.10	1000m:	12:30.73 38.09	1400m:	17:39.41 38.54	
	250m:	3:01.36 37.27	650m:	8:03.77 38.47	1050m:	13:08.82 38.09	1450m:	18:18.09 38.68	
	300m:	3:38.68 37.32	700m:	8:41.85 38.08	1100m:	13:47.75 38.93	1500m:	18:53.26 35.17	
	350m:	4:16.38 37.70	750m:	9:19.86 38.01	1150m:	14:26.61 38.86			
	400m:	4:53.86 37.48	800m:	9:57.90 38.04	1200m:	15:04.83 38.22			

Prueba 43, Fem., 1500m Libre, Absoluto Femenino

Clasificación	AN		Tiempo		ABSO
13. SEOANE BAHILLO, Sara	00	RCN VIGO	19:22.41	-	
50m:	33.49	33.49	450m:	5:38.16	39.67
100m:	1:10.05	36.56	500m:	6:17.97	39.81
150m:	1:47.34	37.29	550m:	6:57.54	39.57
200m:	2:24.78	37.44	600m:	7:37.22	39.68
250m:	3:02.24	37.46	650m:	8:16.26	39.04
300m:	3:40.13	37.89	700m:	8:55.91	39.65
350m:	4:19.05	38.92	750m:	9:34.13	38.22
400m:	4:58.49	39.44	800m:	10:13.12	38.99
			850m:	10:52.38	39.26
			900m:	11:31.66	39.28
			950m:	12:11.59	39.93
			1000m:	12:51.08	39.49
			1050m:	13:30.42	39.34
			1100m:	14:09.78	39.36
			1150m:	14:49.00	39.22
			1200m:	15:28.19	39.19
			1250m:	16:07.77	39.58
			1300m:	16:46.45	38.68
			1350m:	17:25.92	39.47
			1400m:	18:05.42	39.50
			1450m:	18:44.55	39.13
			1500m:	19:22.41	37.86
14. PIÑEIRO FERNANDEZ, Antia	08	VIGO RIAS BAIXAS	19:41.90	-	
50m:	35.15	35.15	450m:	6:26.21	39.16
100m:	1:12.89	37.74	500m:	7:05.77	39.56
150m:	1:52.08	39.19	550m:	7:45.60	39.83
200m:	2:30.93	38.85	600m:	8:25.65	40.05
250m:	3:09.02	1:18.09	650m:	9:05.45	39.80
300m:	4:27.86	38.84	700m:	9:45.60	40.15
350m:	5:07.44	39.58	750m:	10:25.05	39.45
400m:	5:47.05	39.61	800m:	11:05.63	40.58
			850m:	11:45.49	39.86
			900m:	12:25.82	40.33
			950m:	13:05.51	39.69
			1000m:	13:45.17	39.66
			1050m:	14:24.54	39.37
			1100m:	15:04.24	39.70
			1150m:	15:44.61	40.37
			1200m:	16:25.41	40.80
Baja enf. PEREZ GARCIA-PICHER, Ana	98	C. N. GALAICO	-	-	

Prueba 44
27/11/2022 - 12:18

Masc., 4 x 50m Libre

Absoluto Masculino
Resultados

RG	1:32.03	ARZUA	ARZUA	15/11/2019
RC	1:32.79	ARZUA	ARZUA	28/12/2019

Clasificación

Tiempo ABSO

Clasificación	Tiempo	ABSO	MMG
1. C. N. ARZUA 1 LEVCHEKNO, Nikita 08 PEREIRO CARRIL, Oscar 91	C. N. ARZUA 24.68 GARCIA SOTO, Marcos 88 23.39 SEGADÉ MARINO, Raul 00	1:34.68 38,00	22.56 24.05
2. C. FLUVIAL LUGO 1 LOBELLE GONZALEZ, Ivan 89 MARTINEZ SUAREZ, Diego 99	C. FLUVIAL LUGO 23.75 GOMEZ TOJO, Ander 05 23.47 ALVAREZ FERNANDEZ, Borja 96	1:34.98 32,00	24.09 23.67
3. C. N. PORTAMIÑA 1 VAZQUEZ LOPEZ, Martin 03 BALBOA BLANCO, Ivan 94	C. N. PORTAMIÑA 23.12 NOVO LOPEZ, Brais 03 24.82 RODRIGUEZ SANCOSMED, Pablo 03	1:35.41 28,00	23.70 23.77
4. C. N. PANAS 1 GARCIA MORENO, Jorge 00 BRAVO CONDE, Cristian 00	C. N. PANAS 23.88 GARCIA GARAY, Marcos 01 23.96 ARES BARRAL, Anton 00	1:35.43 26,00	24.37 23.22
5. PABELLON OURENSE 1 MOURE DOVAL, Jose 99 GONZALEZ GARCIA, David 00	PABELLON OURENSE 23.69 CIVEIRA CORRAL, Samuel 02 24.48 CIVEIRA CORRAL, Raul 02	1:35.55 24,00	24.11 23.27
6. C. N. GALAICO 1 UCHA NIETO, Jacobo 97 BOUZAS PEDREIRA, Tomas 98	C. N. GALAICO 24.41 SANCHEZ LOUZAN, Daniel 98 24.08 JUNCAL MOREIRA, Pablo 01	1:36.55 22,00	23.45 24.61
7. A. D. FOGAR 1 ABELEIRA ALVAREZ, Carlos 02 VERDES COLLAZO, Manuel 00	A. D. FOGAR 24.27 GALAN VICENTE, Pablo 02 24.31 MOURO PERISCAL, Ricardo 05	1:37.28 20,00	23.84 24.86
8. C. N. PONTEAREAS 1 COSTA FERNANDEZ, Lucas 98 PINO LORENZO, Brais 01	C. N. PONTEAREAS 24.91 RODRIGUEZ DOMINGUEZ, Fco. Jav04 24.44 CANCELA GOMEZ, Hugo 03	1:38.82 18,00	24.47 25.00
9. C. N. FERROL 1 RAMOS PEREZ, Nicolas Anton 06 LOSADA JIMÉNEZ, Sergio 04	C. N. FERROL 25.16 NAVARRO LOSADA, Sergi 07 24.80 SEIJO BERMUDEZ, Daniel 04	1:38.85 16,00	24.80 24.09
10. C. N. MONFORTE 1 PONTON RODRIGUEZ, Javier 05 PONTON RODRIGUEZ, Juan 02	C. N. MONFORTE 23.80 ARIAS FRANCO, Odei 06 24.62 CONDE VARELA, David 05	1:39.26 14,00	25.51 25.33
11. C. N. ARTEIXO 1 DEL RIO REGUEIRA, Marcos 93 GARCÍA CASTRO, Mateo 05	C. N. ARTEIXO 25.27 GÓMEZ MESÍAS, Miguel Ángel 03 24.84 DEL RIO REGUEIRA, Ruben 93	1:39.64 12,00	24.64 24.89
12. RCN VIGO 1 PEREZ TIERRA, Ismael 02 INFESTAS CARAZO, Samuel 03	RCN VIGO 24.55 FIGUEROA FERNANDEZ, Gabriel 04 25.96 DOMÍNGUEZ FERNÁNDEZ, Pablo 01	1:40.86 10,00	25.01 25.34
13. CIDADE SANTIAGO 1 SUAREZ RIPOLL, Xian 03 ORECHIA, Agustín 06	CIDADE SANTIAGO 26.61 REY MUNIN, Tomas 06 25.49 MEIJIÉ GIADAS, Diego 00	1:44.82 8,00	26.72 26.00

Prueba 45
27/11/2022 - 12:33

Fem., 4 x 50m Libre

Absoluto Femenino
Resultados

RG	1:46.68	GALAICO	GALAICO	26/11/2009
RC	1:47.23	GALAICO	GALAICO	29/12/2010

Clasificación

Tiempo ABSO

Clasificación	Tiempo	ABSO
1. C. N. PONTEAREAS 1 CARRON MUIÑA, Carla 05 FARO MARTINEZ, Carla 03	C. N. PONTEAREAS 1:48.70 26.53 BORGE JUSTE, Ines 06 28.02 LEMOS FERNANDEZ, Iria 06	38,00 27.83 26.32
2. C. N. GALAICO 1 GARCIA SILVA, Antia 98 BOUZAS PEDREIRA, Alicia 05	C. N. GALAICO 1:50.42 26.06 BARROS DA SILVA, Sofia 09 27.95 FARIÑA MARTINEZ, Paula 07	32,00 28.27 28.14
3. RCN VIGO 1 RODRÍGUEZ ALONSO, Julia 05 SOLER LOMBA, Rosalía 00	RCN VIGO 1:51.21 28.09 CONS GESTIDO, Victoria Anna 05 27.40 CONS GESTIDO, Henar Diana 02	28,00 27.77 27.95
4. C. N. ARTEIXO 1 GÓMEZ MESÍAS, Alba 00 SÁNCHEZ BELLO, Eva 07	C. N. ARTEIXO 1:51.28 26.84 FOLGUEIRA SUÁREZ, Tamara 94 28.19 VEIGA SOUTO, Ana 98	26,00 28.14 28.11
5. C. FLUVIAL LUGO 1 FRANCO CAL, Alba 91 CERNADAS GONZALEZ, Ana 04	C. FLUVIAL LUGO 1:51.33 27.57 BUSTO LOPEZ, Ana 04 26.88 SOILAN FERNANDEZ, Raquel 01	24,00 28.58 28.30
6. PABELLON OURENSE 1 FEIJOO GOMEZ, Eva 04 CARRIL GONZALEZ, Eva 02	PABELLON OURENSE 1:51.59 26.71 ESTEVEZ CRESPO, Aldara 04 28.57 CAMBA PRADA, Alexia 05	22,00 28.65 27.66
7. C. N. FERROL 1 VILLARNOVO PAZOS, Lucia 08 PARDO CHAS, Eva 04	C. N. FERROL 1:52.74 28.26 CHANS FANEGO, Paula 03 28.29 LOPEZ SANMARTIN, Nerea 96	19,00 28.86 27.33
C. N. PORTAMIÑA 1 MOURENZA ROCHA, Ines 07 CANDO SANTOS, Raquel 03	C. N. PORTAMIÑA 1:52.74 27.94 MOURENZA ROCHA, Sofia 07 27.81 LOPEZ-FREIRE FRANCIA, Carmen 07	19,00 28.24 28.75
9. VIGO RIAS BAIXAS 1 ALVAREZ PAZOS, Maria 07 RODRIGUEZ RODRIGUEZ, Nina 02	VIGO RIAS BAIXAS 1:54.26 27.82 BLANCO ROUCO, Carmen 06 28.32 GONZALEZ GONZALEZ, Iara 09	16,00 28.64 29.48
10. A. D. FOGAR 1 BOTANA PEDREIRA, Lola 06 JIMENEZ COPPA, Carla M. 06	A. D. FOGAR 1:58.65 30.30 PEDREIRA GALEGO, Xiana 06 28.69 REY PITA, Clara 07	14,00 29.49 30.17
11. C. N. MOS 1 MARTINEZ OTERO, Eva 08 SALGUEIRIÑO ALVAREZ, Noa 08	C. N. MOS 1:58.87 29.26 HERMIDA ALONSO, Antia 08 29.98 PEREIRO RODRIGUEZ, Carolina 08	12,00 29.82 29.81
12. C. N. CORUÑA 1 ALCALDE MAHIA, Ariadna 04 VAZQUEZ SANCHEZ, Sara 04	C. N. CORUÑA 1:59.93 28.47 BARCIA RAMA, Lucia 04 29.77 ROMERO LOURES, Lucia 04	10,00 30.98 30.71
Baja enf. A. DEP. NT. NARON 1	A. DEP. NT. NARON	-
Baja enf. C. MARINA FERROL 1	C. MARINA FERROL	-

Prueba 46
27/11/2022 - 19:25

Masc., 4 x 100m Estilos

Absoluto Masculino
Resultados

RG	3:44.83	NCORUÑA		NCORUÑA	29/12/2008
RC	3:44.83	NCORUÑA		NCORUÑA	29/12/2008

Clasificación

Tiempo ABSO

1.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	3:48.48	38,00		
	VAZQUEZ LOPEZ, Martin	03	27.05	SANCHEZ VAZQUEZ, Antonio	04	26.64	57.99	
	NOVO LOPEZ, Brais	03	29.49	RODRIGUEZ SANCOSMED, Pablo	03	24.13	51.68	
2.	C. N. FERROL 1			C. N. FERROL	3:54.01	32,00		
	NAVARRO LOSADA, Sergi	07	28.49	LOSADA JIMÉNEZ, Sergio	04	25.63	57.02	
	SEIJO BERMUDEZ, Daniel	04	30.45	RAMOS PEREZ, Nicolas Anton	06	24.99	52.89	
3.	PABELLON OURENSE 1			PABELLON OURENSE	3:54.45	28,00		
	QUIROGA RAMOS, Yago	05	28.64	MOURE DOVAL, Jose	99	26.24	58.31	
	GONZALEZ GARCIA, David	00	29.20	CIVEIRA CORRAL, Raul	02	25.00	51.82	
4.	C. N. ARTEIXO 1			C. N. ARTEIXO	3:59.93	26,00		
	VARELA PASANDÍN, Manuel	06	29.56	DEL RIO REGUEIRA, Ruben	93	26.85	59.49	
	GÓMEZ MESÍAS, Miguel Ángel	03	29.80	GARCÍA CASTRO, Mateo	05	25.51	52.95	
5.	C. FLUVIAL LUGO 1			C. FLUVIAL LUGO	4:01.15	24,00		
	GOMEZ TOJO, Ander	05	28.97	TEJEIRO PRADO, Xoel	06	26.86	59.09	
	ALVAREZ FERNANDEZ, Borja	96	31.86	PARDO PERNAS, Martin	02	25.45	53.19	
6.	C. N. PONTEAREAS 1			C. N. PONTEAREAS	4:01.95	22,00		
	COSTA FERNANDEZ, Lucas	98	30.13	RODRIGUEZ DOMINGUEZ, Fco. Jav	04	27.56	59.43	
	FARO MARTINEZ, Yoel	07	31.43	PINO LORENZO, Brais	01	25.04	54.29	
7.	C. N. GALAICO 1			C. N. GALAICO	4:03.01	20,00		
	SANCHEZ LOUZAN, Daniel	98	27.93	JUNCAL MOREIRA, Pablo	01	28.13	1:01.66	
	HERNANDEZ NIÑO, Juan David	99	32.59	BOUZAS PEDREIRA, Tomas	98	25.36	54.15	
8.	C. N. MONFORTE 1			C. N. MONFORTE	4:06.34	18,00		
	ARIAS FRANCO, Odei	06	30.27	PONTON RODRIGUEZ, Javier	05	26.97	1:01.28	
	CONDE VARELA, David	05	31.61	PONTON RODRIGUEZ, Juan	02	25.43	54.99	
9.	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS	4:11.16	16,00		
	PIÑEIRO RODRIGUEZ, Samuel	07	31.01	MENDEZ PUGA, Mario	03	26.86	58.26	
	PASTORIZA SANTA CLARA, Jorge	97	32.46	MASSÓ ROIG, Martín	07	27.38	56.76	
10.	CIDADE SANTIAGO 1			CIDADE SANTIAGO	4:11.68	14,00		
	SUAREZ RIPOLL, Xian	03	31.61	ORECHIA, Agustín	06	28.61	1:01.23	
	PARCERO AREOSO, Xoel	07	31.69	MEIJIDE GIADAS, Diego	00	26.34	56.37	
11.	RCN VIGO 1			RCN VIGO	4:13.68	12,00		
	FIGUEROA FERNANDEZ, Gabriel	04	29.87	PEREZ TIERRA, Ismael	02	27.78	1:03.55	
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	31.55	INFESTAS CARAZO, Samuel	03	27.41	58.02	
DSQ	A. D. FOGAR 1			A. D. FOGAR		-		
	<i>Viraje irregular</i>							
	VERDES COLLAZO, Manuel, SUAREZ MATO, Yoel, REY PITA, Simon, GALAN VICENTE, Pablo							
DSQ	C. N. PANAS 1			C. N. PANAS		-		
	<i>Nado irregular</i>							
	ARES BARRAL, Anton	00	28.97	BRAVO CONDE, Cristian	00			
	BLANCO RUIZ, Jacobo	98		CARREIRA POSADA, Jorge	00			

Prueba 47
27/11/2022 - 19:45

Fem., 4 x 100m Estilos

Absoluto Femenino
Resultados

RG	4:14.39	GALAICO	GALAICO	30/12/2010
RC	4:14.39	GALAICO	GALAICO	30/12/2010

Clasificación

Tiempo ABSO

Clasificación	Tiempo	ABSO
1. RCN VIGO 1 SOLER LOMBA, Rosalía CONS GESTIDO, Henar Diana	00 32.29 1:05.40 02 35.26 1:16.27	RCN VIGO 4:27.16 38,00 RODRÍGUEZ ALONSO, Julia 05 29.46 1:04.11 CONS GESTIDO, Victoria Anna 05 28.68 1:01.38
2. C. N. PONTEAREAS 1 EIJO GIL, Naiara LEMONS FERNANDEZ, Iria	06 32.35 1:08.02 06 35.23 1:15.55	C. N. PONTEAREAS 4:27.64 32,00 FARO MARTINEZ, Carla 03 30.87 1:08.13 CARRON MUIÑA, Carla 05 26.87 55.94
3. C. N. PORTAMIÑA 1 CANDO SANTOS, Raquel MOURENZA ROCHA, Sofía	03 33.51 1:08.21 07 34.36 1:12.96	C. N. PORTAMIÑA 4:28.08 28,00 MOURENZA ROCHA, Ines 07 30.02 1:04.30 LOPEZ-FREIRE FRANCIA, Carmen 07 29.68 1:02.61
4. C. N. ARTEIXO 1 SÁNCHEZ BELLO, Eva MARTÍNEZ JUSTO, Penélope	07 32.36 1:07.49 93 37.15 1:20.48	C. N. ARTEIXO 4:32.57 26,00 GÓMEZ MESÍAS, Alba 00 28.35 1:02.99 VEIGA SOUTO, Ana 98 29.40 1:01.61
5. C. N. GALAICO 1 BOUZAS PEDREIRA, Alicia FARIÑA MARTINEZ, Paula	05 31.42 1:04.37 07 37.33 1:19.43	C. N. GALAICO 4:35.85 24,00 DE LA FUENTE PINTOS, Nadia 07 33.01 1:11.28 BARROS DA SILVA, Sofía 09 28.90 1:00.77
6. VIGO RIAS BAIXAS 1 BLANCO ROUCO, Carmen GONZALEZ GONZALEZ, Iara	06 32.18 1:06.16 09 37.66 1:22.00	VIGO RIAS BAIXAS 4:36.92 22,00 RODRIGUEZ RODRIGUEZ, Nina 02 31.92 1:09.45 ALVAREZ PAZOS, María 07 28.83 59.31
7. PABELLON OURENSE 1 CAMBA PRADA, Alexia SANTISO PRADO, Ana María	05 33.20 1:09.22 96 37.87 1:21.74	PABELLON OURENSE 4:37.75 20,00 FEIJOO GOMEZ, Eva 04 30.04 1:04.94 ESTEVEZ CRESPO, Aldara 04 29.62 1:01.85
8. C. N. CORUÑA 1 CANALDA RAMOS, Laura VAZQUEZ SANCHEZ, Sara	09 34.02 1:11.85 04 36.02 1:18.54	C. N. CORUÑA 4:39.29 18,00 ALCALDE MAHIA, Ariadna 04 30.18 1:06.26 FERNANDEZ AGUION, Sara 07 29.67 1:02.64
9. C. N. FERROL 1 VILLARNOVO PAZOS, Lucía LEIVAS ROCA, Candela	08 33.69 1:10.54 05 36.97 1:20.69	C. N. FERROL 4:40.12 16,00 CHANS FANEGO, Paula 03 31.32 1:07.88 LOPEZ SANMARTIN, Nerea 96 28.93 1:01.01
10. Sporting C. Casino 1 BORRAZAS RODRIGUEZ, Noa COUCEIRO BARREIRO, Marta	08 33.00 1:07.17 07 42.26 1:31.21	Sporting C. Casino 5:04.43 - GIL GARNACHO, Carlota 09 34.29 1:14.87 CABANAS DEL RIO, Carla 09 34.05 1:11.18
DSQ C. FLUVIAL LUGO 1 <i>Viraje irregular</i> CERNADAS GONZALEZ, Ana RODRIGUEZ HUERTAS, Iria	04 30.36 1:01.77 99	C. FLUVIAL LUGO - FRANCO CAL, Alba 91 BUSTO LOPEZ, Ana 04
DSQ A. D. FOGAR 1 <i>Nado irregular</i> REY PITA, Clara JIMENEZ COPPA, Carla M.	07 35.81 1:14.32 06	A. D. FOGAR - ROMANELLI LONGO, Lucía 06 BOTANA PEDREIRA, Lola 06
Baja enf. A. DEP. NT. NARON 1		A. DEP. NT. NARON -
Baja enf. C. N. MOS 1		C. N. MOS -

CLASIFICACION ABSOLUTA

Todas las pruebas

Masc., Open

1. C. N. PORTAMIÑA	01156	486,00
2. C. FLUVIAL LUGO	00398	412,50
3. C. N. FERROL	00674	392,00
4. PABELLON OURENSE	00101	369,00
5. C. N. PANAS	01785	281,00
6. A. D. FOGAR	00617	276,00
7. C. N. ARTEIXO	01133	264,00
8. C. N. PONTEAREAS	00878	248,50
9. C. N. GALAICO	00784	248,00
10. VIGO RIAS BAIXAS	00765	179,00
11. RCN VIGO	00071	141,00
12. C. N. ARZUA	P1112	128,00
13. C. N. MONFORTE	00837	121,00
14. CIDADE SANTIAGO	01295	76,00
15. S. DEP. BOIRO	P1106	66,00
16. Sporting C. Casino	00287	34,00
17. C. N. RIVEIRA	00769	12,00
C. N. Culleredo	01433	12,00
19. C. N. CORUÑA	00186	7,00
20. C. N. LICEO	01269	5,00

Fem., Open

1. C. N. PONTEAREAS	00878	549,00
2. RCN VIGO	00071	424,50
3. C. N. GALAICO	00784	393,00
4. C. N. PORTAMIÑA	01156	350,00
5. C. N. ARTEIXO	01133	305,00
6. C. N. FERROL	00674	298,00
7. C. FLUVIAL LUGO	00398	274,50
8. PABELLON OURENSE	00101	241,00
9. VIGO RIAS BAIXAS	00765	226,00
10. A. D. FOGAR	00617	126,50
11. C. N. CORUÑA	00186	113,50
12. C. N. MOS	01424	95,00
13. Sporting C. Casino	00287	59,00
14. C. N. RIVEIRA	00769	47,00
15. S. DEP. BOIRO	P1106	40,00
16. A. DEP. NT. NARON	00639	34,00
17. C. N. REDONDELA	00873	25,00
18. C. N. ARZUA	P1112	20,00
19. C. N. MONFORTE	00837	19,00
20. C. N. CEDEIRA	00770	18,00
21. CIDADE SANTIAGO	01295	17,00
22. C. MARINA FERROL	00146	12,00
23. C. N. Culleredo	01433	1,00

Todos, Open

1. C. N. PORTAMIÑA	01156	874,00
2. C. N. PONTEAREAS	00878	813,50
3. C. FLUVIAL LUGO	00398	713,00
4. C. N. FERROL	00674	704,00
5. C. N. GALAICO	00784	673,00
6. PABELLON OURENSE	00101	632,00
7. RCN VIGO	00071	589,50
8. C. N. ARTEIXO	01133	587,00
9. A. D. FOGAR	00617	422,50
10. VIGO RIAS BAIXAS	00765	417,00
11. C. N. PANAS	01785	281,00
12. C. N. ARZUA	P1112	176,00
13. C. N. MONFORTE	00837	142,00
14. C. N. CORUÑA	00186	120,50
15. S. DEP. BOIRO	P1106	116,00
16. Sporting C. Casino	00287	99,00
17. CIDADE SANTIAGO	01295	97,00
18. C. N. MOS	01424	95,00
19. C. N. RIVEIRA	00769	67,00
20. A. DEP. NT. NARON	00639	34,00
21. C. N. REDONDELA	00873	25,00
22. C. N. CEDEIRA	00770	18,00
23. C. N. Culleredo	01433	13,00
24. C. MARINA FERROL	00146	12,00
25. C. N. LICEO	01269	5,00

Récords batidos por prueba...

Todas las pruebas

Masc., 50m Libre

30.	Serie 3	Levchenko, Nikita	08	P1112	25.77	Mellores Marcas P25	14
44.	Serie 3	Levchenko, Nikita	08	P1112	24.68	Mellores Marcas P25	14

Masc., 100m Libre

21.	Serie 7	Levchenko, Nikita	08	P1112	53.50	Mellores Marcas P25	14
-----	---------	-------------------	----	-------	-------	---------------------	----

Masc., 50m Espalda

14.	Serie 3	Navarro Losada, Sergi	07	00674	26.83	Mellores Marcas P25	15
32.	Serie 2	Suarez Martinez, Diego	08	00287	28.04	Mellores Marcas P25	14
32.	Final B	Suarez Martinez, Diego	08	00287	27.52	Mellores Marcas P25	14

Masc., 100m Espalda

25.	Serie 2	Suarez Martinez, Diego	08	00287	1:00.45	Mellores Marcas P25	14
25.	Serie 3	Navarro Losada, Sergi	07	00674	58.17	Mellores Marcas P25	15
25.	Final B	Suarez Martinez, Diego	08	00287	1:00.01	Mellores Marcas P25	14
25.	Final A	Navarro Losada, Sergi	07	00674	58.00	Mellores Marcas P25	15

Masc., 200m Espalda

12.	Serie 5	Navarro Losada, Sergi	07	00674	2:05.07	Mellores Marcas P25	15
12.	Final B	Suarez Martinez, Diego	08	00287	2:08.41	Mellores Marcas P25	14
12.	Final A	Navarro Losada, Sergi	07	00674	2:03.97	Mellores Marcas P25	15

Masc., 50m Braza

6.	Final A	Pérez Lorenzo, Manuel	05	P1106	29.50	Mellores Marcas P25	17
----	---------	-----------------------	----	-------	-------	---------------------	----

Fem., 50m Libre

1.	Serie 5	Ouviña Picos, Nadiuska	10	P1106	27.92	Mellores Marcas P25	12
----	---------	------------------------	----	-------	-------	---------------------	----

Fem., 50m Espalda

13.	Serie 3	Cernadas Gonzalez, Ana	04	00398	29.79	Mellores Marcas P25	18
33.	Serie 5	Cernadas Gonzalez, Ana	04	00398	29.51	Mellores Marcas P25	18
33.	Serie 5	Lopez-Freire Francia, Celia	10	01156	32.40	Mellores Marcas P25	12
33.	Final A	Cernadas Gonzalez, Ana	04	00398	29.33	Mellores Marcas P25	18

Fem., 100m Espalda

11.	Serie 4	Cernadas Gonzalez, Ana	04	00398	1:03.81	Mellores Marcas P25	18
11.	Final A	Cernadas Gonzalez, Ana	04	00398	1:03.13	Mellores Marcas P25	18
24.	Serie 2	Lopez-Freire Francia, Celia	10	01156	1:09.09	Mellores Marcas P25	12
24.	Serie 5	Cernadas Gonzalez, Ana	04	00398	1:01.34	Records Cto. Galego Depor P2Open	
24.	Serie 5	Cernadas Gonzalez, Ana	04	00398	1:01.34	Mellores Marcas P25	18

Fem., 200m Espalda

11.	Serie 4	Cernadas Gonzalez, Ana	04	00398	2:11.35	Records Galegos Depor P25	Open
11.	Serie 4	Cernadas Gonzalez, Ana	04	00398	2:11.35	Records Cto. Galego Depor P2Open	
11.	Serie 4	Cernadas Gonzalez, Ana	04	00398	2:11.35	Mellores Marcas P25	18
11.	Final A	Cernadas Gonzalez, Ana	04	00398	2:10.70	Records Galegos Depor P25	Open
11.	Final A	Cernadas Gonzalez, Ana	04	00398	2:10.70	Records Cto. Galego Depor P2Open	
11.	Final A	Cernadas Gonzalez, Ana	04	00398	2:10.70	Mellores Marcas P25	18

Fem., 50m Braza

5.	Serie 5	Guén Pérez, Andrea	10	00837	35.44	Mellores Marcas P25	12
5.	Final B	Guén Pérez, Andrea	10	00837	35.08	Mellores Marcas P25	12

Mejor rendimiento por puntos

45 of 47 Events

Puntos: FINA 2021

1. CARRON MUIÑA, Carla	05	C. N. Pontearreas	200m Libre	2:01.03	759
2. CERNADAS GONZALEZ, Ana	04	C. Fluvial De Lugo	200m Espalda	2:10.70	753
3. GÓMEZ MESÍAS, Alba	00	C. N. Arteixo	200m Libre	2:02.02	741
4. GARCIA SOTO, Marcos	88	C. N. Arzúa	50m Mariposa	24.26	720
5. VAZQUEZ LOPEZ, Martin	03	C. N. Portamiñá Lugo	100m Espalda	53.98	717
6. MENDEZ PUGA, Mario	03	C. N. Vigo Rías Baixas	400m Estilos	4:22.43	716
GARCIA MORENO, Jorge	00	C. N. PANAS	100m Libre	50.23	716
8. GARCIA SILVA, Antia	98	C. N. Galaico	50m Libre	25.78	703
9. GARCÍA CASTRO, Mateo	05	C. N. Arteixo	1500m Libre	15:55.06	700
CANDO SANTOS, Raquel	03	C. N. Portamiñá Lugo	400m Libre	4:23.33	700